



DELHI PUBLIC SCHOOL, GANDHINAGAR
Academic Session 2023-24
Activity Report

Title: Sur La Table – Cook Without Fire Activity	Date: 02-11-23
Venue: Respective Classrooms	Class: II (A to I)

'Cooking with children is not just about ingredients, recipes and cooking. It's about harnessing imagination, empowerment and creativity.'

About the Event :

Delhi Public School, Gandhinagar organized an activity for Class II- Sur La Table -Cook Without Fire on 02.11.23. The children participated with full zeal and enthusiasm. The students donned their “Chef Caps” to exhibit their culinary skills in “Cooking Without Fire” activity. This activity not only provided a platform for the students to showcase their creativity and decision-making skills but also helped them explore their hidden talent of cooking without fire and discover new areas of interest. A lot of enthusiasm in participating and a sense of achievement were visible in the sparkling eyes of our little Master Chefs.

Objectives of the Event :

- To create awareness about the nutritional value of food cooked without fire.
- To understand the importance of good hygiene.
- To understand the importance of healthy food and give students a platform to explore their hidden talents.
- To encourage them to stay away from the junk food.

The Event and Participation:

Delhi Public School, Gandhinagar conducted a Sandwich Making Activity for the students of Class II on 2.11.23 to inculcate the practice of “Cooking without Fire”. Students enthusiastically participated and made lovely Cheese and vegetable Sandwiches with the help of vegetables like boiled potatoes, onion, cucumber, tomatoes etc. Their presentation was worth appreciating. After the completion of the activity, they enjoyed eating their delicious sandwiches. Through this activity, they learnt the spirit of teamwork and culinary skills.

Some of the Glimpses of the event are given below:

