



THE TIMES OF INDIA

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2 CAN INDIA CLINCH TWO WORLD CUP TITLES?
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STUDENT EDITION
 FRIDAY, MAY 15, 2020
WEB EDITION

TOP 4 TECHNOLOGY TRENDS



LIFE IN POST-COVID WORLD

VIRTUAL MEETINGS

Thanks to lockdown, applications like Zoom and Google Meet have seen a sudden spurt in users. From meetings with only 4-5 participants, to huge international seminars and conferences with thousands of participants, most of us have already moved online. This trend is likely to continue in the post-Covid world, as people maintain social distancing etiquette.

universities and school education boards have recommended that schools and colleges should attempt to complete some portion of the curriculum online, even after the situation becomes normal.

5G

With the increasing demand for faster and higher bandwidth networks due to remote working, 5G, the next generation network designed with "Service Based" architecture, might get adopted faster.

ONLINE EDUCATION

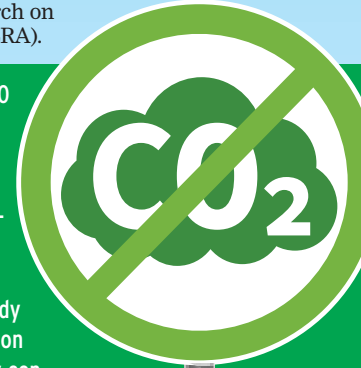
Dedicated education apps have witnessed a huge spurt in growth, as students are learning concepts on their mobile phones. A few colleges have also conducted tests online. It is expected that some of these trends will continue in the post-Covid period as well. Many

SHARED SPECTRUM

Technology trends make it clear that in a post-Covid world, more content will be watched and consumed on mobile devices— be it in form of video conferencing for a meeting, an online class, or video for entertainment.

CO2 emission declines in India, after many yrs

ENVIRONMENT
 For the first time in 40 years, there has been a drastic reduction in CO2 emissions in India, thanks to the arrival of clean energy and economic slowdown, exacerbated by the lockdown. The data was compiled by the Centre for Research on Energy and Clean Air (CERA).



➤ CO2 emission fell by 30 million tons in the fiscal year 2019-20, compared to the last financial year. The analysts used the latest consumption data of oil, gas and coal to reach this conclusion. ➤ The study said that the transportation and power sector majorly contribute to the carbon emissions in the country. The fall in the consumption of fossil fuels has led to a decline in CO2 emissions.

(More on toistudent.com)

WORDWATCH

SCOPE CREEP

Scope creep refers to a project that has seen its original goals expand while it's in the making

VIRTUAL TOURS TO TAKE DURING LOCKDOWN

EL CAPITAN, YOSEMITE NATIONAL PARK, US

Yosemite's most impressive sight, El Capitan, is a towering granite rock-face. It is a favourite with daredevil climbers from around the world. **WHERE TO ACCESS:** Thanks to Google's treks, you can join pro climbers, Alex Hannold, Lynn Hill and Tommy Caldwell as they make their hair-raising, stomach-churning ascent to the top. Google also provides profiles on the prolific climbers and a few notes about gear and processes to help you appreciate the experience.



INDONESIA

This Asian nation popular with tourists, is a feast for the eyes. In this lockdown time, travellers can go for virtual tours, courtesy AirPano. **WHERE TO ACCESS:** Via AirPano, the tour of Mount Bromo, an active volcano in Java, puts things into perspective with its massive scale. For a change of pace, dive around the Raja Ampat archipelago, and swim with manta rays and jellyfish. AirPano's website also features numerous 360-degree images that feature Indonesia's major attractions.

NAMIB DESERT, NAMIBIA

Travelling to a desert can be physically taxing. The intense heat, the freezing nights or the constant pelting by sand-filled gusts of wind. None of these problems, however, can affect you when you are viewing it through your computer screen. **WHERE TO ACCESS:** A stunning collection of images can put you at the heart of the Namib desert, where you can gaze at the vast expanses of golden sand or the Big Daddy dune and Dune 45

NEWS IN BRIEF

CLICK HERE FOR MORE

SPORTS



IPL CANCELLATION LIKELY TO COST INDIAN CRICKET HALF A BILLION DOLLARS

If reports are to go by, scrapping the money-spinning Indian Premier League (IPL) this year, because of the coronavirus pandemic would cost more than half a billion dollars. The world's richest Twenty20 tournament is starting at a first wipe-out in its 12-year history, after the original March 29 start date was postponed.

The IPL, which began in 2008, generates the bulk of BCCI revenue. Its brand value was estimated at \$6.7 billion last year by the Duff and Phelps financial consultancy

TERRESTRIAL LIFE UNLIKELY TO CONTAMINATE MARS: STUDY

Exploring Mars may not pose risk of contaminating the Martian ecosystems, as the climate on the Red Planet is not suitable for terrestrial life as we know it, says a new study. The findings can help allay some planetary protection concerns, even as humans plan to land on Mars.

Modelling the atmosphere of Mars, the researchers found that due to Mars' low temperatures and dry conditions, a droplet of liquid water on its surface would freeze, boil or evaporate, unless the droplet had dissolved salts in it

SPACE

CAN YOU SAVE THE WORLD? THE GAME IS ON..

Well, it's not a campaign initiated by any political leader. 'Can You Save the World' is an online game that aims at helping kids realise the importance of social distancing, during the pandemic. Co-developed by a UK-based professor of psychology, 'Can You Save the World', according to 'Daily Mail', is a vertically-scrolling video game, where players are tasked with walking through a virtual city while social distancing. Players are tasked with collecting and depositing personal protective equipment (PPE) for NHS workers while avoiding other people and saving lives.

The family-friendly educational game, which was released recently, helps players of all ages become better at social distancing in the real world

GAMING ZONE



MCDONALD'S HAS CREATED A 'VIRUS-PROOF' RESTAURANT IN EUROPE

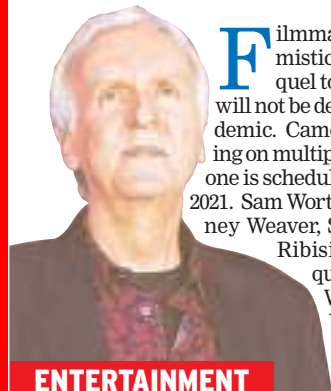
As McDonald's prepares to reopen dining rooms in the US, the company is trying to craft a "virus-proof" design. The company recently tested new features at a location in the Dutch city of Arnhem, including meal trays and designated waiting spots to separate customers. It has already changed nearly 50 processes, including wellness checks, installing protective barriers, social distancing floor decals, and providing thermometers to restaurants.



₹ 10 CRORE

FACTOID The amount Indian Railways earned by selling tickets to 54,000 passengers, within hours of bookings that resumed for passenger trains from May 12. The booking site run by the Indian Railway Catering and Tourism Corp. (IRCTC) delayed reopening by two hours to 6 pm and crashed due to the rush for tickets.

JAMES CAMERON HOPEFUL 'AVATAR 2' WILL RELEASE ON TIME



Filmmaker James Cameron is optimistic that his much-anticipated sequel to his 2009 blockbuster, 'Avatar' will not be delayed by the coronavirus pandemic. Cameron is simultaneously working on multiple sequels to the film. The first one is scheduled to release on December 17, 2021. Sam Worthington, Zoe Saldana, Sigourney Weaver, Stephen Lang and Giovanni Ribisi are all returning for the sequel. They will be joined by Kate Winslet, Cliff Curtis, Michelle Yeoh, Jemaine Clement, Oona Chaplin, David Thewlis and Vin Diesel.

ENTERTAINMENT

'THE TWILIGHT ZONE 2' TO ARRIVE IN JUNE

The second season of 'The Twilight Zone', hosted and narrated by writer-filmmaker Jordan Peele, will air on June 25, CBS All Access has announced. The show, which is a reboot of the timeless anthology series created by Rod Serling, has Peele and Simon Kinberg as executive producers. The original 'Twilight-Zone' premiered in 1959.



The new chapter of the anthology will dig further into socially-conscious storytelling, with 10 introspective episodes

FAMILY TIME WELLNESS MANTRA

FIGHT NEGATIVE THOUGHTS WITH BASIL OIL

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 Fear of an uncertain future can lead to stress. So, how about temporarily transforming your home into a spa? Relax and try some homemade therapies, along with your family...

Aromatherapy heals...

While trying to stay positive in difficult times, take the help of aromatherapy to feel better and confident. "Basil essential oil is ideal to fight the effects of negativity, burnout and intellectual fatigue. Regular use of this oil ensures better focus, clarity of thoughts and a bounce back

towards enthusiasm," says aromatherapist Blossom Kochhar. She gives tips on how to use this powerful oil to bring positivity in your life.

➤ Take a bowl of water and put one drop of basil oil in it. Now, soak a towel in this water and use it to wipe off your body, especially the exposed parts like hands and feet before going to sleep. You will wake up fresh and energetic.

➤ Alternatively, you can put one tenth of a drop of this oil behind your ear and feel the fragrance. It will calm down your nervousness and anxiety.

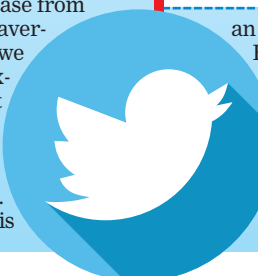


Twitter India launches gratitude emoji

Micro-blogging platform Twitter India has launched a new gratitude emoji that can be triggered with '#thankful', '#gratitude' and other variations of the words. Since March 15, there have been over 250 million tweets worldwide expressing gratitude and thanks—a 26 per cent increase from February's average. "Who do we see people expressing that gratitude for? The most common word is 'everyone'. Everyone who is

On World Health Day, Twitter had carried a token of appreciation for healthcare workers by tweeting with 'clap'

an essential worker. Everyone who has helped. Everyone in healthcare. Everyone who has reached out. Everyone," the company tweeted.



THE GRANDPARENTS ISSUE

Heard of grandpa dressing trend?

Every year, fashion comes full circle with what was bygone becoming on-trend - a reason why you can deep dive into your grandparents cupboard to fish out new 'old' style

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Recently, Teen Vogue - the Bible of style for under 20s - talked about how fashion for the young was becoming older. What they were talking about is grandpa dressing where young kids are wearing looks inspired by their grandparents. It's called the "grandmillennial" - where young folks wear upcycled quilted jackets, pearl jewellery, chunky vintage sweaters, crocheted tops, old slippers, and

oversize suiting. It's nostalgia served with a young look.

HOW IT STARTED

The grown-up trend first started as an interior design movement in 2019 when 20-30-year-olds started leaning towards retro stuff - from bold prints and ruffles to embroidery. Research has proved that millennials and zillennials are more eco-conscious in the way they live. Vintage clothing is more eco-conscious and



There is an emotional connect angle to the grandmillennial dressing, where youngsters want to feel the link to the past

also ties up with the growing "ugly fashion" movement. Men's style influencer Siddharth Batra recently did a video of wearing things from his

The GRANDparents issue is here! It's simple to navigate and easy on the eyes... share with your elders and have fun reading!

grandfather's closet and it was surprisingly 'on trend'.

WHY IT MAKES SENSE

While the dad style has been the anti-fashion trend, it was only a matter of time the clock went all the way back to your dad's era. Fashion is increasingly getting into a space of storytelling where everything you wear should have a story that can take you to another place - in this case, to your grandma's house.

DAD STYLE VS GRANDPA STYLE

DAD STYLE

Dad (chunky) sneakers, oversized jackets, checked shirts, puffer vests, wrap-around sunglasses, multi-pocket pants

GRANDPA STYLE

Loafers/house slippers, tailored slacks, chunky cable sweaters, knitted vests, floral or nostalgia shirts, oversized spectacles or visor sunglasses

WHAT'S COOL

- Robes at home
- Blazers and jackets
- Patchwork
- Quilted

- Embroidered accents
- Mending your clothes
- Chunky

- Full-length socks
- Crochet
- Tailored pants
- Desi style like

- salwars over tights
- Dupattas
- Nehru jacket
- Leather-strap watches



TRY THEM

RESCUE THE INSECTS
James's friends are lost in the Great Forest! He will need to venture into the centre of the forest to rescue them! Can you help him find his way through the maze below?

SARAH JANE'S WORD SEARCH
Can you find all the words hidden in the word search!

START HERE

WORDS TO FIND: SARAH, CYBEMEN, SUSAN, MISSY, ZYGCHS, SHRETE, GERIGNAO, BELLERANS, DALLES, ESTERNHATE

EAT RIGHT

EAT WHAT YOUR GRANNY ATE

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Under lockdown with your grandparents? Make use of this time to eat and cook healthy with granny. From heirloom recipes to nutritional advice, there's no food better than your grandma's. If we can think about grandma, or great-grandma, who made most food from scratch, it can help us get back to a healthier way of eating. Why go through the pain of fad diets if all you need to do is to keep it simple like people did back then. Here are some straight from granny's time:

KOKUM: This fruit, indigenous to the Western Ghats of India, is cardiotoxic (beneficial

for heart), alleviates pain, is high in vitamin C, low in fat and calories.

SOURSOP: Also known as thorny custard apple in tropic India, soursop is touted to be a miracle cancer-killing super fruit.

MORINGA: Native to India, moringa has been used worldwide to combat malnutrition. There are 13 species

of moringa, of which the drumstick tree is the most widely cultivated. It is naturally abundant in vitamins, minerals and amino acids.

AMARANTH: People value amaranth as leaf vegetable, cereal, and ornamental plant. It's a protein powerhouse that contains more than three times the average amount of calcium, and is also high in iron and magnesium and phosphorous.



THE GRAND BOOK CLUB

Enjoy reading these with your grandparents

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THE MATCHBOX DIARY

by Paul Fleischman and Bagram Ibatoulline

Pick this book if you and your grandparents enjoy travelling. The story is about what happens when a little girl visits her great-grandfather's home.



TOOTH AND NAIL, FUR AND SCALE

by Anupam Arunachalam

This book is perfect if your grandparents enjoy reading, especially mythological stories. It consists of short stories about fantastical creatures from Indian mythology.



CHARLIE AND THE CHOCOLATE FACTORY

by Roald Dahl

This book is great if you live in a joint household. Charlie and his parents, live with all four of his grandparents, who keep one another other in great spirits.



ANTI-AGEING

Work on building mental muscles

Check these fun ways to keep each other's mind alive and kicking

Pallavi.shankar@timesgroup.com

Children have minds that are developing and their grandparents have minds that is losing its sharpness due to ageing. Both can benefit from each other's company. So focus on doing these activities with your seniors.

EXPLORE NATURE: Taking in the sights and sounds of nature is a

refreshing experience for the elderly who need to walk and get some fresh air to stay fit. Discuss names of trees and flowers around for an educational experience too. This exercise will exert pressure on their memory and make them remember flora names - which is a great activity.

TECH EXCHANGE TIME: Ex-

plain about the new gadgets and latest technology innovations to your grandparents. They need your help to become more digitally savvy - so look

at interesting apps together.

SUDOKU FOR SENIORS: This is a brain game for every age group as it's a logic-related one that involves problem solving. Because it's a challenge, completing puzzles can give both you and your grandparents a sense of accomplishment.

PLAY VIDEO GAMES TOGETHER: Research suggests that 3D platform games are great for elderly people as they require fast thinking and spontaneous planning. **For more go to www.toistudent.com**



FUN ACTIVITIES

...for you to do with your grandparents:

Play cards
Who doesn't like a good game of cards? UNO, Old Maid or Go Fish are great for all age groups!

Crossword
Puzzles are great because they challenge the mind and involve teamwork from both parties.

Play a game on a smartphone or tablet
Show grandma or grandpa how to play your favourite game on their smartphone or tablet...

Sing karaoke and dance!
Ask them their favourite 'growing up song' and throw it on for a great dance party.

Draw a family tree, and discuss its branches

Most families are a lot bigger than we tend to perceive. Sit with your grandparents and go over your family history. It can be a fun exercise!



Have a tea party
Put on a fancy hat and a little acting to escape reality and have lots of fun.





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THURSDAY, MAY 14, 2020



WEB EDITION

CELEB TALK

CRISIS WILL FORCE ENTREPRENEURS TO ADAPT: RATAN TATA

In an Instagram post, industrialist and philanthropist Ratan Tata has said that the entrepreneurs and CEOs of the country can brave the coronavirus outbreak, which is wreaking havoc on the economy. Stressing that the entrepreneurs are likely to face several challenges and difficulties post-COVID, the 82-year-old business tycoon said that he trusts the new-age businessmen to innovate, adapt and find their way out of the current crisis



EDUCATION

IIM, BANGALORE RANKED AMONG TOP 50 GLOBAL B-SCHOOLS

Indian Institute of Management Bangalore, (IIMB) has been ranked among the Top 50 global schools, for the second year in succession, in the Financial Times Executive Education 2020 Rankings. Ranked 45th, it is the only management school from India, to feature in this prestigious global list of executive education providers



WEB WATCH

GUNS N' ROSES WROTE A CHILDREN'S BOOK

<https://toistudent.timesofindia.india-times.com/news/bookmark/guns-n-roses-wrote-a-children-s-book/52867.html>

SHOULD PLASTIC BE TAXED?

<https://toistudent.timesofindia.india-times.com/news/sci-tech/should-plastic-be-taxed/52788.html>



SCIENCE APPS CAN BE FUN



PROJECT NOAH

It is a tool to explore and document wildlife and a platform to harness the power of citizen scientists. Rather than studying animals and plants from a textbook, students can take a picture of plants and trees from their surroundings. They can even earn "badges", which also makes this a great app for the Boy Scouts.

GOT IT!

Students preparing for the SAT, chemistry, or physics can get extra help and explanations with this app. Employing experts in the STEM standards, students can upload a snapshot of their homework question and get one-on-one help to understand the problem. Students get a free 10-minute session for each problem.

ANATOMY 4D

For high school and college students, Anatomy 4D is a great resource for studying anatomy. Students can study specific parts of the body or the entire body. Views are in 3D to give a more life-like experience to students using the app.

LOCKDOWN DIY

ROSE KULFI

Make delicious kulfi with these easy-to-source ingredients: 1 litre milk, 1/2 cup rose-flavoured syrup and few rose petals.

THE METHOD:

Boil milk for 15-20 minutes, or until it thickens properly. Add rose syrup to the milk and keep stirring. Once the milk is thickened and reduced in quantity due to boiling, add rose petals and continue boiling it for 10 minutes. Let milk cool down to room temperature. Pour into kulfi moulds, freeze for 5-6 hours and enjoy. (Please take elders' help while you try them. It is one of the best ways to bond with your family)



CORONAVIRUS INTERRUPTS WORLD'S LONGEST-RUNNING CARTOON

Production of the world's longest-running cartoon and a mainstay of the Japanese weekend has been interrupted by the coronavirus, forcing the broadcast of re-runs for the first time in decades.

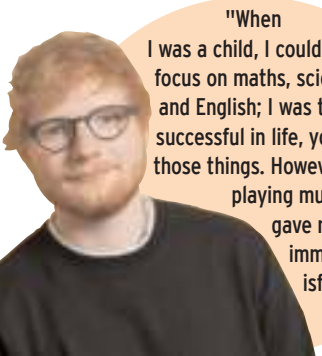


ENTERTAINMENT

'Sazae-san', which first aired in 1969, revolves around the life of Mrs Sazae, a cheerful full-time housewife, who lives with her parents, husband, son, brother and sister

CELEB LESSONS ED SHEERAN GIVES MUSIC LESSONS TO SCHOOLKIDS

Singer Ed Sheeran is using the lockdown time to do various things, including giving music lessons to schoolkids. In a virtual interaction with the students of Ecclesbourne Primary School, Thornton Heath, South London, the singer spoke about his childhood, his struggles and also taught them to play some of his hits, such as 'Perfect' on guitar.



"When I was a child, I couldn't focus on maths, science and English; I was told to be successful in life, you had to do those things. However, I loved playing music, and it gave me immense satisfaction"

FACTOID \$1 MILLION: Is the price organisers are expecting from Kurt Cobain's guitar, that is set to be auctioned. The retro acoustic-electric, 1959 Martin D-18E, strummed by Cobain, during his legendary MTV 'Unplugged' performance in New York - just five months before his death at the age of 27 - will be open to the highest bidder during the weekend of June 19 in Beverly Hills, and online via Julien's auction

NEWS IN BRIEF

CLICK HERE FOR MORE

ECONOMY

MODI STIMULUS EQUALS PAK GDP, 5 TIMES THE WEALTH OF MUKESH AMBANI

1 India's biggest-ever economic stimulus, dubbed as 'Atma Nirbhar Bharat Abhiyan', adds up to ₹ 20,00,000 crore, which would be roughly 10 per cent of India's GDP.

2 At \$266 billion, the stimulus value in dollar terms is higher than the GDP of 149 countries such as Vietnam, Portugal, Greece, New Zealand and Romania. It almost equals

3 Pakistan's annual GDP of \$284 billion. As per Bloomberg Billionaire's index, the 10 top wealthiest Indians have fortunes valued at \$147 billion as of latest closing prices. The stimulus announced by Prime Minister Narendra Modi is 1.8 times bigger than that. The stimulus amount is 5 times the personal wealth of Mukesh Ambani.

BMW'S 8 SERIES GRAN COUPE LAUNCHED DIGITALLY IN INDIA

FEATURES

- The 8 Series Gran Coupe comes with latest design—vertically-slatted blackened kidney grilles, sharp headlamps with LED DRLs, etc
- It has three different driving modes— Comfort, Sport, Sport+
- The petrol coupe has been launched at a whopping price of ₹ 1.3 crore

AUTO



A RARE NEW SUPER-EARTH

DISCOVERED



► The planet has a mass between that of Earth and Neptune. It orbits a star about 10 per cent of sun's mass, with a 'year' of approximately 617 days

Astronomers at the University of Canterbury (UC) have discovered a new 'one-in-a-million' Super-Earth planet, towards the centre of the galaxy. The planet is one of just a handful that has been found with both size and orbit equivalent to that of Earth.

TECH BUZZ

TWITTER TO LABEL TWEETS CONTAINING HARMFUL, MISLEADING CONTENT ON COVID-19

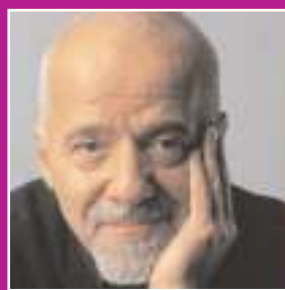
Twitter has said that it will label tweets that contain "potentially harmful, misleading information" related to COVID-19, and provide additional context to curb spread of fake news around the pandemic that has claimed thousands of lives globally. Like other digital platforms, including Google and Facebook, Twitter is also undertaking these measures to ensure that people have access to information from trusted health experts and organisations like World Health Organisation, at a time when nations across the world are combating the pandemic.

Earlier this year, Twitter had introduced a new label for tweets containing synthetic and manipulated media that misleads people, and had said that it would take steps, including removal of tweets, if such content harms public safety



IRECOMMEND

PAULO COELHO



The author's website is a treasure trove of useful resources. Check them out... It may help you deal with anxiety, during these testing times...

Nitya.shukla@timesgroup.com

■ In late April, the 'Alchemist' author wrote illustrated tales for children. The book talks about empathy, faith, trust and hope in the time of the coronavirus pandemic. A must read

■ His book, 'The Meaning of Peace', can be read together with family and friends. The book, which is about a king, who ruled over a kingdom where everyone is happy, unlike his neighbouring kingdoms that are in a constant state of war, is an engrossing read. It gives few lessons as well

■ How to access: [https://paulo-coelhoblog.com/wp](https://paulo-coelhoblog.com/wp-content/uploads/2020/04/PauloCoelho-The-Meaning-Of-Peace-EN.pdf)

content/uploads/2020/04/PauloCoelho-The-Meaning-Of-Peace-EN.pdf

■ Besides this, the author's website also has a free, downloadable pdf of 365 motivational and encouraging messages that can be read and shared with your friends, family and well wishers

How to access: www.paulo-coelhoblog.com/365-messages/
To save on your phone: Android > download, it will go to 'files'; iOS > download > go to save as > BOOKS

pallavi.shankar@timesgroup.com

Are you fed up of attending classes virtually from your bedroom? Well, you are not alone. Students across the world are going through the same emotions of confusion in online clutter. Follow these tips to help you sail smooth...



Adapting to online classroom culture

FIGHT IMPATIENCE

1 If you are nervous or irritable with this new online learning structure, remember your teacher is also going through the same feelings. "It's a first time for him/her too - like you! So be patient and try to ignore little hiccups, like connectivity issues while you are palling down notes or trying to get your class teacher's attention," advises Rama Sharma, a Hyderabad-based school teacher.

BE MINDFUL OF YOUR HOME ENVIRONMENT

2 When you are attending your class via video call, be aware of what others can see and hear. "Inform family members that your live class is about to begin, so that they too are careful about how they are dressed up and that they should not talk loudly in the background," suggests etiquette guide Simranjit Singh.

MUTE YOUR MICROPHONE

3 Being on mic is great for saying 'hi' to your teachers and classmates, and in contributing to the discussion. However, remember to mute your audio, after saying hello. More important, the microphone should be on mute mode, when the teacher is taking the lecture, as background noise can be distracting to others attending the class.

From face masks to slippers, museum curators are gathering objects to preserve the lockdown life



The coronavirus pandemic is still raging, but museums are already gathering testimony and objects to remember life under lockdown. "It's such an extraordinary experience," Beatrice Behlen, senior curator at the Museum of London said. The museum, dedicated to the history of the British capital, appealed Londoners to donate items

that became a part of their lives, during the outbreak. Among the items collected so far are a pot of homemade jam and a makeshift rattle that used to accompany the weekly 'clap for carers' across the country. The museum is also asking people to record how they feel about their homes, which are now being used as offices, classrooms and gyms.

OTHERS NOT FAR BEHIND

► In Sweden, the Nordiska museet in Stockholm, is currently collecting children's reflections of how their daily lives have changed and how they see the future

► In Vienna, a photo of a birthday in confinement, and a kiss through a window pane are part of 1,800 contributions, already collected by the city's museum



► The lockdown has also inspired three young advertising executives in Barcelona to set up a virtual museum on Instagram

FUN-ZONE

HAVE A VIDEO TO SHARE? SEND IT TO US

TEACHERS SHOW YOU HOW TO DEAL WITH LOCKDOWN: During these uncertain and negative times, it is imperative that an organisation keeps its team positive and motivated for better times. Teachers of Springfields International School, Bandlaguda, Hyderabad, came together to make a video on the song 'Phir Muskurayega India'. Go to www.toistudent.com to watch the video. Have a video on how to deal with this current lockdown? Send us 1) Clear videos 2) Of 2minute duration 3) With details (name, class and school) 4) At timesnie175@gmail.com

CHECK YOUR APTITUDE

1) Find 'x' in the given sequence:
9 : 90, 12 : 156, 15 : 240, x

A) 14 : 340
B) 14 : 345
C) 342 : 18
D) 18 : 342

2) The factors of 187 are 17 and x. Then x is

A) 170
B) 11
C) 204
D) 19

3) There is exactly one hand shake exchanged between every two persons. How many handshakes are exchanged among 8 people?

A) 16
B) 28
C) 36
D) 56

4) A man buys a watch for ₹ 1950 in cash and sells it for ₹ 2200 at credit for 1 year. If the rate of interest is 10% per annum the man:

A) gains ₹ 55
B) gains ₹ 50
C) loses ₹ 30
D) gains ₹ 30

ANSWER: 1. D) 18 : 342, 2. B) 11, 3. B) 28, 4. B) Gains ₹ 50 | RAGHAV A, class X, JVPV, Bengaluru



KNOWLEDGE BANK

Pangolin

Pangolins are the only mammal in the world to be covered from head to toe in scales. They eat an enormous 70 million insects every year. Pangolins inhabit tropical forests, dry woodlands and the Savannah. Their tails can be used as a weapon, and they release a noxious-smelling acid to detect predators.



Pangolins are the most trafficked animal in the world, hunted for their scales which are sold in the black market. Manasi K P, class VI, JVPV, Bengaluru

Quiz time

SCIENCE

Q.1) Which gas evolves from paddy fields and marshes?

A. Carbon dioxide B. Methane
C. Oxygen D. Argon

Q.2) Which toxic element is present in automobile exhausts?

A. Lead B. Mercury C. Indium D. Cerium

Q.3) Which metal is used in making microchips?

A. Lead B. Iron C. Zinc D. Silicon

Q.4) Which element is a liquid at room temperature?

A. Argon B. Mercury C. Bromine D. Chlorine



Q.5) What is the shape of our Milky way galaxy?

A. Circular B. Elliptical
C. Spiral D. None of these

Q.6) In which year was the theory of relativity proposed?

A. 1924 B. 1905 C. 1908 D. 1918

Q.7) Which wood vessels have the smallest diameter?

A. Capillaries B. Arteries
C. Veins D. Veins

Q.8) Which of the following is an air-borne disease?

A. Measles B. Typhoid
C. Pink-eye D. None

ANSWERS

1. B) Methane 2. A) Lead 3. D) Silicon 4. B) Mercury 5. C) Spiral 6. B) 1905 7. A) Capillaries 8. A) Measles

S.F. AND COMIC KIDS



True or False

- 1) Pigs do not sweat.
- 2) A group of pigs is called a flock.
- 3) All pigs have curly tails.
- 4) An adult male pig is called a boar.
- 5) Pork is the most widely eaten meat in the world.

Answer - 1) True, 2) False, 3) True, 4) True, 5) True. Pigs do sweat. A group of pigs is called a herd. Pigs have straight tails. Pork is the most widely eaten meat in the world.



Word Wise

Taciturn (adjective): Reserved or uncommunicative in speech; saying little.

Synonyms: untalkative, uncommunicative, reticent, introverted, reserved, tight-lipped, quiet,

unresponsive, secretive, unsociable, distant, aloof, detached, shy, close mouthed.

Examples: At dinner, the princess usually spoke to the taciturn Zoe Baron but did not get any reply.

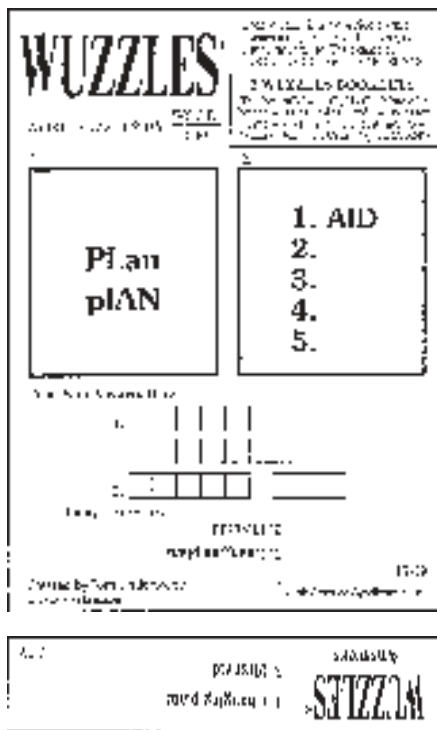
INDIRA H S, teacher, JVPV, Bengaluru

FAMILY CIRCUS



"You said I could bring some friends home with me, but I don't know how many 'some' is."

WUZZLES



IDIOM OF THE DAY

A BLESSING IN DISGUISE
Meaning: A good thing that seemed bad at first.
PRAMATH BHARGAV S, class VI, JVPV, Bengaluru

Painters' Gallery



Swara Parikh, Class III, PIS, Gandhinagar



Vihaan Dalal, Class IV, Amritjyoti School



Pujan Kardani, Class XII, S N Kansagra School, Rajkot



Dhruv Dabral, Class IV, Anand Niketan Satellite

SCHOOL IS COOL

The Boon of Lockdown

When the lockdown first started there were apprehensions on how we would cope with it. Responsibilities were added on the home front as domestic help had stopped coming. Pile of utensils use to irritate me initially, ordeal worsened with work of dusting sweeping and mopping. With time, I got used to the household chores, washing the dishes, soon after use, thus avoiding their pile up. I even enjoyed 'Me time' sitting in the balcony and listening to the chirping of birds. The thought of children missing school disturbed me, so I began running the school from home and that is where the learning began. I not only downloaded and operated new applications, but even learned to conduct video conferences with other educators.

The teachers had their share of apprehensions, however; they took the situation in their stride and started conducting e-classes. The children adapted to the new system quickly. The beauty of this exercise was that the homebound parents participated in the teaching-learning process and helped the children in their e-classes and studies.



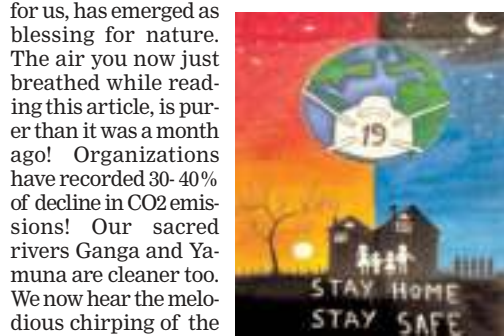
Dhruvi Oza, Class VIII, St. Xavier's, Loyola Hall

Thus, the lockdown and social distancing in the physical sense have inadvertently brought all of us closer. We have now become ONE BIG FAMILY in the true sense.

RITA MUKHERJEE, Director, Sheth C N English Medium School

MOTHER NATURE HEALING!

COVID-19 has ruined the well-being of many countries'. It is now a 'Third World War; not countries against each other but the world in unison against an invisible enemy. The virus that is deadly for us, has emerged as blessing for nature. The air you now just breathed while reading this article, is purer than it was a month ago! Organizations have recorded 30-40% of decline in CO2 emissions! Our sacred rivers Ganga and Yamuna are cleaner too. We now hear the melodious chirping of the birds the whole day. Lastly, I would like to say that Nature doubles and gives you back, whatever you give it. But I am afraid that the other way is also possible! So Stay Home. Stay Safe.



Dhriti Gandhi, Class X, St. Kabir School

Kaavya Vasu, class X, St Kabir School, Naranpura

Young minds go the creative way!



Kush Rajan, Class I, PIS, Kudasan



Shreya Rathi, Class VI, St. Xavier's High School, Loyola Hall



Harsh Shah, Class VII, CNEM



Neev Shah, Class IV, Anand Niketan School

ODE TO THE PEN

Sparrows in my house



Helly Patel, Class VI, Lalji Mehrotra Lions School

Fluttering its wings, carried by the wind
Came a sparrow in spring
To reside in happiness, which made my heart sing.
The second sparrow was a weaver
Weaving a nest on wire
It was the best dream weaver, who carried my dreams higher.
Every nightfall, came the sound of their wings.
The excitement could be even seen
In their black eyes' gleam.
Two sparrows made the moment bliss.
The nature indeed had, Blessed with the best gift.
Parnavi Pandya, class VII, Zydus School For Excellence

The boring test

The boring test, that never gives time to rest,
Always boring for children,
And also, that gives me time to watch the television.
That test in which we have to give our best,
Comes every 3 months
With different competitive opponents.
Always become hard for children
Even though it's easy one
But after getting good marks,
The boring test gives appreciative remarks
So this is the only boring test in which we have to give our best.

HETANSHEE PATEL, class VI, St Kabir School



THE TIMES OF INDIA

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GET MOTIVATED

1 BIG B AND OVER 60 CELEBS IN NEW MOTIVATIONAL SONG GUZAR JAYEGA :

Over 60 celebrities, including actor Amitabh Bachchan, Sania Mirza, Leander Paes and Mahesh Bhupathi, have recorded a new track, 'Guzar Jayega', which aims at spreading positivity during the ongoing pandemic

GOOD NEWS

2 'NATIONAL TREASURE' SERIES IN WORKS AT DISNEY PLUS

A TV series, based on the 'National Treasure' movies is in development at Disney Plus. It was revealed by Jerry Bruckheimer, the producer of the original 'National Treasure'

3 NEW POST ALERT: PODCAST BY OUR STUDENT

<https://toistudent.timesofindia.indiatimes.com/news/top-news/new-post-alert-podcast-by-our-student/52654.html>

STUDENT EDITION

WEDNESDAY, MAY 13, 2020



WEB EDITION

SELENA GOMEZ TO HOST A QUARANTINE COOKING SHOW



Singer and actress Selena Gomez is bringing a quarantine cooking show to HBO Max. The untitled series, starring and produced by Gomez, will air 10 episodes of 'Unapologetically Authentic' cooking, alongside a rotating cast of master chefs, who will join remotely. The unscripted series offers Gomez an opportunity to realise her dream of being a chef. It comes on the heels of the pop star's latest album, 'Rare', January's 'Rare'.

ENTERTAINMENT

ED SHEERAN, DUA LIPA AMONG SPOTIFY'S MOST-STREAMED

Pop stars Ed Sheeran, Dua Lipa, and Charlie Puth, have been named the most-searched artists on Spotify—while 'Coldplay' and 'Linkin Park', tops the most-searched, on the global music app. The robust and rich content on the app in India, ranges from locally-curated favourites—including Top Hits Hindi and Punjabi 101 among others—to global playlists such as Today's Top Hits and New Music Friday.



Dua Lipa's latest track, 'Don't Start Now', infectious pop track, 'Dance Monkey' by Tones, and 'I Don't Care' by Ed Sheeran and Justin Bieber, were among the most-streamed tracks from the label's catalogue

NEWS IN BRIEF

CLICK HERE FOR MORE



Moon disappeared for months in 1110!

... SCIENTISTS MAY HAVE SOLVED THIS 910-YEAR-OLD MYSTERY

Almost a millennium ago, the Moon disappeared from the Earth's night sky for months at a stretch, leaving the planet without its much-needed lamp to illuminate the night's darkness. More than 900 years later, scientists may now have found the reason behind the Moon's strange disappearance, thanks to an earthly phenomenon. According to scientists, a combination of volcanic ash, sulphur and cold weather, led to the Moon's vanishing act.

DID YOU KNOW?

ELEVEN-YEAR-OLD LANDS ON FIRST-EVER VERT RAMP AT 1080 DEGREES



The 1080 degree is a skateboarding trick, performed on a vertical skateboard rampkateboarding
Legend Hawk landed the first 900 in 1999, nine years before Khury was even born

Skateboarding is set to make its Olympic debut at the Tokyo Summer Games, which have been scheduled to 2021 due to COVID-19

Eleven-year-old Brazilian, Gui Khury has made skateboarding history by becoming the first person to land a 1080 on a vertical ramp more than two decades, after Tony Hawk completed the first 900. In a video posted on Facebook, Khury soars into the air; completes three full rotations (1080 degrees), before completing the trick with finesse. He then kneels down, tosses his helmet in the air, and falls onto his back, in celebration. "1080!!!! have no words to explain what just happened," Khury posted on Facebook.

STAYING HYGIENIC CUTS RISK OF COMMON INFECTIONS BY 50%: STUDY

Researchers have found that improved hygiene habits, such as hand-washing, reduces the risk of common infections by up to 50 per cent. It reduces the need for antibiotics by up to 30 per cent, they added. With hand-washing becoming an essential part of everyone's daily routine during COVID-19, experts have urged the policymakers to recognise the role of community hygiene, to minimise the spread of infections. The initiative will help in reducing the consumption of antibiotics, and help the fight against antimicrobial resistance, they stressed.

FITNESS



CBSE RELEASES DETAILED HANDBOOK FOR CLASSES XI & XII APPLIED MATHS

The Central Board of Secondary Education (CBSE) has released a handbook for students of class XI and XII on Applied Maths, as it is a new subject introduced by the Board. The handbook contains the syllabus as well as exercises for the new course.



EDUCATION

Meanwhile, the Board is yet to release any information on the revised syllabus, for all the subjects, for the new academic session. Recently, senior CBSE officials had confirmed that the Board and NCERT are working on reducing the syllabus for class X and XII. Schools have been permitted to reduce the syllabus for classes I to VIII. (TNN)

VIDEO EDITING APPS

THE PHOTOS APP ON WINDOWS 10: The Photos App doesn't offer the tools that are necessary to edit a full feature film, but you can utilise this Windows 10-native app to perform basic video editing actions



iMOVIE: On Mac, iPhone & iPad: Each video recorded with your iPhones and iPads can be edited with an iOS version of iMovie, for free. Moreover, you can utilise iMovie to edit videos from Mac computers, and upload them directly to the YouTube channels

FILMORA9: Starting a new project in Filmora9, cutting video clips, or creating soundtracks for your videos, requires a basic video editing experience. If you are posting your videos to YouTube, then Wondershare Filmora9 video editor enables them to export videos directly to their channels

POWTOON: This web-based video editing platform is aimed at businesses that want to edit their videos online, and share them on popular social media platforms

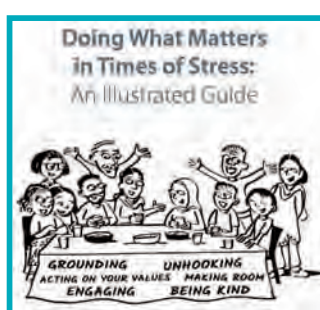
ARE YOU STRESSED? HERE'S HOW TO FIGHT STRESS



The World Health Organisation (WHO) has released a new guide related to fighting stress, during the challenging time of coronavirus. The mental health guide, summed up in illustrations, explains some of the common reactions, stress can bring out in people—from withdrawal, emotion rife-up, or feeling lost and deprived. The guide recommends simple steps to deal with stress in times of the ongoing pandemic and even otherwise.

WHAT CAN YOU DO TO TAKE CARE OF YOURSELF?

- Find a way to stay connected with your friends/ family virtually
- Maintain a gratitude journal. Pen down what you feel
- Remain physically-active. Engaging in, even the simplest of exercises, can make you fight stress or anxiety
- If you are working from home, try and destress, take out time for yourself, maintain on-screen time, at the end of the day
- Spend time with your family. It can be a good bonding exercise
- It's possible that the news you watch can make you anxious. Consider taking a break and watch something entertaining
- Remember to take things at its own pace. Do things that make you happy, and do not do something to seek social media validation

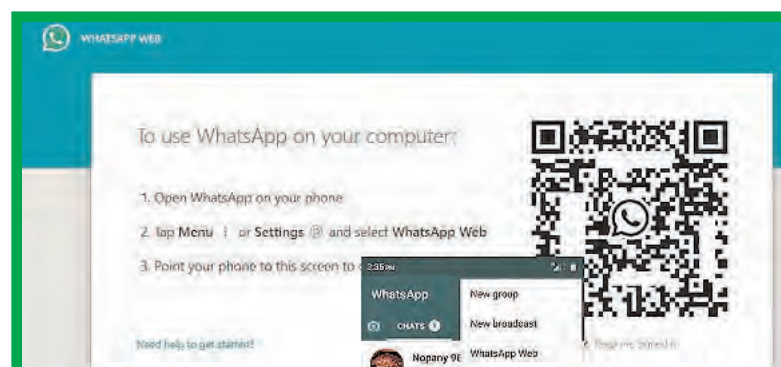


Doing What Matters in Times of Stress: An Illustrated Guide

FACTOID

\$910 BILLION - \$1.2 TRILLION

That's the estimated revenue loss in international tourism – around 60-80 per cent in 2020– due to the COVID-19 pandemic, claims the World Tourism Organisation (UNWTO). The pandemic has caused a 22 per cent fall in international tourist arrivals, during the first quarter of 2020, in comparison to 2019. Tourism has been hit hard, with millions of jobs at risk, in one of the most labour-intensive sectors of the economy



WhatsApp for web to integrate with Messenger Rooms

Last month, FB had announced the launch of Messenger Rooms, which allow group video calls of up to 50 people, with no time limit
People can create a room from Messenger or FB, and invite anyone to join the video call, even if they don't have a FB account
In Facebook Messenger Rooms, the users can post links in their news feed

TECH BUZZ

Facebook launched a video conferencing tool 'Messenger Rooms', last month to take on Zoom and other video platforms. A new report has now claimed that 'Messenger Rooms' shortcut will soon be available on Facebook-owned WhatsApp's Web version. It will enable users to connect with their friends and family via Messenger Rooms, from their PCs and laptops. The shortcut will appear under the Attach button, along with other options. However, this new version hasn't been rolled out to all users yet in WhatsApp Web and Desktop update, as it is under development.

A new tool to help in public speaking

Researchers have developed a novel tool that may prove helpful for individuals who fear to talk in front of a crowd. A team of researchers at Penn State has developed a public-speaking tutor on the Amazon Alexa platform. The tutor enables users to engage in cognitive restructuring exercise—a psychological technique that helps anxious individuals recognise and modify negative thinking behaviours.

The fear of public speaking is called Glossophobia



Photo: Getty Images

HELP YOUR MOM: STOP YOUR KITCHEN BIN FROM SMELLING YUCKY

Emptying your trash bin every day is not a guarantee that it won't stink. Here are some easy ways to get rid of those odours...

RECYCLE OLD NEWSPAPERS: Even if you change your bin bag twice a day, a mysterious layer of dirt still collects at the bottom. Use old newspapers to layer the bottom; they soak liquids and stop the lingering stink.

USE BAKING SODA: Sprinkle some baking powder at the bot-

tom of your bin, before you line it up with a fresh trash bag.

GOT A CAT? We are not kidding. Sprinkling



LOCKDOWN CHORES

the bottom of your bin helps, as both are effective odour neutralisers.

SEGREGATE YOUR WASTE: Keep separate dustbins for dry, wet and toxic waste. Get rid of wet waste on a daily basis.

cat poop at the base of the bin is a good way to get rid of rancid smells, as it absorbs them (in a flash). But don't go hunting for cat poo outdoors during the lockdown.

COFFEE BEANS AND LEMON SLICES: Placing a small bowl of coffee beans, or slices of lemon, at

VINEGAR: Boil a full kettle of water, pour into the bin, add a dash of vinegar, close the lid and leave it for 30 minutes. The vinegar-infused steam helps in removing the stubborn dirt. Then pour out and wipe dry.

DON'T EXPOSE YOUR BIN TO HEAT: Heat promotes the fermentation of waste, thereby spreading bacteria. Avoid keeping your bin near the gas.

Times NIE does not recommend you to attempt these activities without adult supervision

HARD TALK... EDUCATORS LEAD THE WAY



Locker Room

dos and dont's

Being a mother to two teenagers who is also teaching high school students, I always suggest my kids and students to avoid bragging about exotic foods, movies, makeup, etc, especially on social media, and also not to succumb to any bragging by others that lowers one's self-esteem. I tell them to connect with an adult if any conversation sounds inappropriate to them. Students need to set clear boundaries on what they need to respond to and what not.



SHALINI RAWAT,
teacher,
Yadavindra
Public School,
Mohali

The real change should begin from home which is the first classroom. **Boards should include sex education as an important part of the curriculum rather than schools conducting workshops.** Adolescence is an intense period and active measures need to be taken to instill values. It's not only parents and teachers who need to champion the cause of raising responsible citizens, but media too.



PADMA KUMAR,
Principal,
SGVP,
Ahmedabad

Gender sensitisation is an important topic. All students should learn to respect the other gender. Teaching this in a classroom can take two primary forms: showing them meaningful videos, through story telling, narrating positive anecdotes, and sharing learning from these sources. Children should be allowed to be discuss openly what they have learnt – in the classroom.

DOs

- ▶ Tell children stories, show them videos on gender sensitisation.
- ▶ Forms groups in the classroom for discussion on the learnings from these talks.
- ▶ Allow children to discuss best ways of treating the other gender with respect.
- ▶ Respecting the human form is important – that of a boy or girl; teachers should explain this in class.
- ▶ Teach through positive encouragement techniques.
- ▶ Use positive reinforcement.
- ▶ Parents should discuss gender-related issues and take steps in their home to ensure there is a sensitive approach towards this topic.
- ▶ Talk about empathy, consent and respect, so that children can imbibe these values.
- ▶ Address the nuances of privacy – with oneself and others.



Dr SOBHANA NAIR,
Coordinator
for Jr College,
Guardian High
School and Jr
College,
Dombivli,
Mumbai

DONT's

- ▶ Don't use harsh words while talking to children about this topic.
- ▶ Don't comment on the body type of any person whatsoever.
- ▶ Don't reprimand a wrong doer disrespectfully.
- ▶ Don't lecture children about this topic in a preachy way.
- ▶ Don't tell them what they should not do.



SEEMA SHARDA,
Principal,
Vantage Hall
Girls'
Residential
School,
Doonga,
Dehradun

Where have we, as educators and parents, fallen short? What is it that we need to teach our children at school and at home? Social media has become an addiction. **To handle this challenge of the 21st century, we need to teach three crucial values to our young generation – self-respect, self-discipline, and respect for others.** We need to engage our children in constructive activities constantly, to build these qualities and to make them aware of grievous consequences that any wanton behaviour may attract.



Our children learn more by watching us than by listening to us. Adults must consciously stop using any derogatory gestures or words for others and stop gossiping about any sexual harassment victim or survivor. Let us mould our children to be thoughtful and empathetic individuals. Teach them from a young age, at home and at school, to respect and protect each other. It starts in the mind, let us fight it there. Once the mind has clarity, respect for fellow human beings will come naturally.



SUKANYA MAZUMDER,
Psychology
teacher, The
Heritage
School, Kolkata

It's time to ponder on what we can do collectively to reverse the trend. These are some simple dos for parents.

- ▶ **Listen:** Curb your instinct to overreact to what children confide in you.
- ▶ **Meet their friends:** Also, the parents. You are likely to learn more about any negative activity earlier.



GITANJALI KACHARI,
Principal, Army
Public School,
Clement Town,
Dehradun

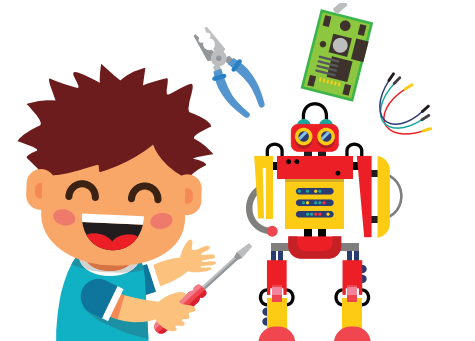
▶ **Don't give a separate phone:** Share yours till they become responsible adults.

▶ **Guide, don't lecture:** Concept of power dynamics and selective behaviour based on your dealing with subordinates and servants will be integrated into your child's behaviour. So be mindful of your behaviour.



SMITA GHOSH,
Counsellor,
Ahmedabad

Schools impart knowledge, skill, and ability to work and strive. But in this competitive world, we have failed to instill patience, ability to understand, sympathy and empathy, and the feeling of security or for that matter the art of being happy. **Educators and parents need to educate everyone in the art of being happy and how to differentiate between need and craving.** Let's cultivate compassion and increase resilience while building a safer and more caring world.



TECH TONIC

Tech terms you must know

Wireframe: Sketch of what a website/web app will look like, includes key components on the site.

Cookies: Cookies are very small text files placed on your computer by a web server when you view some sites online (not all websites place cookies). Cookies are used to maintain information as you navigate different pages on a website.

Data mining: The process by which patterns are discovered within large sets of data with the goal of extracting useful information from it.

Broadband: The ability of your Internet Service Provider to transmit data (the internet) to, and from, you.

ACTIVITY OF THE DAY

History Mystery

Neela Gumbad



1 Neela Gumbad stands in the premises of Humayun's Tomb in Delhi, though it was built much before Humayun's Tomb! This beautiful structure doesn't have a Mihrab (look down for the meaning of Mihrab) **What do you think – is the Gumbad painted blue, or is it the colour of the tiles?**
Ans: Those are blue tiles!

Mihrab



2 This is a 'Mihrab' on the premises of Qutub Minar. Built by Iltutmish, the successor of Qutub-ud-din Aibak (one who started building the Qutub Minar), Mihrab is a niche in a wall indicating direction towards which Muslims pray. **If the camera was zoomed out, how many of 'Mihrab' could have been shot?**
Ans: Two more, one on each side

Content and pics by 'History Diaries'. Co-founded by IIT-Delhi alumni, it is an initiative to make history interesting, engaging and relevant, transforming the way it is being taught in schools

TEST YOURSELF

GUESS THE MEANING OF THESE SHAKESPEAREAN WORDS

- ▶ Besides inventing words, William Shakespeare (1564-1616) also introduced many more that found usage in the English language. We're noting a few down, try and guess the meaning.
- 1. Auspicious**
a) Clear, precise
b) Favourable
c) Questionable
- 2. Castigate**
a) Converse
b) Strengthen
c) Scold or punish
- 3. Dauntless**
a) Risky b) Intrepid
c) Unsustainable
- 4. Equivocal**
a) Ambiguous
b) Equal
- weight c) Balanced
- 5. Pedantic**
a) Hung upside down
b) A structure that supports a monument
c) Overly concerned with detail
- 6. Refractory**
a) Fragile
b) Obstinate
c) Pleasantly

Answers: 1b 2c 3b 4a 5c 6b

LEARN WITH TIMES NIE

Trade Vocabulary

INTERDEPENDENCE: A relationship between two or more people, regions, nations or other entities in which each is dependent on the other for necessary goods or services

TARIFF: A fee charged for goods brought into a country from another one

REVENUE TARIFFS: Taxes on imports

EMBARGO: A law that cuts off most or all trade with a specific country

SUBSIDIES: A government payment that helps cover the cost of an economic activity that can benefit the public

BALANCE OF TRADE: The difference between the value of a country's import and export

BALANCE OF PAYMENTS: The difference between the amount



of money a country pays to foreign countries and the amount it receives from them

TRADE DEFICIT: The amount by which the cost of a country's import exceeds the value of its export

FREE TRADE: A system of trade in which companies do not have to pay high taxes on the goods bought from or sold in other countries

MORE ACTIVITIES

FAMILY CIRCUS



"See? I cloned her!"

Quiz time

GENERAL KNOWLEDGE

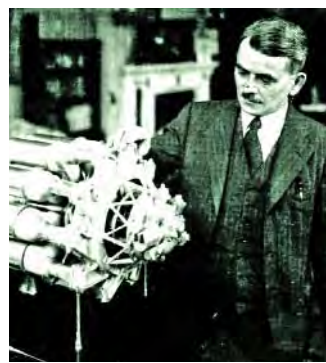
Aashna Goyal, Anahita Srivastava, & Shreehan Behera, classes IV & V

- Q.1) What did Galileo invent?**
A. Barometer B. Pendulum clock
C. Microscope D. Thermometer
- Q.2) This statesman, scholar, inventor, and one of early presidents of USA, invented the swivel chair, the spherical sundial, the moldboard plow, and the cipher wheel.**
A. George Washington
B. Alexander Hamilton



- C. Thomas Jefferson
- D. John Adams

- Q.3) Who invented Jet Engine?**
A. Sir Frank Whittle
B. Gottlieb Daimler
C. Roger Bacon
D. Lewis E. Waterman



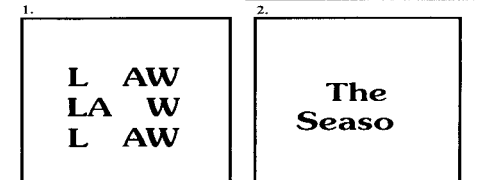
ANSWERS

- 1. D) Thermometer 2. C) Thomas Jefferson 3. A) Sir Frank Whittle

WUZZLES

WUZZLES

WORD PUZZLES BY WOOD TOM



Print Your Answers Here:
1. _____
2. _____
Today's answers:
1. Broken laws
2. The beginning of the season

Answers:
1. Broken laws
2. The beginning of the season



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1 THESE BOOKS WILL MAKE YOUR DAY:
<https://toistudent.timesofindia.indiatimes.com/news/bookmark/these-books-will-make-your-day/52473.html>

2 LEADERSHIP AMID CRISIS:
<https://toistudent.timesofindia.indiatimes.com/news/leadership/leadership-amidst-crisis/52476.html>

3 HOW DO PANDEMICS END?
<https://toistudent.timesofindia.indiatimes.com/news/top-news/how-do-pandemics-end-explained/52467.html>

STUDENT EDITION
 TUESDAY, MAY 12, 2020
 WEB EDITION

WILL COVID-19 WIDEN THE DIGITAL DIVIDE?

Amid steep rise in the coronavirus pandemic cases, the United Nations Development Programme (UNDP) has warned that there is a risk that the economic and technological divides between the industrialised, emerging and developing countries, could widen further, especially in digital transition.

WHAT'S DIGITAL DIVIDE?

According to experts, the world is now divided between people who have access to internet and those who don't have this privilege. Those who don't have internet are the 'new underprivileged', because no access to digital services means more risk to life and livelihood— people in various sectors, where 'work from home' is possible, are able to manage lockdowns better than those who don't have this facility, they add.

STUDENTS' TAKE

While the big players have taken advantage of digitisation during these lockdown times, emerging startups and young aspirants are still struggling to get a foothold. Countries developing their economy through digital means, may suffer a noticeable digital divide, compared with those having well-established digital bases
Sthuthi R Mohan, class XII, Sarvodaya Vidyalaya, Thiruvananthapuram



In this technology-driven world, though it is convenient for people having access to internet and smart-phones/laptops/PCs to work smoothly from home, it is important to understand that a large chunk of world population is still without internet access. This gap is likely to widen, in years to come
Hina Naela, class XII, G D Goenka Public School, Lucknow



THE IMPACT

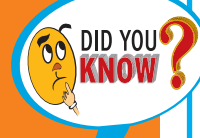
■ The digital divide will definitely increase. Those who do not have access to digital tech at their homes will find it difficult to continue their progress and sustain. Moreover, they will feel isolated. People who have access will be able to work from home and stay in touch with friends and family.
Anupama Girish, teacher, PSBLLA, Bengaluru

■ Though many countries are riding the wave of digitisation during the coronavirus pandemic, there is a likelihood that developing countries would lag behind, thanks to the deepening financial crisis, which in turn will widen the global digital divide further.
Ditipriya Mukherjee, teacher, Sri Sri Academy, Kolkata

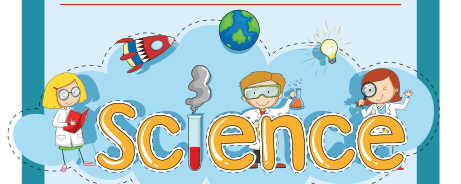
According to UNDP, around 86% of the global population— which is 6.5 billion people— do not have access to reliable broadband internet

Share your views at timesnie175@gmail.com

The **BIG** debate



APPS TO HELP STUDENTS WITH THEIR SCIENCE HOMEWORK



#1 THE CHEMICAL TOUCH: A full periodic table is given on the app. Once a student touches a specific element, they can study it in-depth, such as its atomic mass and properties. It also has an amino acid chart with an in-depth information. Each element also has a link to a Wikipedia article, for more details.

#2 FROG DISSECTION: One of the most stereotypical science experiments, frog dissecting, can now be done virtually. Featuring step-by-step instructions, there is plenty of in-depth information on each of the frog's organs, including anatomical comparisons to human organs

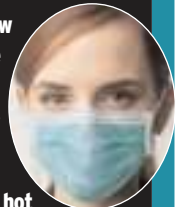
#3 STEPHEN HAWKING'S SNAPSHOTS OF THE UNIVERSE: Based on the writings and work of Stephen Hawking, one of the world's most-renowned scientists, this app is a wonderful interactive source of information for space science. This app includes 10 interactive experiments and video segments, to help students study our universe.

#4 NASA VISUALISATION EXPLORER: Perfect for expanding upon concepts learned in class or research for projects, this NASA app helps students explore our universe, even more deeper. With articles and visuals, students can discover more about the Earth, the solar system, and beyond, in depth.

iRecommend

3 ways to disinfect your DIY face mask

Are you wondering how to wash a home-made mask? Here are three expert-approved ways to disinfect your DIY mask ...
 ■ Fill a big bowl with hot water and dish soap. Soak in the face mask for at least five minutes. Let the mask get completely dry, before you use it again
 ■ Put your mask in a bag before putting it in the washing machine, so that the elastic doesn't get loose. Dry it in the dryer, on a high-temperature setting
 ■ If you have a non-inflammable mask, you can disinfect it with dry heat



NEWS IN BRIEF

CLICK HERE FOR MORE

ENVIRONMENT

HUMAN-DRIVEN POLLUTION AFFECTING WORLD'S CAVE SYSTEMS

Researchers have found that human-driven pollution can even change the environment underground. According to them, as surface water flows through agricultural and urban areas, it collects bacterial contaminants, before entering cave systems. The research team which looked into the Monte Conca cave system on the island of Sicily — a vast system of springs and pools, sitting below a nature preserve— concluded that microbial communities in the pools of water in the Monte Conca cave shows signs of being altered by pollution, from land.



Caves are often formed by the weathering of rock. They often extend deep underground

'Jurassic Park' got Velociraptors wrong

It appears that the famous movie on dinosaurs, 'Jurassic Park' may have got it all wrong, as the Velociraptor dinosaurs did not hunt in packs, claims a new study. A new analysis shows that raptorial dinosaurs did not hunt in big or coordinated packs like dogs. In fact, scientists have proposed a different model for behaviour in raptors— thought to be more like Komodo dragons, in which individuals may attack the same animal, but cooperation is limited. To do this, the researchers considered the teeth from the raptor Deinonychus, which lived in North America, during the Cretaceous Period, about 115 to 108 million years ago.



The raptors, with their sickle-shaped talons, were made famous in the 1993 blockbuster movie, 'Jurassic Park', which portrayed them as highly intelligent predators, that worked in groups to hunt large prey

TEEN SPREADS COVID-19 AWARENESS IN 22 LANGUAGES

COVID WARRIOR

A United Arab Emirates (UAE)-based Indian teenager is spreading COVID-19 awareness in 22 languages by singing and composing songs, a media report said. Calling herself a COVID-19 warrior, Suchetha Satish, 14, has recorded the awareness songs, written by her mother Sumitha Ayilliath, in Arabic and 21 Indian languages. Her song in Malayalam, Hindi, Bengali, Tamil and Assamese was also released by the Kerala government.



➤ Suchetha is a world record holder, for singing in most languages in one concert, and the longest live-singing concert by a child ➤ Her first English song, titled, 'Say No To Panic', was released on March 16
 ➤ Later, she released her second song in her mother tongue, Malayalam, to create awareness among the Keralite community in Dubai

Boxing will play key role in making India top-10 nation at the Olympics: Rijiju

FACTOID

\$150,000: Price of basket ball player Michael Jordan's game-worn pair of Nike sneakers, that will be auctioned by Sotheby's. The bidding, which started a week back, will continue through May 17. Sotheby's holds a record for sneakers at auction, with \$437,500 paid for Nike's 'Moon Shoe', last year

■ Indian boxers have already secured a record nine qualification quotas at Tokyo Olympics
 ■ Rijiju also informed that the government is planning to allow elite athletes to resume their training at the earliest, in order to keep them ready for future competitions

Evaluation for class X, XII Board exams to be done at home by teachers

The evaluation for class X, XII Board exams will be done by teachers at their homes. Union HRD minister Ramesh Pokhriyal said. He said 1.5 crore answer sheets of already-conducted class X, XII exams will be delivered to teachers. "Teachers will evaluate from home and we will be able to complete the process in 50 days," he added. Evaluation began on May 10.



EDUCATION

Evaluation of the answer sheets has been delayed due to a nationwide lockdown imposed to contain the coronavirus outbreak

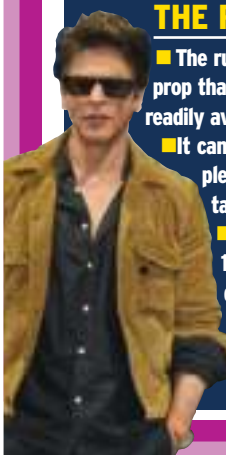
ENTERTAINMENT

SRK announces competition for budding filmmakers to make scary indoor movie

To promote his upcoming production venture, web-series 'Betaal', in an innovative way, actor Shah Rukh Khan has announced a contest for budding filmmakers—to shoot a scary movie indoors— keeping in mind, the nationwide lockdown. Since we've all got a bit of time on our hands in quarantine, thought I can get us all to work a bit... in a fun, creative and... spooky way! #SpookSRK, Shah Rukh wrote on Twitter:

THE RULES

- The rules include choosing any camera available; a prop that can be used spookily, but it has to be readily available at home
- It can be a solo project, or you can choose multiple people, provided you follow the social distancing guidelines
- The last day to send in the entries is May 18. It will be judged by Vineet, Aahana, director Patrick Graham and producer Gaurav Verma
- The winners will get to be on a video call with SRK and the 'Betaal' team



TRENDING

INDIANS CRAVE FOR SAMOSAS, CHICKEN MOMOS & JALEBIS in lockdown; coronavirus 3RD MOST-SEARCHED TOPIC DURING APRIL

With neighbourhood mithai shops shut because of COVID-19 lockdown, people have donned the chef's hat to make samosas, momos, jalebis and even golgappas at home, with the help of internet. According to Google search trends, recipe-related searches hit a new record high, peaking on April 19



1 The data showed searches for 'Chicken momo recipe' spiked 4,350 per cent, while that for 'Mango ice cream recipe' rose 3,250 per cent in April. Dalgona coffee — which became an online sensation as people shared photographs and videos of their creation on social media channels — saw a spike of 5,000 per cent on how to make the drink

2 Interestingly, while cake topped the search tally for recipes during the month, people also looked for instructions on how to make 'samosa', 'jalebi', 'momos', 'dhokla', 'pani puri', 'dosa' and 'paneer' dishes. Coronavirus was the third most-searched topic in India, during April — behind 'film' and 'meaning' of different words.



PANDEMIC FASHION

DISCOVER YOUR CLOSET

Living in isolation for over more than a month, has made us all mini Marie Kondos— the Japanese decluttering expert. In fact, it has given us time to reassess our wardrobes. Interestingly, people have rediscovered old clothes lying at the back of their wardrobes, that now, surprisingly fit us! So, do you want to recycle your old or rather not newly-bought clothes, and use them again? Follow these tips...

- Repair old clothes that haven't faded. Learn to sew buttons and use them, once done. You will feel a sense of gratification for wearing something that has your 'contribution' too. Make stylish masks with old dupattas and tee shirts. You can check videos online, where they guide you on how to make one
- You can pass on clothes that are fairly fresh, but don't fit you, to your younger siblings. Recycling clothes is great for the environment, as it reduces wastage of fabric
- Keep your wardrobe organised; it will help you have a bird's eye view of your closet, and save you from buying same kind of clothes



FUN-ZONE

HAVE A VIDEO TO SHARE? SEND IT TO US

LEARN WITH OUR COVID-19 WARRIORS: Manasi Dinesh Rane, Palak Pankaj Pardeshi, Vaidhehi Dnyanesh Khisti, Arya Parag Tambade, Nupur Prasad Tambe Standard of class IX, New English Medium Secondary School, Shaniwar Peth, Pune tell us how to deal with the deadly coronavirus. Go to www.toistudent.com to watch the video. Have a video on how to deal with this current lockdown? Send us 1) Clear videos 2) Of 2minute duration 3) With details (name, class and school) 4) At timesnie175@gmail.com

CHECK YOUR APTITUDE

1) 30% of 30 =
A. 300
B. 10
C. 9
D. 900

2) If 10% of a number is 7, what is 80% of the number?
A. 45
B. 56

3) Which is the greatest?
A. 90% of 10
B. 6% of 1000
C. 5% of 1400
D. 3% of 2500

4) The original price of a toy was ₹ 15. If the price is reduced by 20%, what is the new price of the toy?
A. ₹ 12
B. ₹ 18
C. ₹ 10
D. ₹ 30

5) George bought a car at ₹ 5000 and sold it at ₹ 5500. What benefit, in percent, did he make?
A. 6%
B. 10%
C. 5%
D. 3%

6) If 20% of n is equal to 40, what is n?
A. 200 B. 107
C. 555 D. 300

ANSWERS:
1. 90
2. 56
3. 100
4. 12
5. 10%
6. 200

KNOWLEDGE BANK

Christmas facts

The image of Santa Claus flying his sleigh took off in 1819, and was created by Washington Irving, American short story writer.

NATURE



In Poland, spiders are considered to be symbols of prosperity and goodness on Christmas. In fact, spider and spider webs are often used as Christmas tree decorations. According to legend, a spider wove baby Jesus a blanket to keep him warm.

Quiz time

SEASONAL READS

Q.1) Who wrote 'A Christmas Carol'?
A. Charles Dickens
B. O Henry
C. St Nicholas
D. Santa Claus

Q.2) Who wrote 'Letters From Father Christmas'?
A. J K Rowling
B. JRR Tolkien

Q.3) Who wrote 'The Christmas Miracle of Jonathan Toomey'?
A. Emily Bronte
B. Charles Dickens
C. Susan Wojciechowski
D. Lewis E Waterman


Q.4) Who wrote 'A Christmas Memory'?
A. Bernard Shaw B. VS Sharma
C. Niccolo Machiavelli D. Truman Capote

ANSWERS
1. A) Charles Dickens 2. B) JRR Tolkien 3. C) Susan Wojciechowski 4. D) Truman Capote

Rock the TEST

Want to boost your general knowledge? Take this exciting test. Rest assured, it will really test you!

ENVIRONMENT
Theme: Climate change



Q1: Which of the following is a greenhouse gas?
A: CO2 B: CH4
C: Water vapor D: All of the above

Q2: Which of these countries emits the most carbon dioxide?
A: China B: USA
C: UK D: Russia

Q3: Globally, which of the following economic sectors emits the largest percentage of greenhouse gas emissions?
A: Transportation
B: Buildings
C: Industry
D: Electricity and heat production

Q4: Which of the following gases does not trap heat?
A: Carbon dioxide
B: Nitrogen
C: Water vapor
D: Methane

Q5: Measuring soil moisture (the amount of water in the soil) can help scientists with which of the following:
A: Agriculture
B: Flood and drought prediction
C: Climate variability
D: Natural disasters
E: All of the above

Q6: The weather is the same as climate.
A: True B: False

ANSWERS: 1. D, 2. A, 3. D, 4. B, 5. E, 6. B

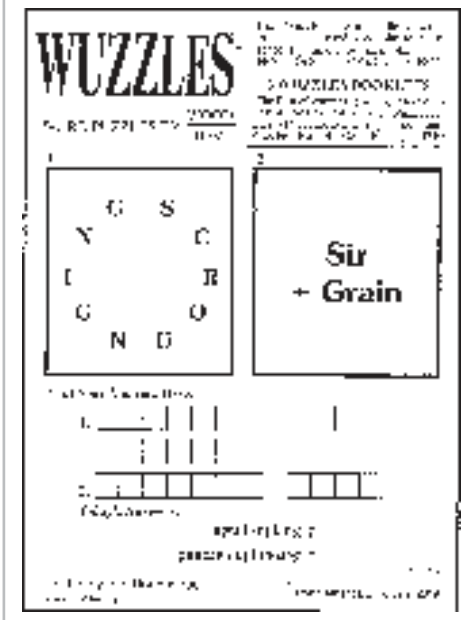
Word Wise

Yuletide: (n) Christmas season. (adj) of or relating to the Christmas season.

Synonymous words: Christmastide, Christmastime, Yule, Noel, nativity, festive season, etc.

Examples: And with one Yuletide exception, this scientifically scrupulous view has carried the day. For those looking for a bellyful of laughs, two humorous pieces in the Yuletide spirit. We will go this very week, as soon as the Yuletide stir be past. College would close the following Thursday for the Yuletide holidays.

WUZZLES



IDIOM OF THE DAY

CHRISTMAS CAME EARLY
Meaning: When someone receives unexpected good news

S.F. AND COMIC KIDS

Spot six differences between these panels.



ANSWER: Cat's paws, rabbit's fingers, fence, bird's beak and mouth.

FAMILY CIRCUS



"Mommy, which of us is the opposite sex, Dolly or me?"

Painters' Gallery



Kavya Luhar, Class VI, Zebar School For Children



Nidhi Singhania, Class III, Anand Niketan School



Parnika Shukla, Class VI, DAV International School



Ritesh, Class V, Delhi Public School, Jamnagar

SCHOOL IS COOL

Sleep Detox During Lockdown

SLEEP AND WAKE ROUTINE: One of the best ways to train your body to sleep is to go to bed and get up at the same time

GET UP- CALM-GO: If you have not fallen asleep even after 20 minutes get up and do something calming (Pranayama, listen to soft music) or boring (Maybe a heavy book) until you feel sleepy then go and try again.

BED DISCIPLINE: Try not to use your bed for anything other than sleeping like checking mobile, playing video games or eating so that your body associates bed with sleep.

SLEEP RITUAL: Remind your body that it is time to sleep by creating some ritual or activity like stretching, meditation, listening to soft music or reading.

EXERCISE: Daily physical exercises will assist with good sleep but make sure it is not too strenuous at least 4 hours before bedtime.

CUT SCREEN TIME: Using tv, tablets, smart phones, laptops or any other form of screen before bed can delay your body's natural internal clock, as it suppresses melatonin which makes it more difficult to fall asleep. Follow Digital Detox or Digital Lockdown and set the lockdown at least 2 hours before bedtime. In short, follow social distancing with screen.

SMITA GHOSH, School Counsellor, Anand Niketan School - Satellite

Tap into talented YOU!

Hey, sorry, the earth is closed these days! That's a pretty succinct summary of the current situation in Tony Stark terms. Puzzled and frightened in one moment, bored out of your minds the next. In times like these, the most fulfilling thing to do is to learn valuable things. Begin by reading an interesting book or article or even a chapter from your course book would do. Look up the facts you didn't know, watch videos of concepts that fascinate you (call up your teachers for suggestions!), and bring your family together for a fun trivia game every night. Nothing like trivia to hone things. If you have a willing adult, maybe try out a few fun and safe experiments at home. Give a try for kitchen gardening. There is no exigency of venturing out to buy veggies rather you get handy supply of fresh vegetables. Churn up some of that creative energy, pick out a topic you've been curious about and this technology-enabled world will most certainly pave a path to enable your learning.

R. VIDYA, educator, DPS, Bopal

Young minds go the creative way!



Preya Vora, Class II, Zydsu School For Excellence



Darsh Nair, Class V, PIS, Gandhinagar




Kush Patel, Class IV, Podar International, Gandhinagar



Aarya Rajput, Class IV, Shanti Asiatic School

ODE TO THE PEN

Don't You Dare



Painting: Rudra Soni, Class VII, Aga Khan School, Mundra

These are hard times seen, That world does have COVID-19. The one who tells you that they care, Stay at home, 'Don't you dare'. Having you all with care and compassion, Thank you should be expressed with passion. The one who tells you that they care, Stay at home, 'Don't you dare'. Thank you Nurses, Thank you Doctors, Thank you Police, Thank you Sweepers. The one who tells you that they care, Stay at home, 'Don't you dare'. We all are going through a lot these days, If we listen we shall have life in a beautiful way. The one who tells you that they care, Stay at home, 'Don't you dare'.

VIVAAN PANDIT, class III, Podar World School, Sherkhi

A Drunk Swim

The blackness took over the radiant sky As a car rode down the hushed road Up to the friable soil The frail lady's drunken footsteps Made their way, To the glimmering blanket of blue Left the infant, By the shadowy pine With the Cache under the mud The oceans crept over the lady As she ambled into the deep water

KRISHA POPAT, class XII, S.N.Kansagra School, Rajkot



THE TIMES OF INDIA

www.toistudent.com

CLICK HERE: WWW.TOISTUDENT.COM

1 LESSONS TO LEARN FROM MOM:
<https://toistudent.timesofindia.indiatimes.com/news/leadership/lessons-to-learn-from-mom/52352.html>

2 FRENCH/SPANISH/ITALIAN: ONLINE TREAT
<https://toistudent.timesofindia.indiatimes.com/news/explainer/french-spanish-italian-online-treat/52342.html>

3 WHAT ARE WET MARKETS?
<https://toistudent.timesofindia.indiatimes.com/news/sci-tech/what-are-wet-markets/52302.html>

STUDENT EDITION
 MONDAY, MAY 11, 2020

WEB EDITION

EDUCATION

SCHOOLS MAY GO FOR ODD-EVEN PLAN

► To address concerns over a digital divide between schools as well as students, the Council is set to create material and live interaction. The content will be aired through TV channels, through an 'each class, one channel' strategy

It could be 'odd-even' time for classrooms in schools, post the national lockdown— there will be only 50 per cent students on campus on any given day. As per the school reopening plan that is being considered by the National Council of Educational Research and Training (NCERT), social distancing and more individualistic assessment and teaching-learning will be the guiding principles. The ministry of human resource development (MHRD) is likely to come up with a broad plan next week.



► Apart from an 'odd-even' system to maintain social distancing, another option being deliberated upon is alternate week arrangements, in line with the same concept

► The govt is also planning 12 educational channels dedicated to each class - from class I to class XII

HRD minister to hold a webinar exclusively for teachers on May 14

Union minister for Human Resource Development Ramesh Pokhriyal would be conducting a webinar or a live discussion with the teachers across the nation, on May 14, 2020. The minister would be using the hashtag #Education Minister Goes Live. Teachers can post their queries to him. This is the third webinar that is going to be hosted by the HRD minister. Teachers across India have been urged to participate in the webinar and address issues on education and learning of children.



Meanwhile, the pending CBSE class X, XII board exams, which were postponed due to the COVID-19-induced lockdown, will now be conducted from July 1 to 15, according to the HRD ministry

APP-LIFICATION

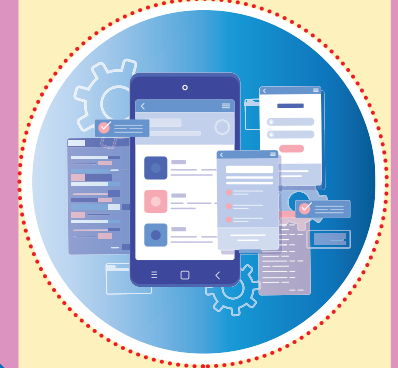
5 MULTIPLICATION APPS

1 CRAZY TIMES TABLE: Offered by Madebyeducators (free with option for upgrades)

This app integrates a photo of the learner into graphics. For eg, in one game, kids feed themselves a hamburger with the correct answer

2 MY MATH FLASH CARDS APP: Offered by Pankaj Humad: As the name suggests, this is the simplest and most flashcard-type. The upside is that it's easy to use and the timer and keypad makes it feel more game-like

3 KEEP ON JUMPING: Offered by Hikari Nakashima (free): Learners complete problems, as they climb towering cliffs with the goal of reaching the top



4 MATH BLASTER: Offered by Knowledge Adventure. Learners race through levels, shooting and dodging fast-flying obstacles, to reach and defeat the Alien Boss

5 THINKING BLOCKS: Offered by Math Playground. This app teaches children on how to model and solve word problems that involves multiplication and division

IRECOMMEND

'The Girl Who Drank the Moon' by Kelly Barnhill

Kelly Barnhill's 'The Girl Who Drank The Moon' has a highly imaginative premise and is full of whimsical elements to delight you. It revolves around 'Xan' (a kind witch) and her ward Luna, who is accidentally fed on a diet of moonlight, instead of the starlight. As Luna's 13th birthday approaches, the magic of moonlight starts showing itself through weird happenings. This is a magical read. ADITI BHOSLE, class IX, Girton High School, Mumbai

Which book are you reading these days? Send us a 75-word review at timesnie175@gmail.com

NEWS IN BRIEF

CLICK HERE FOR MORE

STIMULUS PACKAGE

WHAT: The government is giving shape to a stimulus package that will be followed by a series of reforms to create opportunities for different sectors in the post-covid world.

WHY: Stimulus is a package of tax rebates and incentives given by the governments of various countries to boost their economy during financial crisis.

HOW: It is given by providing tax rebates to various sectors, which in turn can boost spending. With the increase in spending, the employment rate increases, thereby spurring income. This cycle continues until the economy recovers from collapse.



► During the 2008 global recession, US had given stimulus package to increase employment and recover the dwindling economy

► India too used its first stimulus package in 2008 to ensure the safety of bank deposits and stability of the financial system

'PHYSICAL LITERACY KEY TO TIDE TOUGH TIMES'

Legendary badminton coach Pullela Gopichand has emphasised on the importance of physical literacy, as people around the world fight against the COVID-19 pandemic. Addressing a webinar by ELMS Sports Foundation, Gopichand said physical literacy is a



CELEB TALK

key pillar for national development. He also highlighted the importance of support from the top leadership to promote the need for physical literacy.

FASHION

DECODED: REVENGE BUYING

nupur.amarnath@timesgroup.com

Revenge buying has become a much discussed topic in the luxury fashion world, especially when Hermes in China, recorded a \$2.7 million in sales on the day, it reopened recently. But revenge against whom or what? Is it due to the restrictions of lockdown and living a forced austere life or is it just missing your high of good old retail therapy?

What is revenge buying

'Revenge buying' or rather 'revenge spending' is the overindulgence in retail therapy by consumers, who have missed shopping at their favourite outlets, thanks to the lockdown.

THE BIG Q: WILL THIS HAPPEN IN INDIA?

Fashion pundits feel Indians are going to hold on to their money - at least for this year. Sunil Sethi, chairman, Fashion Design Council of India says, "If I think from the head and the heart, my heart says that there should be revenge buying in India, and I know fashion world would welcome this move. But the head says that this will not be the case for India, because we as Indians, in times of crisis, move away from what we would call wasteful expenditure." What will definitely happen is more conscious buying after careful thought, as people are not in the mood to let go of their money, he adds.

Share your views at timesnie175@gmail.com



GET INSPIRED

Banksy's latest artwork introduces a new superhero - a nurse

A young boy has chosen a nurse as the superhero— he wants to play with, over Batman and Spiderman—in a new artwork by Banksy. The artwork encapsulates the gratitude Britons have felt towards the country's National Health Service (NHS), during the coronavirus crisis. The painting by the secretive street artist was unveiled at the University Hospital Southampton, south England, recently. The new painting will be on display at the hospital, until after the lockdown and it will then be auctioned for NHS charities.



It is not the first Banksy work inspired by Covid-19. He posted scenes of his trademark stencilled rats running amok in a bathroom last month, accompanied by the comment: "My wife hates it, when I work from home." His existing, 'Girl with a Pierced Eardrum' mural was also updated with the addition of a blue surgical mask, although the update was not confirmed to be his work on Instagram.

EXPLORE THESE COMICS & ACTIVITIES TO UNDERSTAND AND SPEAK UP ABOUT BULLYING

NO TO BULLYING

Are you facing bullying at school? Speak up! In a series of articles and activities, TIMES NIE will help you deal with it ...

WHAT IS BULLYING

WHAT YOU CAN DO TO STOP BULLYING

A STORY TO SHOW YOU HOW FRIENDS CAN HELP

YOU CAN PARTICIPATE TOO!
Send us your comic strip and we put it up here...

Created by Cartoon Network and Bitstrips

STORY WRITING
HOW TO MAKE A COMIC: Make a blank comic strip with up to 8 boxes. You can then fill it up with different scenarios or a single story that talks about bullying. Some speech bubbles given here can help you design your comic. This tests your story writing skills.

FOR EXAMPLE:
BOX 1 may introduce their character or storyline,
BOX 2 may show an incident
BOX 3 could show the effects of the incident and so on

Your imagination or experience will help to formulate this comic strip. You can plan your storyboard beforehand by using our planner given here. On box 1, we have cute speech bubbles and thought clouds too!

MANY KINDS OF BULLYING
1. CYBERBULLYING - means being bullied on an app or a social network with fake profiles, altering personal images and circulating it without permission, as well as cyberstalking.
2. SOCIAL BULLYING - leaving someone out on purpose and isolating them, getting gang of peo-

ple to turn against someone, always making someone the centre of the joke and spreading fake rumours and gossip about someone.
3. NAME CALLING - calling someone names repeatedly and using insults to cause mental harm. Using terms and slanders that are racist, homophobic or gender-based bullying.

BOX 1: SPEECH BUBBLE

Storyboard planner

Name: _____

Character: _____

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

LEARN MORE

Idioms on cricket

1. to have a good innings
MEANING: To have enjoyed a positive period of time. It's often used to describe someone who has lived a long and successful life.
EXAMPLE: I heard that Tom passed away last week. Well, he was 95. He had a good innings



3. to be bowled over
MEANING: If you are bowled over by something, you are very impressed or surprised by it.
EXAMPLE: I was bowled over when the appraiser told me what the painting was worth.

2. on a sticky wicket
MEANING: a difficult or awkward situation.
EXAMPLE: I'll be batting on a sticky wicket if I take the driving test without enough practice.

4. off (one's) own bat
MEANING: to do something because you want to and not because someone tells you to.
EXAMPLE: Susie didn't wait for her parents to tell her to take out the garbage. She did it off her own bat.

5. to be stumped
MEANING: to have no idea, to not know how to solve a problem
EXAMPLE: Even experts are stumped by this strange weather.

6. to hit/knock someone for six
MEANING: to upset or overwhelm someone completely; stun.
EXAMPLE: Losing his job really knocked him for six.

7. it's not cricket
MEANING: It isn't fair, sportsmanlike, or legitimate.
EXAMPLE: It's not cricket to let him go without notice.

FROM THE PRINCIPAL'S DESK

DON'T GET BOGGED DOWN WITH LOCKDOWN!

Summer break has come a bit early this year due to COVID-19. Most of you escaped the annual exam-related stress too. Take this time as a blessing in disguise and indulge in all those things you loved and longed to do. Let us delve into what all you can do by staying at home, and make this lockdown enjoyable, fulfilling and fun.

- Get involved and support your parents in household activities, understand and appreciate their hard work. Engage in basic cooking.
- Arrange your books and clothes in the cupboard, do the table, beds, etc., every day. Help wash clothes, dry them on the clothesline, learn to iron (only for elder kids) and fold clothes, keep them neatly in the cupboard.
- Have a round table with your parents every day - ask them about the history of your family, listen to their childhood stories, share the stories you know, speak about your school, teachers, classmates, friends, what you love to be in the future, your hobbies, etc. Share what you love most about your parents. Play some indoor games together. It's a lot of fun.
- If you have younger siblings, help your parents in caregiving and teaching them life skills. Play and have open talks with them.
- If you have grandparents, engage in taking care and be with them and listen to their stories.
- Get your favourite books online and read and write about the characters of the book, or review some books.

All these can generate a lot of positive vibes at home and make this lockdown holiday a memorable one in the coming years!
Radhakrishnan C, Principal, Hillside School, Hyderabad

HOBBY CLASS

HOW TO PODCAST

Want to stay busy while you're socially distancing? How about creating a podcast? Here's how it works. Come up with ideas, include everything from cooking demonstrations to musical numbers.) Record your podcast and send it to us at timesnie175@gmail.com



Some topics that you could podcast about
1. AUDIO BOOKS: You could read a story you have written

for others to enjoy.
2. MOVIE REVIEW: Summarise a movie you've seen and share your own opinion (with-

out giving away the plot).
3. SPORTS REPORT: Provide an overview of a sports competition the school has been

involved in. You can interview some participants, coaches and even spectators.
4. GRAMMAR TIPS: You could share tips about grammar or other literacy conventions.
5. SCHOOL HISTORY: Research the history of your school.
6. THE MUSIC SHOW: Discuss your favourite music, albums or artists.
7. LEADERSHIP NOMINATION: Like to be considered for a leadership role? Talk about it.

MORE ACTIVITIES

WUZZLES

WUZZLES

STEP PETS PETS

HEAD

WUZZLES

Quiz time
MIXED BAG

Aashna Goyal, Anahita Srivastava, & Shreehan Behera, classes IV & V

Q.1) Who is the current chief of the World Bank Group?
A. David Malpass
B. Donald Trump
C. Steve Jobs
D. Bill Gates

Q.2) 'Springing Tiger - A study of a Revolutionary' is a biographical work on..
A. Subhas Chandra Bose
B. Arun Jaitley
C. Sushma Swaraj
D. Mamata Banerjee



Q.3) The metal whose salts are sensitive to light is?
A. Copper B. Iron
C. Steel D. Aluminium

Q.4) Central Rice Research station is situated in?
A. Pune B. Cuttack
C. Ranchi D. Raipur

Q.5) Who was our first law minister?
A. Mahatma Gandhi
B. Vallabhbhai Patel
C. Rajendra Prasad
D. BR Ambedkar

ANSWERS

1. (A) David Malpass, 2. (A) Subhas Chandra Bose, 3. (D) Aluminium, 4. (B) Cuttack 5. (D) BR Ambedkar

FAMILY CIRCUS

"I like mittens better. My fingers don't get lonely."



THE TIMES OF INDIA

www.toistudent.com



Check out our **Mother's Day Special**

From a Mahabharat super quiz to DIY Activities that 'Mom and You' can engage in... there is a lot planned for Mother's Day! Read more on **PAGE 2**

For mummies, stock up on that energy... and do make 'Me Time' a fixture in your routine. Learn how on **PAGE 2**

STUDENT EDITION

FRIDAY, MAY 8, 2020



WEB EDITION

TO MOM... WITH LOVE



Kajol, the mom pays tribute to her mother

ON WHY HER MOTHER TANUJA IS THE BEST: My mother is the most forward thinking parent that I have known. I hope I am half as broad minded and cool as her. The life lessons that she taught us just by the way she behaved with us, the way she brought us up, I hope am able to convey the same to my kids too. Parents these days are hyper aware of their children, maybe that has to do with the advent of technology. The flip side is we are becoming more aware but less tolerant and more aggressive.

ON HOW SHE IS AS A MOM: I have told my kids that they have the freedom to choose what they would like to pursue. Of course, we will be right there when they need to discuss but only as sounding boards. My only advice to Yug and Nysa – be at peace with your choices. Whatever you choose, be happy and proud of it.

As told to DEEBASHREE MOHANTY

DID YOU KNOW

Mother's Day is celebrated every year on the second Sunday of May. This year it will be on May 10. One of the earliest Mother's Day celebrations was in Ancient Greece. The Greeks celebrated it in honour of Rhea, the goddess of fertility and motherhood. The first Mother's Day was celebrated in 1908. Anna Jarvis, a school teacher, honoured her mother Ann Jarvis with a memorial.

VIEWPOINT

EINO MORGAN BACKS T10 FORMAT TO BE PART OF OLYMPICS



England's limited-overs skipper Eoin Morgan has backed the T10 format to be a part of Olympics. Morgan believes that the format will allow many matches to be played in a short span of time.

T10 League is a 10-over format cricket league in the UAE, launched and owned by T Ten Sports Management. Matches are 10-over-a-side and the duration of each match is 90 minutes

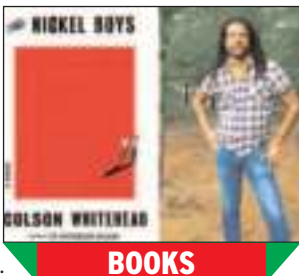
DO YOU KNOW? Cricket has not featured at the Olympics, since 1900 – when Great Britain beat France in a one-off gold medal match in Paris. The sport was once included during the Commonwealth Games in 1998

Q SHOULD T10 BE A PART OF THE OLYMPICS?

Share your views at timesnie175@gmail.com You can also post your comments at toistudent.com

COLSON WHITEHEAD WINS PULITZER FOR 'THE NICKEL BOYS'

Colson Whitehead's 'The Nickel Boys' that talks about racism and inequality at a Florida reform school in the 1960s, has won the 2020 Pulitzer Prize for Fiction. He also won the 2017 prize in the same category for 'The Underground Railroad'.



BOOKS

Whitehead, 50, is known for his experimental narratives and immersion in American history and folklore. His previous works include, 'John Henry Days' and 'The Intuitionist'

NEWS IN BRIEF

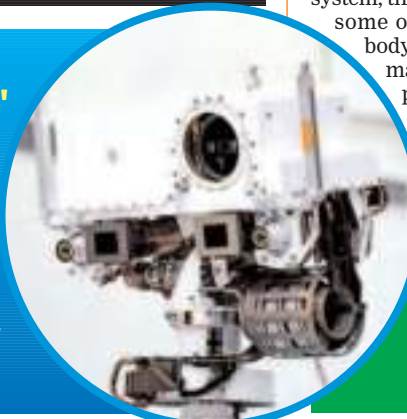
CLICK HERE FOR MORE

NUMBER-O-LOGY

504 MILLION is the number of active Internet users in India, according to a new report from the Internet and Mobile Association of India (IAMAI)
14% belong to age group 5-11 years
70% of the active Internet population in India are daily users
1/3rd users access the Internet for more than one hour during Sundays/holidays versus a normal working day

PERSEVERANCE WILL LOOK @ MARS THROUGH THESE 'EYES'

The rover will be launched between July 17 to Aug 5, 2020, from Cape Canaveral Air Force Station, Florida. Its landing date is scheduled for Feb 18, 2021. It will explore Jezero Crater on Mars for a duration of roughly 687 Earth days, which is almost 22 months. The rover will mainly examine oxygen production from the Red planet.



STYRENE: THE GAS THAT LEAKED FROM VIZAG PLANT

X-PLAINED

WHAT: At least 10 persons have died and over 5,000 people fell sick after an alleged gas leak from the LG Polymers factory in Vizag on Thursday early morning. It is believed that they inhaled Styrene gas.

HOW: According to experts, Styrene gas affects the central nervous system, throat, skin, eyes and some other parts of the body. It is highly flammable and releases a poisonous gas when burnt.



Styrene is used to make insulation, pipes, automobile parts, printing cartridges and copy machine toner, food containers, packaging material, carpet backing, luggage, shoes, toys, floor waxes and polishes

CHRIS HEMSWORTH'S 'EXTRACTION' TO GET A SEQUEL

Avengers: Endgame' co-director Joe Russo has confirmed that he will be working on a sequel to the recent digital film 'Extraction'. Actor Chris Hemsworth and director Sam Hargrave are set to return in the new action adventure. Originally titled 'Dhaka', the film also stars Indian actors like Randeep Hooda and Pankaj Tripathi.



The film revolves around Tyler Rake, a fearless, black market mercenary, who embarks on the most deadly extraction of his career, when he is enlisted to rescue the kidnapped son of an imprisoned international crime lord

ENTERTAINMENT

TAIKA WAITITI TO DIRECT NEW 'STAR WARS' FILM

New Zealand-based filmmaker Taika Waititi whose credits of movies include 'Thor: Ragnarok' and 'Jojo Rabbit', is set to direct and co-write a new 'Star Wars' movie for theatrical release. Meanwhile, the '1917' screenwriter, Krystina Wilson-Cairns will be joining the filmmaker for the script making. However, no release date has been set for the upcoming untitled project.



BONDING WITH FAMILY

CELEB TALK

'Play, relax and have fun time with your family'



In this fast-paced world, parents and children have not been spending enough time together. The lockdown period is an opportunity to understand each other better, asserts Badminton World Champion P V SINDHU.

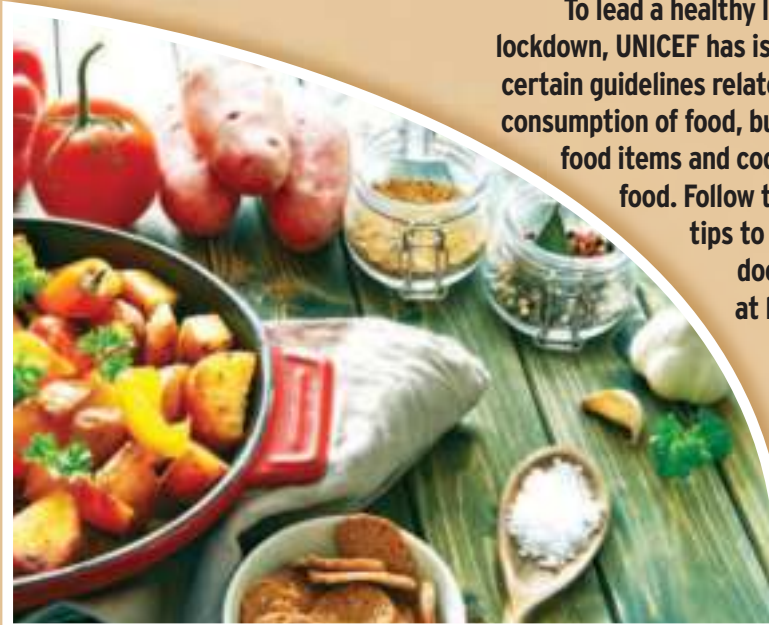
The ace shuttler has some tips for parents and children on how to make the best use of lockdown...

- Students and parents should maintain a daily routine – include some physical exercise together. It is also important to wake up on time
- Since most schools are running online classes, it is important for the parents to get involved in the learning of the child and understand him/her better
- At the end of the day, families should get together and play an indoor game for relaxation and fun. Having dinner together and catching up on all the news of the day will perfectly wrap up the day!

HEALTH & FITNESS

Stay HEALTHY during LOCKDOWN

To lead a healthy life in lockdown, UNICEF has issued certain guidelines related to consumption of food, buying food items and cooking food. Follow these tips to keep doctors at bay...



HOW TO DISINFECT PACKAGED FOOD

Remove any unnecessary packaging and dispose into a waste bin with a lid. Next, remove food from take-out containers, place on a clean plate and dispose off the container. Packaging like cans can be wiped clean with a disinfectant before being opened or stored. It is important to wash unpackaged produce, such as fruit and vegetables, thoroughly under running water. Wash your hands with soap and water, or use an alcohol-based hand rub, immediately afterwards.

GENERAL FOOD SAFETY RULES

- Wash your hands thoroughly with soap and water for at least 20 seconds before preparing any food
- Use separate chopping boards to prepare uncooked meat and fish
- Cook food to the recommended temperature
- Pay attention to product's expiry dates
- Aim to recycle or dispose off food waste and packaging in an appropriate and sanitary manner, avoiding build-up of waste, which could attract pests like rodents and cockroach
- Wash your hands with soap and water for at least 20 seconds before eating
- Always use clean utensils and plates

DHARAVI'S GULLY BOYS TO SPREAD MESSAGE ON CORONA



Normally, the world of Tony 'Psyko' Sebastian of Dopeadelic is either a beat with a metaphor or a beat boxing hustle in a hoodie.

But with his hood Dharavi under siege from the dreaded coronavirus, he and a trilingual crew including 'Bonz N Ribz' from 7 Bantaiz and MC Altaf – all hip hoppers from one of Asia's largest urban ghettos – have decided to team up with Bill and Melinda Gates Foundation and BMC to record a progressive rap to bring people together with a right message whilst staying socially distanced.

DHARAVI FACTS

All of us know Dharavi is Asia's largest slum but did you know desi hip-hop was born here? In fact, it has a large number of thriving small-scale industries that produce embroidered garments, export quality leather goods, pottery and plastic. Unlike popular belief, the locals here have a good literacy rate. In fact, a bunch of teenage girls were in news for developing android apps on their own

"umeed hai sab theek hoga wapas/ umeed hai tum ho slamat/bharosa rakho doctors k kaam pe/bharosa rakho uper wala saath hai..." through this rap, the three artistes have urged their neighbours and fellow Dharavi residents to stay at home, avoid public spitting, consult doctors and take necessary precautions

Thank you MOM for being there!

Pallavi.shankar@timesgroup.com

From staying awake at nights and making sure your birthday cake is special to soothing your fears before exam time, your mother has been around for you and continues to be your pillar of strength. Is any amount of love and gratitude enough? Guess not. However, you can make a world of difference to her by acknowledging her love and efforts and appreciating her. Here is how you can be at your best behaviour on Mother's Day, and even after it's over.

Write her a nice 'thank you' note

Make it personal and sentimental by writing about some special day when her presence helped you in a great way. You could add your inside jokes shared at home with a smiley. Stick this note at her bedside so that it is the first thing she sees when she wakes up. It will make her day.

Apologise for being rude

"I am sorry" is one of the most powerful lines ever. Apologise to her for the times you have back answered or just being plain irritable or rude on occasions. And make sure you do your best to not hurt her feelings in the future.

Help her in daily chores

Lockdown is not easy on anyone and more so on mothers who end up multitasking on various fronts. Yes, you have your online classes and school projects, but when you are free, offer to do the dishes, water the plants or mop the floor - whatever you can. Peel peas, chop veggies, set-up dinner table and offer to make her some lemonade on weekends. These little gestures of good manners and thoughtfulness will cement your bond with your mother and also make you a more empathetic person.



MAXIMISE MOMMY ENERGY

HEALTH

Borrow four simple life hacks from your child's daily roster to get an energy lift!

supriya.sharma2@timesgroup.com

Don't be a picky eater: Playing champ round the clock is tiring but there are more reasons for mothers feeling worn out way too often. They are probably missing out on really important nutrients like Vitamin B12 and Vitamin D. Mothers need to think of food as fuel and eat foods that are alive - green vegetables, seasonal fruits, milk.

1 SAY NO TO JUNK: Lay off unhealthy, high-glycemic foods (think: cookies, cakes and ice cream). You will realise they always end up making you



feel more spent a couple of hours later.

2 MAKE PARK

Mothers need to get out more often. Short mindful breaks spent amongst nature can be really therapeutic for overworked nerves. Eliminate all unnecessary thoughts and just listen yourself breathe for 60 seconds.

3 KEEP A PENCIL BOX: So many ideas, so little time. Maintain a journal. Every time you remember a chore or a must-do, make a note of it.

4 FIX A PLAY DATE: Motherhood doesn't mean hibernation. Perhaps you need play dates as much as your 11 one. The power of connection boosts mommy energy. Make some connect...

The Ultimate Mahabharata Word Search

How many words from Devdutt's 'The Boys Who Fought' can you find in this Word Search?

A	X	A	A	R	I	T	H	S	I	H	D	U	Y	H
G	L	P	A	T	U	B	I	J	K	I	X	S	D	K
Z	C	U	G	R	B	B	D	R	T	J	G	A	R	W
U	B	A	K	H	T	M	D	N	G	A	Y	I	M	W
B	A	W	I	A	K	E	U	A	M	H	S	I	H	B
M	J	M	D	A	N	K	H	A	B	H	R	T	F	U
C	A	M	N	U	F	W	H	S	N	Y	X	C	T	Q
E	V	R	V	Z	R	T	V	A	K	W	I	J	R	S
Q	A	C	K	W	T	Y	D	R	A	U	P	A	D	I
K	N	K	Q	A	R	G	O	A	L	Q	R	S	N	F
G	J	U	W	G	C	S	H	D	C	M	Q	U	R	D
S	A	H	A	D	E	V	A	Y	H	N	G	J	K	R
V	S	A	H	U	Y	V	A	R	K	A	H	C	D	O
A	Q	R	J	G	N	M	A	R	J	U	N	A	N	N
E	Y	S	U	U	L	X	C	L	U	R	N	A	H	A

KRISHNA
BHIMA
DURYODHANA
YUDHISHTHIRA
ARJUNA
DRAUPADI
KARNA
NAKULA
SAHADEVA
BHISHMA
KURUKSHETRA
ASHWATTHAMA
DRONA
KUNTI
CHAKRAYUHA

ACTIVITY

Tell your mom how amazing she is by reciting this poem to her.

Bonus: Make her breakfast, and then recite this poem!

When it came to listening
my mother taught me
if you are drowning their voice with yours
how will you hear them she asked

When it came to speaking
she said do it with commitment
every word you say
is your own responsibility

When it came to being
she said be tender and rough at once
for you need to be vulnerable to live
fully but rough to survive it all

When it came to choosing
she asked me to be thankful
for the choices I had that
she never had the privilege of making



GIFT FOR MOM

Pamper your mom with 'home spa' experience



Switch on your mother's favourite TV programme and give her a relaxing foot massage. Scrub her feet with 2 tablespoon gram flour mixed with water and wash off. Follow up with foot massage - if you have essential oils at your place (like lavender/sage/chamomile) - mix 2 drops of it in 1 tablespoon coconut oil, and massage feet for 10 minutes. If you don't have essential oils, use coconut oil or olive oil. Once done, wipe off excess oil with tissue. Serve her some green tea while you are at it...

Dual purpose roomtidier

This room tidier is an ideal gift for MOTHER'S DAY. It can be used as a store box to keep snacks - chips packets, namkeen, or mom can keep her cosmetics like hair dryer, perfumes, etc. The lid can be used as a table top to keep keys of the car, her shades, her photo frame, money plant, and so on. Every thing is made out of waste material lying in the house.

THINGS REQUIRED:

- ▶ A cardboard box
- ▶ An old t-shirt
- ▶ Needle and thread
- ▶ Laces or ribbon
- ▶ Adhesive
- ▶ Cello-tape
- ▶ A beautiful tray

METHOD:

- ★ Take the cardboard box, cut off the 4 flaps from the top of the box.
- ★ Take the t-shirt preferably with a round collar put the sleeves inside it, do not cut them.
- ★ Slide the box inside the t-shirt.



★ Sew the sleeves edges so that they are firm.
★ Decorate the box with pretty ribbons or laces around it.

Now, place the tray on it. Your roomtidier is ready!

ARHAAN MATHUR, CLASS V,
Shiv Nadar School,
Noida

The mom and you book club

nitya.shukla@timesgroup.com

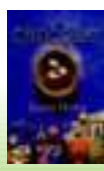
FOR MOMS WHO LIKE WILD GOOSE CHASES

Where'd you go Bernadette? by Maria Semple
Bernadette Fox is a talented, reclusive architect and loving mother who goes missing. Her teen daughter embarks on a mission to find her, and along the way builds a funny and touching portrait of her mom.



FOR MOMS WHO LIKE CHOCOLATE

Chocolat by Joanne Harris
The story of Vianne Rocher, a young mom and chocolatier, who sets a small French village aflutter with her arrival along with her 6-year-old daughter. Then Rocher opens a chocolaterie, and introduces a little magic...



FOR MOMS WHO GET DON'T GET SOCIAL MEDIA

My Not So Perfect Life by Sophie Kinsella
Sophie Kinsella's heroine Katie will help your mum understand the pressures of living in a social-media-obsessed world; and open your eyes about the reality of the so-called 'perfect life' as seen in social media.



FOR MOMS WHO LIKE CLASSICS

Little Women by Louisa May Alcott
The story is about girlhood, love and ambition of the March sisters - but it's also about, Marmee, the head of the family, and how she inspires them to live their lives meaningfully and happily.



FOR MOMS WHO LIKE SUSPENSE THRILLERS

Room by Emma Donoghue
A thriller narrated by 5-year-old boy who is being held captive along with his mother in a room. A powerful story of a mother and son whose love lets them survive...



It is often said that Home is the first school for a child. I am having online classes but this time with two mentors - my tutor on the webcam and my mom always next to my study table.

VATSALA SHARMA, class VI,
Rajmata K K Girls Public School, Jodhpur

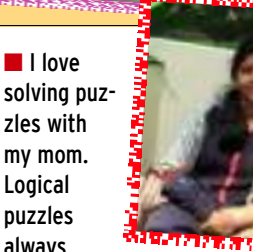
This lockdown proved to be more interesting as my mother became my reading partner. We read many books and discuss their summary with each other. Reading with my mother makes it more interesting as she keeps asking me synonyms.

BHAVYE PREMI, class VI A, St Xavier's School, Nevta, Jaipur



My mother means the world to me and it goes without saying that she would leave no stone unturned in prepping me for my life ahead in the real world. Lately my mom has been giving me cooking lessons. We cook lunch together. And my rotis have become better!

SAANCHI DESAI, class X, Gopal Sharma International School, Mumbai



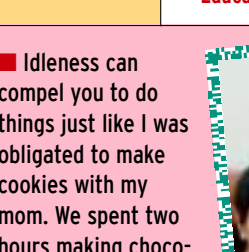
I love solving puzzles with my mom. Logical puzzles always catch her attention and she makes sure I'm involved in them too! Cracking them with my mom is such fun. The whole process feels fulfilling to me.

SHARMILA PENTAPALLI, class XII,
Silver Oaks, Hyderabad



Mothers are the best. Me and my mom spend a lot of time together. We have shared interest in movies, reading, and talking for hours at an end. My mom is more of a friend to me than a mother.

VYOM SHINDE, class XI, Victorious Kidss Educare, Pune



Idleness can compel you to do things just like I was obligated to make cookies with my mom. We spent two hours making chocolate and vanilla cookies, and it paid off.

GAURAANG AGARWAL, class X, St George's College Barlowganj, Mussoorie

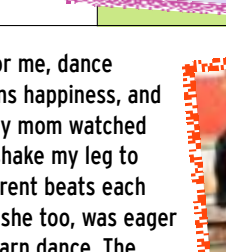
My mom and I have been doing the things we most love to do - paint! Painting is an art that lets you describe and show your emotions without the use of words...

RISHIKA GITTA, class X, Whitefield Global School, Bengaluru



I love having long, serious conversations with mom. With stress levels high in lockdown, these conversations are a way to vent feelings and help each other cope.

HINA NAELA, class XII, G D Goenka Public School, Lucknow



For me, dance means happiness, and as my mom watched me shake my leg to different beats each day, she too, was eager to learn dance. The lockdown proved to be an ideal time to teach dancing to my mom.

Now I can say that she is a brilliant student.

BHAVYA GULATI, class XII, Bhavan Vidyalaya, Panchkula



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STUDENT EDITION

THURSDAY, MAY 7, 2020



WEB EDITION

1 LISTEN TO HARRY POTTER: Celebs, including Daniel Radcliffe, David Beckham and Dakota Fanning will take part in chapter-by-chapter readings of JK Rowling's book, 'Harry Potter and the Sorcerer's Stone' on Spotify

2 HOW TO USE ONLINE RESPONSIBLY: TAKE A PLEDGE
<https://toistudent.timesofindia.indiatimes.com/news/top-news/how-to-use-online-responsibly-take-a-pledge/51465.html>

3 10 FITNESS LINGOS YOU SHOULD LEARN:
<https://toistudent.timesofindia.indiatimes.com/news/lifestyle/10-fitness-lingo-you-should-know/51489.html>

GET YOUR MIND MOVING!

With lockdown still in full swing, how about giving your mind a workout too? While crosswords and puzzles have their place, there are many more that can keep your mind fresh and agile. Here are the best brain and memory boosting tips...



PLAY ANTIQUES ROADSHOW: Choose an everyday object — anything from a spoon to a hairband — and pass it around your family. Each person must come up with a story about the object. For example: What period of history is it from? Did it belong to anyone special? According to psychologists, a playful mental attitude enables flexible and creative thinking, so making fun games a part of your routine will keep your brain active.

MAKE A SHOPPING LIST: As you write, picture each item in your mind. Don't actively engage the brain, instead let your creativity take over and see what happens. Research suggests that when we go with the flow and don't think too hard, we open the mind to new possibilities and generate fresh ideas.



MAKE YOUR OWN SONG: Sing along to your favourite song, but create your own lyrics. Research suggests that when we go with the flow and don't think too hard, we open the mind to new possibilities and generate fresh ideas.

SET THE SCENE: Look out of your window. What do you see? Get a pen and paper, and describe the scene in a paragraph. Then give yourself a break. Next, go outside and take in the scene again. Use your senses this time, then go inside and write another paragraph. Compare the two descriptions—the second is more engaging because using all five senses makes it a 3D experience.

BECOME AN AUTHOR: Choose an animal, a song, a food, a country, a book, a piece of clothing and a flower, then turn them into a short story. Read the story a couple of times and put it to one side. Later in the day, recall the story and see what you can remember.



TELL A STORY: Use social apps to create a virtual storytelling group with friends and family. One person starts the story, then passes it on with everyone adding a few sentences to keep it going. Research in psychology suggests a strong link between spontaneous and controlled thinking and creativity. So any activity that combines thinking on your feet with logic, like continuing a narrative, gives the brain a workout.

GET LOGICAL: Write 10 random numbers on paper. For one minute, read the list aloud—again and again. Turn the paper over and relax for a minute. Then recount the numbers in sequence and write them on the back of the paper. Compare both lists and see how well you've done. There's scientific evidence that repetition helps the brain solidify connections used to recall memories and information. This also works for names and learning new skills.

PLAY GUESS WHO USING FACETIME Pick a famous person, then write down four words associated with them. Take it in turns to reveal the words to each other and guess who the person might be.



5 BEST ANXIETY RELIEF APPS



Positive Penguins HD (Android, iPhone, iPad)

Called Positive Penguins, this app developed by a Melbourne schoolgirl and her family, is a simple, interactive, educational tool that helps in understanding your emotions and experience them in a positive way. It also provides practical ways to understand and cope with these emotions and, change the way they think.

Breathe, Think, Do with Sesame (Android, iPhone, iPad)

Breathe, Think, and Do with Sesame app helps in dealing with frustrating situations using the "breathe, think, do" method. You will learn to take long, deep belly breaths to calm down, think of a few strategies to handle the problem, and then do those things.

Headspace: Guided Meditation (Android, iPhone, iPad)

This app uses common meditation techniques such as body scans, becoming aware of environmental sounds, breath awareness, breath counting, and more to establish a serene, aware space for the mind to rest.

Stop, Breathe & Think: Meditation and Mindfulness (iPhone, iPad)

Stop, Breathe & Think is a free mindfulness and meditation app that encourages you to develop positive habits.

DreamyKid Meditation App Just For Kids (Android, iPhone, iPad)

This app is an easy-to-use meditation tool that includes kid-friendly guided visualisations, affirmations, and meditations. Kids can listen to selections for promoting relaxation, falling asleep more easily, among others.

NEW WHATSAPP CHATBOT TO SPOT COVID-19 RELATED MISINFORMATION

The International Fact-Checking Network (IFCN) has launched a WhatsApp bot, with more than 4,000 debunked hoaxes, to fight COVID-19 misinformation. The Poynter Institute's International Fact-Checking Network has launched its chatbot on WhatsApp.



TECH BUZZ

IFCN's bot has been built to address the challenge of misinformation, particularly during the COVID-19 pandemic, by connecting people with independent fact-checkers in more than 70 countries and also with the largest database of debunked falsehoods related to the new coronavirus



FORGET ME NOT

JAPAN AQUARIUM SEEKS VIDEO-CHATS FOR EELS

A Japanese aquarium, closed during the coronavirus outbreak, is asking people to make video calls to their eels so that the sensitive creatures remember humans exist and don't pose a threat. The Sumida Aquarium, housed in the landmark Tokyo Skytree tower, has been closed since the start of March and its animals have become used to a largely human-free environment during the two-month calm.

In a bid to reacquaint the eels with humans, the aquarium is setting up five tablets facing the tank housing the delicate creatures, with eel enthusiasts asked to connect through iPhones or iPads via the FaceTime app. Once the video calls start, people are supposed to show their faces, wave and talk to the eels

NEWS IN BRIEF

CLICK HERE FOR MORE

SOON, 'TWILIGHT' PREQUEL BOOK. WRITTEN FROM VAMPIRE'S PERSPECTIVE

Author Stephenie Meyer has thrilled fans of her best-selling 'Twilight' novels by announcing that she will release a prequel that explores the characters' love story from the perspective of vampire Edward Cullen. Called 'Midnight Sun,' the new book will chronicle Cullen's past and the time he first meets Bella Swan, a human high school classmate, who later becomes his wife. Earlier installments have been told from Bella's point of view.



BOOKS

Meyer's original four 'Twilight' books sold more than 100 million copies. They were adapted into a blockbuster film series released by Lions Gate Entertainment Corp that starred Robert Pattinson and Kristen Stewart

WORLD LEADERS PLEDGE BILLIONS FOR VIRUS VACCINE RESEARCH

World leaders, organisations and banks have pledged \$8 billion for research to find a vaccine against the new coronavirus, but warned that it is just the start of an effort that must be sustained over time to beat the disease. The funds, pledged at a video-conference, was held in response to the World Health Organisation's call for global collaboration to contain and defeat COVID-19. Notably absent from the event was US, where more than 67,000 people have died of coronavirus, till date.



FOR A CAUSE

About 100 research groups are pursuing vaccines, with nearly a dozen in early stages of human trials or poised to start

TEAMS DON'T TAKE US LIGHTLY ANYMORE: MITHALI RAJ

India's women team ODI skipper Mithali Raj wants to add that elusive World cup trophy to her cabinet, before calling it quits. Raj has stated that constantly churning out good results against top sides has helped the team gain a solid reputation in recent times. According to her, teams don't take India lightly anymore and come prepared before facing them.



Raj helped India reach final of the World Cup tournament on two occasions — 2005 and 2017 — but the 'Women in Blue' suffered heartbreaks against Australia and England respectively

SPORTS

HIGH SCHOOL KIDS MAKING INSTA YEARBOOKS IN US



GETTING CREATIVE

Hundreds of students in the US have created yearbook accounts on Instagram to celebrate their classmates' achievements and share memories and inside jokes. The pages are assembled from student submissions sent to the account administrators by direct message—portraits, post-graduation plans, quotes. Classmates comment on each post as a kind of signature. Matt Beiger, 18, a senior at Dunwoody High School in Dunwoody, Georgia, created a yearbook account for his high school a couple weeks ago. So far, they've featured more than 130 students on the account — about a third of their class.

Have you created something on these lines? Please share at timesnie175@gmail.com

WHAT As race to develop vaccine for the treatment of COVID-19 gains momentum, the Food and Drug Administration (FDA) has granted emergency use authorisation to use remdesivir to treat the new virus.

WHY An antiviral drug, remdesivir was developed by pharmaceutical giant Gilead Sciences, to fight the Ebola virus that struck the world in 2013. It was shelved as it was found ineffective. However, despite its initial failures, Remdesivir was later shown to be effective against both SARS and MERS, and is now being tested in new clinical trials as a potential treatment against COVID-19.

EXPLAINED



REMDESIVIR

HOW It obstructs the stage of replication, when the virus creates copies of itself in the body. In other words, the drug is able to inhibit the virus and prevent its further spread in human cells

According to experts, once the virus enters the human cell, it releases its genetic material, which in turn is copied using the body's existing mechanism— various human proteins, virus proteins, and their interactions come into play at every stage of infection.

CELEB TALK

It is important to focus on learning new skills during lockdown: Paes



Indian tennis great Leander Paes has stressed on the need to focus on learning new skills during the coronavirus-forced lockdown to keep oneself mentally and physically fit. Speaking at an Education Webinar for coaches, jointly organised by the All India Tennis Association (AITA) and the Sports Authority of India (SAI), Paes spoke on various topics including his junior days, transition to men's circuit, and the role mental fitness plays in tennis, among others.

The Webinar will also have a session of 'Coaching Young Children and Young People' by Kawaljeet Singh. Miguel Crespo from the International Tennis Federation will join as the guest speaker.

FUN-ZONE

HAVE A VIDEO TO SHARE? SEND IT TO US

LEARN WITH OUR COVID-19 WARRIORS: Aditya of PP2, Kalpa School, Hyderabad, has a word of advice on how to keep oneself protected from the coronavirus. Lakshmi Prananthi of class XII, Delhi Public School, Nacharam, Hyderabad, speaks about the steps taken by her school to reach out to students amidst the pandemic outbreak. Go to www.toistudent.com to watch the videos. Have a video on how to deal with this current lockdown? Send us 1) Clear videos 2) Of 2minute duration 3) With details (name, class and school) 4) At timesnie175@gmail.com

CHECK YOUR APTITUDE

1 A bullet train, starts its journey at 0700 hours, to cover a distance of 900 km one way. It completes one round trip at 1300 hours. Find the average speed of the train.
A. 300 kph B. 690 kph

2 Jeff borrows ₹ 7000 from Bob and plans to return this money after 3 years at an interest rate of 13% per annum. How much money would Bob receive at the end of 3 years?
C. 360 kph

3 Manoj travels 3 km forward, turns left, and proceeds 4 km to reach school. What is his total displacement?
A. 5 km, B. 7 km, C. None of the above, D. 25km

ANSWERS: 1. (A) 300 kph, 2. (A) ₹ 9130, 3. (A) 5 km
Sneha, class X, Silver Oaks International School, Sarjapur, Bengaluru

KNOWLEDGE BANK

Amanita phalloides
Commonly known as death cap, it is a deadly poisonous basidiomycete fungus mushroom. Widely distributed across



Europe, ingesting one death cap mushroom is enough to kill a healthy adult. In fact, people are advised not to touch it. Within 6 to 12 hours after consumption, violent abdominal pain, vomiting, and rapid fluid loss can happen and eventually death.

Vibha A Vaidya, class IV, Silver Oaks International School, Sarjapur, Blr

Quiz time

TECH
Pranav V, class VII, Silver Oaks Intl School, Sarjapur, Bengaluru

- Q.1) Which type of processor can be overclocked?
A. X, B. U, C. H, D. HO
- Q.2) Which of these processors are made by apple?
A. i7, B. 3750, C. Pentium, D. A12
- Q.3) Which of these processors are server processors?
A. Intel i9, B. Intel XEON, C. Intel Celeron, D. AMD Ryzen 3 3200

Q.4) Which is the most powerful graphics card?
A. RTX 2080 Max - Q, B. GTX 1080 Ti, C. Titan RTX, D. AMD Radeon VII

- Q.5) Which iPhone has the best camera?
A. iPhone Xr, B. iPhone X
- Q.6) Which is the fastest type of storage?
A. SSD, B. HDD, C. SSHD, D. EMMC
- Q.7) Which is the newest type of ram?
A. DDR3, B. DDR4, C. DDR5, D. DDR6

ANSWERS

1. (A) X, 2. (D) A12, 3. (B) Intel XEON, 4. (C) Titan RTX, 5. (D) iPhone Xs, 6. (A) SSD, 7. (B) DDR6

S.F. AND COMIC KIDS



On his first trip to civilization, Jerry Giraffe claims he was attacked. Jerry says he was crossing a black trail when a creature with bright, shining eyes quickly approached. It let out a loud cry and then slammed into him with its hard skin. Before Jerry passed out, he noticed part of the creature was transparent, and other animals it had swallowed could be seen inside. What explanation does Slylock Fox have for the giraffe's experience?

Rock the TEST

Want to boost your general knowledge? Take this exciting test. Rest assured, it will really test you!

GEOGRAPHY

Theme: Africa



Q1. Which of the following imaginary lines does not pass through Africa?
A: Tropic of Cancer
B: Equator
C: Tropic of Capricorn
D: International Date line

A: Zaire River
B: Nile River
C: Senegal
D: Zambezi

Q2. Which African river crosses the equator twice?

Q3. Which is the longest river in Africa?
A: Congo River
B: Orange River
C: Zambezi River
D: Nile River

Q4. Which of the following is not a tribal community of Africa?
A: Zulu
B: Maasai
C: San Bushmen
D: Lepcha

Q5. Which of the following deserts is the largest hot desert and the third largest desert in the world after Antarctica and the Arctic?
A: Sahara Desert
B: Kalahari Desert
C: Karoo Desert
D: Namib Desert

Q6. Tugela Falls, the second highest waterfall in the world, lies in which African country?
A: Algeria
B: S Africa
C: Sudan
D: Tunisia

ANSWERS: 1. D, 2. A, 3. D, 4. D, 5. A, 6. B

Word Wise



Defenestrate (verb): to throw (something or someone) forcefully through a window.

Synonyms: eject, expel.

Examples:

■ His boss was defenestrated after he refused to give him a pay raise.

■ She ejected her table lamp through the window.

■ The rock was expelled forcefully out of the window.

■ The seat was ejected through the cockpit window.

■ In a hasty bid to escape, he defenestrated himself and ran.

Siddharth Arun, class IX, Silver Oaks International School, Sarjapur, Bengaluru

FAMILY CIRCUS



"Daddy left his toys on the floor again!"

WUZZLES

WUZZLES

ACRIT DEUCE IT TREY

RYE RYE

COOL AS A CUCUMBER

IDIOM OF THE DAY

► **COOL AS A CUCUMBER**
Meaning: To be very calm even under stress
PARTHIV SYAMMOHAN, CLASS VII, SILVER OAKS INTERNATIONAL SCHOOL, SARJAPUR, BENGALURU

Painters' Gallery



Arnaliya Jaiswal, Class VIII, Zydus School For Excellence



Raj Inamdar, HB Kapadia School



Doyel Pramanik, Class VI, Shanti Asiatic School



Priyansha Purenia, Class X, Nirman High School

SCHOOL IS COOL

Unlocking fun during lockdown

When life got too boring during lockdown, my daughters were inspired to open the closet where all our treasured games were hidden.

We started the game-binging session with Ludo. My daughters realized that it was far more exciting to play the game in reality rather than the virtual version of the same. They were surprised to see me shout "pakki goti bachhao" in the middle of the game.

Next in line was the simple game of "snakes and ladders". I was about to lose the game but lady luck was with me and my daughter's coin was bitten by the snake at block no. 98 and she directly came down to 13. It resulted in my victory.

Numerous rounds of Carrom, Rio and Plot 4 followed. Carrom is one game where nobody in our family can beat



my husband. He kept on winning till we all gave up. I consider all the time I have been spending with my family, playing games, talking, as the best part of lockdown which I shall continue to cherish for years to come.

RADHIKA MAMTANI, Educator, Anand Niketan Satellite

Charity begins at home

The students and staff of Delhi Public School, Rajkot made a contribution of Rs.41,000 to the Chief Minister's Relief Fund for helping those affected by Corona. This contribution was made

through the Community Service Club of the school. The Principal Dr Manoj Dubey says, "We at DPS Rajkot feel it is our social responsibility, in difficult times as these, to do our bit."

LEARNING MADE EASY!

Through activity based learning, Essar International School, Hazira, Surat, gives an opportunity to the students to explore and bring out their creativity thus enhancing their understanding.

During online classes in this lockdown period, school conducted some activities in Social Science classes. Students learnt about latitudes and longitudes through an activity with 'potato' and depicted them in their own creative way. Pictorial flow charts were drawn to depict 'Colonialism in Africa' in their history class.



Painting By: Rashi Bohra, Class IX

Kabirians celebrate Earth day!

Fear of corona virus deterred to dampen the spirits of St. Kabir School (Drive in New) in celebrating the 50th anniversary of Earth Day. Though it was not possible to venture into great outdoor activities, teachers and students of primary wing celebrated through an interactive



zoom session. Fun activity worksheets were shared with the students showcasing the importance of Earth Day. Vibrant drawings with catchy captions were the major highlights. A few students shared video clipping of planting saplings in their kitchen and terrace gardens.

ODE TO THE PEN

GO BACK CORONA

Corona oh corona why did you come
You are not wanted, go back again
Allow us to live in fresh air
Allow us breathe without mask
Corona oh corona why did you come
You are not wanted, go back again.
We are locked in our own home
Can't go out and meet my friends
My school my activities all are shut down
Because of you I am locked in my own house
Corona oh corona why did you come
You are not wanted, go back again.
MANVIK HARWANI, Class III, St. Kabir School, Navrangpura



Painting By: Jishnu Nainani, Class VIII, Zydus School For Excellence

CORONA FEAR

This is a fear, that's making us aware for the next problem, which is very surreal
Everything is closed, Like a locked door.
But don't get scared or bored.
The sugar is dissolved, but the story isn't over,
The problem isn't solved, but solution will discover.
Coronavirus may be ghastly but let the world not be cowardly.
TANUSHKA JHA, class VII, Delhi Public School Rajkot



THE TIMES OF INDIA

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CLICK HERE: WWW.TOISTUDENT.COM

STUDENT EDITION



WEDNESDAY, MAY 6, 2020

WEB EDITION

1 THIS DAY, THAT YEAR: MAY 6, 2002: Entrepreneur Elon Musk sets up SpaceX to make space transportation more affordable and to work on projects that will help people live on other planets

2 IN CONVERSATION WITH TIMES NIE, Nami Zarringhalam, co-founder and chairman, Truecaller, Stockholm, draws a guideline for call security for teenagers <https://toistudent.timesofindia.indiatimes.com/news/top-news/-bullied-get-tech-smart--blow-the-whistle/51267.html>

3 HUBBLE YIELDS 1.4 MN OBSERVATIONS IN 3 DECADES <https://toistudent.timesofindia.indiatimes.com/news/sci-tech/hubble-yields-1-4-mn-observations-in-3-decades/51176.html>

1.9 MILLION

FACTOID That's the number of microplastics found in one square metre of seafloor, according to a new study. Microplastics on the seafloor mainly comprise fibres from textiles and clothing. These are not effectively filtered out in domestic waste water treatment plants, and easily enter rivers and oceans

DALRYMPLE'S NEXT BEING PENNED THROUGH LOCKDOWN

Historian William Dalrymple's next book speaks of the influence India had on the East and on the West. Divided into different phases, the first phase looks at how Buddhism travelled from India to become the state religion of China. The second talks about how Hinduism took over SE Asia with epics like Mahabharata and Ramayana, being major influences. The third period focuses on India travelling to the West with its idea of maths.

BOOKS

BURJ KHALIFA'S UNIQUE GESTURE

The 828-metres-high Burj Khalifa in Dubai will be transformed into the "world's tallest donation box", as part of a campaign to provide 10 million meals to low-income people. The appeal comes during the fasting month of Ramadan—a time of self-reflection, and charity for the faithful. The skyscraper regularly features displays of solidarity with crisis-stricken countries—for Oz when bushfires ravaged it and for China and Italy when they were hit by corona.

For each 10-dirham (\$2.7) donation, one of the building's 1.2 million LED lights will be illuminated—each representing a meal

NEWS IN BRIEF

CLICK HERE FOR MORE



ENVIRONMENT

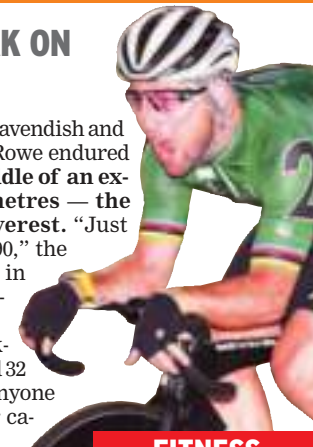
ANTARCTICA & GREENLAND'S MELTING ICE SHEETS RESPONSIBLE FOR RISE IN SEA LEVEL

A NASA-funded study has revealed that ice sheets in Antarctica and Greenland shrinking and melting, since 2003 have contributed towards a global sea level rise. According to researchers, the net loss of ice from Antarctica, along with Greenland's shrinking ice sheet, has been responsible for 0.55 inches of sea level rise since 2003.

Greenland's ice sheet lost an average of 200 gigatons of ice per year, and Antarctica's ice sheet lost an average of 118 gigatons of ice per year. One gigaton of ice is enough to fill 400,000 Olympic-sized swimming pools

CYCLIST SCALES PEAK ON EXERCISE BIKE

British cycling star Mark Cavendish and former teammate Luke Rowe endured over 10 hours in the saddle of an exercise bike to climb 8,848 metres—the equivalent of scaling Mt Everest. "Just Everested with @LukeRowe1990," the 34-year-old sprinter announced in a post on Twitter. The pair accomplished the latest feat by a sports star in coronavirus lockdown in 10 hours 37 minutes and 32 seconds. "I take my hat off to anyone who's completed it in whatever capacity, it was grim," he said.



FITNESS

KIDS' CHOICE AWARDS: 'AVENGERS: ENDGAME', 'STRANGER THINGS' WIN BIG

Marvel Studios' 'Avengers: Endgame' and Millie Bobby Brown's 'Stranger Things' emerged as the



ENTERTAINMENT

'Avengers: Endgame' won favourite movie, with 'Spider-Man' star Tom Holland becoming the favourite superhero. The award for favourite reality show went to 'America's Got Talent', while Ellen DeGeneres became favourite TV host

big winners at the Kids' Choice Awards 2020, which was produced virtually, after it was delayed due to the coronavirus pandemic. The show also made a \$1 million donation to 'No Kid Hungry' to help COVID-19 victims.

JEE MAIN 2020 FROM JULY 18 TO 23, NEET ON JULY 26: HRD MINISTER

Union HRD Minister, Ramesh Pokhriyal 'Nishank' conducted a webinar with students to announce the dates. 1. JEE Main 2020 would be from July 18 to July 23. JEE Advanced in August. 2. NEET 2020 would be on July 26.



EDUCATION

JK ROWLING DONATES \$1.25 MN TO HELP HOMELESS DURING THE PANDEMIC

Harry Potter author JK Rowling has donated \$1.25 million to help victims of domestic abuse and homelessness during the coronavirus pandemic, after recovering from the virus herself. The British writer said the money would be split between the charities—Crisis and Refuge, which help the homeless and victims of domestic violence respectively.



FOR A CAUSE

In April, pop singer Rihanna's Clara Lionel Foundation joined forces with Jay-Z's Shawn Carter Foundation and Twitter CEO Jack Dorsey to donate \$6.2 million to 11 organisations, including some helping victims of domestic abuse and the homeless

VIEWPOINT



WE NEED TO TAKE STEPS FOR POPULATION CONTROL: PRESIDENT

President Ram Nath Kovind has stressed on the need to take steps for population control in the country. "Large and densely-populated countries such as India have to take deliberate steps, especially on the subject of population control. Otherwise, disasters like Covid-19 can have severe consequences in our country," said President Kovind.

According to UNICEF, out of the estimated 392,078 babies born around the world, 67,385 were born in India on January 1, 2020—a world record

Should there be a population control law in India?

Share your views at timesnie175@gmail.com You can also post your comments at toistudent.com

NEWS IN CLUES

Azerbaijan's Ilham Aliyev is the chairman of which organisation?

CLUE 1: With 120 member states, 17 observer states, it is the largest grouping of states worldwide, after the UN.
CLUE 2: 18 summits have been held till date. New Delhi hosted the 7th in 1983.
CLUE 3: It was established in 1961 through an initiative of then Indian PM Jawaharlal Nehru, Egyptian President Abdel Nasser and Yugoslavian President Josip Tito.

ANSWER: Non-Aligned Movement (NAM). Humanity is facing its most serious crisis in many decades and the organisation can help promote global solidarity as it has often been the world's moral voice, said PM Narendra Modi at the virtual conference of NAM on Monday.

Write, write and write: Emma Stone

In a rare video appearance, actor Emma Stone has raised mental health awareness, while practising social distancing during the coronavirus pandemic. May is Mental Health Awareness Month and the Oscar winner announced the Child Mind Institute's #WeThriveInside campaign, a digital initiative that will help those struggling right now and beyond with tele-health and online resources.

CELEB TALK

The Child Mind Institute will release self-recorded videos daily, featuring notable names and sharing stories of how they stay mentally-fit, while encouraging families and kids to check out its COVID 19-related resources

Why COVID-19 wallop some & spare others

Time may still prove the greatest equaliser

The Spanish flu that broke out in the United States in 1918 seemed to die down

third of the world's population. Hence, one theory that is unproven but impossible to refute: Maybe the COVID-19 virus just hasn't gotten to those countries yet.

The question of why the virus has overwhelmed some places and left others relatively untouched is a puzzle that has spawned numerous theories and speculations but no definitive answers. We unravel few scenarios...

Young people are more likely to contract mild or asymptomatic cases that are less transmissible to others, believes Robert Bollinger, a professor of infectious diseases at the Johns Hopkins School of Medicine.

protection, epidemiologists said.

Heat and light

The geography of the outbreak—which spread rapidly during the winter in temperate-zone countries like Italy and US and was virtually unseen in warmer countries such as Chad or Guyana—seemed to suggest that the virus did not take well to heat. Other coronaviruses, such as ones that cause the common cold, are less contagious in warmer, moist climates. But researchers say the idea that hot weather alone can repel the virus is wishful thinking.

X-PLAINED

during the summer only to come roaring back with a deadlier strain later that year and a third wave, the following year. It eventually reached far-flung places like islands in Alaska and the South Pacific and infected a

The power of youth

Many countries that have escaped mass epidemics have relatively younger populations.



WORDWATCH

SPLOG

A spam blog or splog is a blog designed for the purposes of link spamming. Splogs sell links to other websites

APP-FIT

FITNESS APPS TO HELP YOU STAY IN SHAPE

Here are a few fitness apps that could help you stay in shape and ease anxiety during the times of lockdown



1 NIKE TRAINING CLUB: The app contains recordings of more than 185 free workouts, including cardio yoga and others. These sessions last between 15 to 45 minutes

2 RUMBLE: The boxing-inspired fitness channel airs classes on Instagram every evening, and posts new classes at Rumble's Instagram account @doyourrumble at 5.30 pm

3 BARRE 3: The digital ballet studio is offering unlimited access to strength condition classes inspired by the dance form. It also includes cardio and sessions on mindfulness

JOIN CANON ONLINE PHOTOGRAPHY

The programme, which began on May 1, will be conducted through the entire month, until May 30 to provide online photography lessons, seminars and workshops in different regional Indian languages. To register for any of the workshops, users can log on to Canon India's official website.

ACT ONLINE

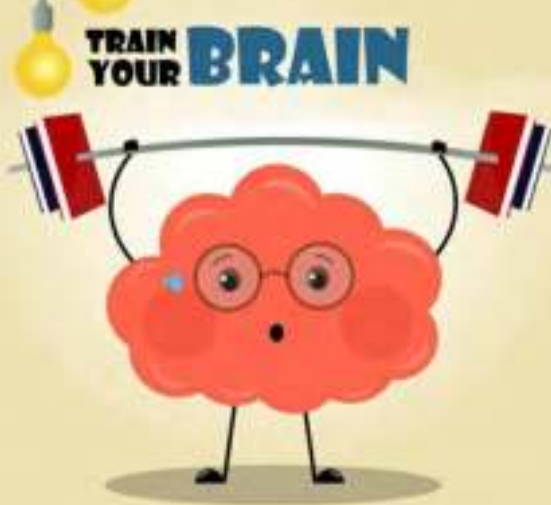
Multi-arts festival has taken the digital route, bringing together theatre doyens from across the country for masterclasses, interactions, live music recitals, storytelling and acting competitions. All this will happen online on their YouTube channel.

AUTHOR SPEAK

EVERYDAY COURAGE

Raageshwari Loomba, author of the book - 'Building a Happy Family' - shares how to be mindful during the lockdown.

1 ENERGY: Energy goes where focus goes. So don't focus on the news, tragedies and statistics. Instead focus on recoveries, health, relationships and creative ideas. Inspire your parents too. Keep abreast of the news but also make sure to switch off. We have a limited amount of mental energy in a day, and it plummets post noon. So conserve your energy for things that truly matter and motivate you. Then watch your courage return.



2 VISION: Each day is your life in miniature. I want you to live it like a champion, as though all your dreams have come true. Make a vision board if you don't have one. It could have pictures or a list of your goals. The brain takes all your thoughts and wishes seriously. In an experiment by Nasa, astronauts were made to wear lenses that inverted everything. Surprisingly, after 30 days of wearing the lenses, the astronauts could see things the right side up. The brain had built new neural pathways to adapt. So, while being at home, don't just scroll through social media. It does not ignite the fire within. Create a vision board and dream big instead.

3 WORDS: Words have energy. Use the right words and supercharge yourself! During this pandemic, you might feel powerless without routines and rituals. If you feel angry or sad, remember this is your brain's attempt to feel powerful. Sip some water and zip up angry words. Instead, exercise. Remind yourself that anger affects your brain negatively and impacts judgment and decision-making skills. The more you connect with anger, the less you connect with courage.

LOCKDOWN DIY

GROW YOUR OWN GINGER

Do you have some unused ginger lying around in your fridge? Break a small portion and put it in the soil of a pot. Water regularly and keep the pot on a windowsill for it to get enough sunlight. Just make sure the buds are facing up. You will notice new shoots and new roots in about a week or so. Once that happens, you can pull it up and use it again.



GROOMING GYAN

HAIR SPA with hibiscus

Want to nourish your hair but running out of your regular conditioner? Don't panic. Look into your garden or locality and if you spot hibiscus flowers, you are covered. This flower is great for your hair health as it is full of antioxidants and natural conditioners like vitamins C and E. Here's how to make a hair conditioning pack with hibiscus:



METHOD: Take two hibiscus flowers and blend with some water and 2-3 cinnamon sticks. Apply this pack to your hair and leave for 30-45 minutes. Wash it off and do your regular shampoo-conditioner routine. Your hair will be soft, nourished and bouncy, minus any chemical residue usually found in store-bought haircare products.

- By Pallavi Shankar

YOUR GRAMMAR GURU



- ▶ **prerogative:** pre-rog-a-tive, not per-rog-a-tive
- ▶ **peremptory:** per-emp-tuh-ree, not pre-emp-tuh-ree
- ▶ **probably:** prob-a-blee, not pra-lee or prob-lee
- ▶ **Realtor:** reel-ter, not ree-la-ter
- ▶ **supposedly:** su-pos-ed-lee, not su-pos-ab-lee
- ▶ **spurious:** spyoor-ee-us, not spur-ee-us
- ▶ **tenet:** ten-it, not ten-unt
- ▶ **ticklish:** tik-lish, not tik-i-lish
- ▶ **triathlon:** try-ath-lon, not try-ath-a-lon
- ▶ **athlete:** ath-leet, not ath-a-leet
- ▶ **candidate:** kan-di-dayt, not kan-i-dayt
- ▶ **chimera:** kiy-MEER-a, not CHIM-er-a
- ▶ **disastrous:** di-zas-tres, not di-zas-ter-es
- ▶ **debut:** dey-byoo, not di-boo
- ▶ **Et cetera:** et-set-er-uh, not ex-set-er-uh
- ▶ **Quote:** kwo-te, not coat
- ▶ **flour:** flou-er, not fl-ahr

It's time to get them right!

Ideas for LITTLE HEROES

GEORGE'S MARVELLOUS MESSAGES

These notes are all stick figures on the beach that had been used for starting again. They were a little bit of a mess and some were stuck to the ground and the other children had to be very careful when they were using them.

- 1 Read the message. Write a message to your friend.
- 2 Make a message. Write a message to your friend.
- 3 Make a message. Write a message to your friend.
- 4 Make a message. Write a message to your friend.
- 5 Make a message. Write a message to your friend.

CHARLIE'S GOLDEN TICKET

Charlie's Golden Ticket was a very special ticket. It was a golden ticket and it was very special. Charlie had been very lucky to win it. He had to be very careful when he was using it.

- 1 Read the message. Write a message to your friend.
- 2 Make a message. Write a message to your friend.
- 3 Make a message. Write a message to your friend.
- 4 Make a message. Write a message to your friend.
- 5 Make a message. Write a message to your friend.

USE ONLINE RESPONSIBLY

Access to the Internet has exposed many of you to bullying that affects your self-image and possibly your mental health. That is not a good thing.



REMEMBER

Nothing is private!

1 Once posted, it is there forever. It might appear that you can delete a post/tweet/account, but it's not so simple. An image or post can be shared with anyone, anywhere. Privacy on social media is kind of a misnomer.

Words can hurt

2 We all know that bullying is a big deal and social media may lead to it. But even aside from bullying on social media, there is a more subtle lesson and that is: words can hurt. So, learn to post with kindness. This is an important life lesson. I mean, don't we all wish adults would learn this lesson, too?

Friends Only

3 A healthy amount of scepticism is great when it comes to friend requests, chats, and the like. For grown professionals, social media networking can be an invaluable career tool. For us, talking to/befriending people on social media that we don't know personally can be dangerous. Always keep a check of your friend list and weed out those friends whom you have not contacted in a while. Because you don't know if they are still using their numbers. You have to be the Big Bad Social Media Police. Sorry for the cliché, but these are teachable moments, if you remain calm. Explain to yourself the red flags you see. Learn how to be discerning.

No Such Thing as DELETE

4 Your profiles, your pictures, your words-all of these may stay floating around the internet for eternity. Most apps and social media platforms will let you deactivate your account, but few of them will let you delete them. So be very careful of what you are posting - thoughts, pictures!

Boundaries Are Important

5 This is crucial - know that there are some age-restricted social mediums that you must not enter if you are not qualified. Also remember that bullying online could land you in serious trouble. Keep away from bad company because they could drag you into problems. Last, but not the least; never hurt anyone and stop encouraging people who do that.

DISCUSSION BOARD: Let Us Take A Pledge To Use Online Responsibly. Can You List Out A Few More Pointers To Help You Deal With Online responsibility.

Man is born with some good and bad qualities. Habits once formed can hardly be changed. They become a part of our nature. So, man's character is an aggregate of inborn nature developed through habit. Good habits produce good nature and effects.

SHUBHAM HAM KUMAR,
Vivekananda School, Dehradun

You Said It

According to Hindu mythology, there are demons who are very cruel. Through Black magic they could kill the devotees and also normal people. Then all the gods appeared as supreme personalities on earth to kill the demons and protect people.

BENWISH RAJA, VI(C), DPS,
Mirzapur

When things go wrong as they sometimes will. When the road you're trudging seems all uphill. When funds are low and debts are high. And you want to smile, but you have to sigh. Rest, if you must, but don't you quit. Life is queer with its twists and turns. As everyone of us sometimes learn. And many a failure turns about. And you want to smile, but have to sigh.

MAITREYI SINGH, class VII, Our Lady of Fatima Convent Secondary School

PIC OF THE DAY



Name: Darshali Agarwal
Class: II
Age: 7-years old
School: Witty International School, Bhilwara

Learn to paint

Always wanted to learn painting but never had the time? Make use of extra time at home to do an online painting course.

Where can you get it? Check [udemy.com](https://www.udemy.com) where you can enroll in 'Discover How to Draw and Paint Comics' for ₹385. What you get here is 60 hours

of video lessons. In this course, you will learn to draw the human figure, muscles, heads, emotions, cartoons, 3D shapes, form, lighting, and more.

Basics needed for the course: A pencil and paper will do just fine for most of the lessons but you will need Photoshop cs5 for one of the chapters on painting.

ART AWARE



WUZZLES

WUZZLES

WUZZLES BOOKLET

THE TIT THE TIT THE TIT

AMERICA

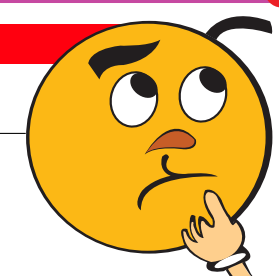
THE TIT THE TIT THE TIT

AMERICA

Quiz time

NEHRU

Aishwarya C, class VIII, NPS Kengeri, BIR



named 'Bharat Ek Khoj' in 1988. The serial was based on a memorable book written by Pandit Jawaharlal Nehru. What was the name of that book?

Q.1) In India, 14th November, the date of birth of former prime minister Jawaharlal Nehru, is celebrated as 'Children's Day'. On which date is 'Children's Day' celebrated internationally?

- A. 20th November
- B. 1st January
- C. 20th October
- D. 14th February

Q.2) Shyam Benegal, the popular Indian filmmaker made a great TV serial

MORE ACTIVITIES

- A. An Autobiography
- B. The Truth Unveiled
- C. Glimpses of World History
- D. The Discovery of India

Q.3) When Jawaharlal Nehru became the prime minister of independent India, he delivered an inaugural address to the nation which has been given a special name. What is that name?

- A. A Tryst with Fate
- B. A Tryst with India
- C. A Tryst with the Nation
- D. A Tryst with Destiny

ANSWERS

1. A) 20th November 2. D) A Tryst with Destiny 3. D) The Discovery of India

FAMILY CIRCUS



"Dolly's kissin' Kitty on the mouth! Is that good or bad for Kitty?"



THE TIMES OF INDIA

www.toistudent.com

CLICK HERE: WWW.TOISTUDENT.COM

1 ONE NATION, ONE VOICE: A group of 100 singers, including Asha Bhosle, Kumar Sanu and Sonu Nigam, have recorded an anthem for the frontline warriors fighting the coronavirus pandemic

2 CONTEST: HAVE YOU TRIED COLLABORATIVE WRITING
<https://toistudent.timesofindia.indiatimes.com/news/leadership/contest-have-you-tried-collaborative-writing/51079.html>

3 RACE FOR COVID-19 VACCINE INTENSIFIES
<https://toistudent.timesofindia.indiatimes.com/news/top-news/race-for-covid-19-vaccine-intensifies/51040.html>

STUDENT EDITION
 TUESDAY, MAY 5, 2020
 WEB EDITION



APP-LY IT FOR...



FOCUS AND MOTIVATION

CLOCKWORK TOMATO: A timer and activity logger, it aims to boost productivity by breaking down work periods into 25-minute slices, separated by short breaks. The idea is to move away from your desk and do something completely different, perhaps fun, active or relaxing.

APP: ALARM.MY: Billed as the app that will make your roommates hate you, Alarmy can be set up to not switch off until you take a photo of something specific – ie the front of your house – which ideally encourages you away from the duvet and into study mode.

APP: WRITTEN? KITTEN! Struggling to write that essay or novel? How about a cute kitten picture reward every time you write 100 words? Written? Kitten! offers just that.

APP: COLD TURKEY: So obsessed we are with distracting ourselves with random web browsing that there are, of course, countless apps which now allow you to block websites that you find divert your work. You can look forward to receiving a joyful message of encouragement when you try to click on one of your banned sites.

irecommend

'BOOK OF HOPES' DEDICATED TO COVID-19 WARRIORS

Bloomsbury has launched award-winning author Katherine Rundell's 'The Book of Hopes: Words and Pictures to Comfort, Inspire and Encourage Children in Lockdown' as a free PDF on the website of its National Literacy Trust (literacytrust.org.uk/the-bookofhopes). The book features over 100 authors and illustrators aiming to foster hope in children via delightful and comforting stories.

TO READ IT, CLICK:
https://issue.com/bloomsburypublishing/docs/the-bookofhopes_interactivepdf

LIFE IN POST COVID WORLD

Will 'BUNKERING' be our new lifestyle?

Did you know presently, we are leading a life of 'bunkering'? Yes, you heard it right. It is a term that was popularised by New York-based futurist and marketing consultant Faith Popcorn in 2015. So, what is bunkering? We find out...

"Bunkering means an impulse to go inside when it just gets too tough and scary outside," says Dr Sonal Anand, Psychiatrist, Wockhardt Hospital, Mumbai. In fact, according to her, "Our homes have become our castles where we retreat and avoid interacting with those around us (except via social media)."

THE CHALLENGE

While bunkering may be the new normal, it will raise problems like nature deficit – not getting to see greenery, sky and fauna. To fight this, "watch videos about nature, use binoculars for bird watching from home, among others," suggests Dr Santosh Bangar, a psychiatrist.



THE BIG Q: WILL THIS LIFE CONTINUE AFTER THE PANDEMIC?
 "Staying in is definitely going to become the new normal, even after the virus goes away. Fear of the next pandemic or any other apocalypse has always been the number one fear for the human race. It might take quite a long time for people to get back to pre-pandemic state," explains Anand

THE FUTURE OF FLYING

According to experts, flying norms is surely going to change post the pandemic. Here are some of them...

- Report to the airport three hours prior to your flight departure
- Contactless check-in
- Pre-flight briefings
- Mask at all times (including in flight)
- 2 or 3 temperature checks per person
- Strictly one carry-on (5 kg)
- Floor markers everywhere in the airport
- Hand sanitisers at every point
- Alternate check-in counters
- Cabin aerosol disinfection
- Training of staffs for COVID emergencies
- Crew temperature check



- Health declaration before arrival at the airport
- Temperature check on arrival
- Transit passengers can't leave airport
- Additional food safety guidelines
- Immediate isolation of sick passengers
- 'Sanitagging' of bags along with UV sterilisation
- Much longer boarding/dismarking process
- Socially distanced waiting areas

HRD ministry formulating guidelines for schools, colleges to ensure social distancing when they reopen

New seating matrix (specialised and adaptable seating), staggered classes, different mess and library rules, revamped hostels and canteens could be part of students' socially-distant lives in schools and colleges when they return. According to reports, the HRD ministry is formulating safety guidelines to be followed whenever classroom learning is resumed.

For schools, suspension of morning assemblies and sports activities in the playground, norms for school buses, do's and don'ts in washrooms and canteens and regular disinfection of entire buildings, could be part of the guidelines. Masks will be mandatory part of school uniforms. For residential schools, guidelines will detail social distancing norms to be followed in mess and hostels.

Harry and Meghan's biography to be published this year?

BOOKS



A biography on Harry and Meghan, the Duke and Duchess of Sussex, is all set to hit the stands soon. According to 'Daily Mail', the book titled 'Finding Freedom: Harry and Meghan and the Making of a Modern Royal Family' is set to be released worldwide online on August 11, with the hard copy on sale from August 20.

Written by journalists Omid Scobie and Carolyn Durand, a description of the biography on Amazon promises to offer an 'honest, up-close, and disarming portrait' of the 'confident, influential, forward' Prince Harry, 35, and Meghan Markle, 38

NEWS IN BRIEF

CLICK HERE FOR MORE

APPS DON FACE MASKS TO PROMOTE HEALTHY PRACTICES AMID COVID-19



TECH

Internet companies like Urban Company, MakeMyTrip, Dunzo, HealthifyMe and Zomato are changing their social media handles and app icons to promote wearing face masks as a hygiene practice amid the COVID-19 pandemic.

Apna Mask initiative – an effort by StartUpsVsCOVID is promoting homemade masks and aims to drive behavioural change to ensure that people wear masks. The #ApnaDeshApnaMask campaign kicked off by many startup stalwarts have garnered 100 million outreach across digital platforms, including WhatsApp, Twitter, Facebook and Instagram. Others like TOI has started a mask campaign

No doubles match, no handshake: New 'return to tennis' guidelines



SPORTS

The International Tennis Federation (ITF) has issued a set of guidelines for local and national-level competitions when tennis returns to action once the restrictions put in place, due to coronavirus pandemic, are lifted.

The guidelines include arriving at a venue already dressed and leaving immediately after the conclusion of a match, no handshake, no sharing of equipment (racquets, towels, water bottles, etc), no doubles matches. It also says that competitions should be held without spectators

GOOD CAUSE



New York Girl Scouts are counting the birds in their backyard

New York-based Girl Scout troop has embarked on a unique bird-counting project, ahead of annual Global Big Day, a counting of the world's birds, on May 9. Each girl will stay in her own backyard or hike solo with members of their own households and report their birding observations online. The project, known as 'Girls of a Feather' gives the troop the opportunity to learn by working with Cornell University's Lab of Ornithology in Ithaca.

To participate in this global bird counting project, you can sign up on www.ebird.org

Emissions declines will set records this year



ENVIRONMENT

Global greenhouse gas emissions are on track to plunge nearly 8% this year, the largest drop ever recorded, as worldwide lockdowns to fight the coronavirus have triggered an "unprecedented" decline in the use of fossil fuels, the International Energy Agency said. Many countries are using less electricity as offices, restaurants and movie theatres are closed.

Despite the record drop in emissions, scientists cautioned that the world faces an enormous task in getting global warming under control. The UN has said that global emissions would have to fall nearly 8% every single year between now and 2030, if countries hoped to keep global warming well below 2 degrees Celsius



FACTOID

7.7 CRORE

People across the globe watched 'Ramayan' on Doordarshan on April 16 – a world record in itself. Aired again after 33 years, it has become the highest viewed entertainment programme globally. Written, produced and directed by Ramanand Sagar, Ramayan, first aired on Doordarshan in 1987 and acquired a cult status over the years.

B' DAY CHEERS

Want to celebrate your bday? Blow out the candles on a virtual call



In a strange twist, a pandemic birthday party might actually be the easiest party you ever throw. A birthday party under normal circumstances takes hours of preparation: cooking and cleaning, decorating and primping. This year, you only have to get dressed from the waist up and tidy the corner of your home that people can see on video chat. You can also take advantage of the new format to include far-flung family and friends who might not have been able to join an in-person gathering.

MAKE IT HAPPENING

- Make sure people have clear instructions on how they can attend a virtual call.
- Zoom works, but you'll be limited to a 40-minute trial, if you do it for free. You could also try a Google Hangout, which is free and unlimited.
- On the invitation, put the start time (with your time zone, if you're inviting people from different regions), as well as detailed instructions for how to join the call.
- As host, call on people. Organic group conversation over chat is almost impossible, and everyone will be glad to have a chance to speak.
- (Remember cloud platforms for video and audio conferencing may have privacy issues. Do a thorough check before sending out invites)

You share your BIRTHDAY with

KARL MARX, MAY 5
 Karl Marx, a German philosopher, economist, historian, sociologist, political theorist, journalist and socialist revolutionary, is best known for his 1848 pamphlet, 'The Communist Manifesto', and 'Das Kapital'

GET INSPIRED

The greatest minds flourished DURING SELF ISOLATION

They say challenges bring new opportunities and enable us to push ourselves. Here's how these personalities turned adversities into success...

SHAKESPEARE



William Shakespeare, who was compelled to turn to poetry, when theatres shut down during the bubonic plague in Europe and Asia, wrote 'King Lear', 'Macbeth', and 'Antony and Cleopatra', some of the most brilliant works of art.

EDVARD MUNCH

Munch, the artist of the iconic 'The

Scream' painting, who had a traumatic childhood of isolation used these experiences to develop "macabre sensibilities", which in turn impacted his art and became a full blown career for him.

ISAAC NEWTON

Newton, famous for his laws of physics, began developing his own theories including the path the Moon takes around the Earth, when Cambridge University was forced to close in 1665 due to plague.





FUN-ZONE

HAVE A VIDEO TO SHARE? SEND IT TO US

LEARN WITH THE TIMES (NIE): Mini Nair, principal of National High School, Hazra Rd campus, talks about the lockdown period and what to learn from Times NIE. [Go to www.toistudent.com](http://www.toistudent.com) to watch the video. Have a video on how to deal with this current lockdown? Send us 1) Clear videos 2) Of 2minute duration 3) With details (name, class and school) 4) At timesnie175@gmail.com



CHECK YOUR APTITUDE

- The age of two boys A and B are 6 years 8 months and 7 years 4 months respectively. Divide ₹ 3,150 in the ratio of their ages.
A. 1800 and 1350
B. 1500 and 1650
C. 1600 and 1550
D. 1400 and 1750
- Three persons start a business and spend ₹ 25000; ₹ 15000 and ₹ 40000 respectively. Find the share of each out of a profit of ₹ 14400 in a year.
A. 8500, 2800 and 3100
B. 6800, 5300 and 2300
C. 9100, 3800 and 1500
D. 4500, 2700 and 7200
- Pollination by birds is called:
A. Ornithology
B. Ornithography
C. Ornithobiology
D. Ornithophily

ANSWER:

- B) ₹ 1500 and ₹ 1650
- D) ₹ 4500; ₹ 2700 and ₹ 7200
- Ornithophily

Dhyan S Honnagiri, class V, NPS Kengeri, Bengaluru

FAMILY MOOD BOARD - RED, GREEN OR ORANGE!

Make a chart with every family member's name/picture and a side chart with red, green and orange colours.

It will become a collective outlet for families going through tough times.

This mood board will also sensitise everyone to each other's moods besides being a super fun exercise.

After all, that's how the country is divided now.

Each day every member can tick mark their mood - RED for a tough day, ORANGE for okay days, and GREEN for happy days.



Along with the ticks, the family members can explain their mood in one liners.

CURRICULUM EXERCISES

Q.1) Animals that feed on dead animals are called ____.
A. Scavengers B. Omnivores C. Carnivores D. Herbivores

Q.2) Plants grown and cared for in a field are known as ____.
A. Crops B. Yeast C. Penicillin D. Fungi



Niharika Bhat, class VIII, NPS Kengeri, Bengaluru



KNOWLEDGE BANK

SOLO-Rhodiola rosea
This is the special plant named 'solo' that is found in Ladakh. Solo is the local name of the herb scientifically known as Rhodiola



rosea. It is said that the plant is a boon for those living in high altitudes as it has many medicinal properties. Solo helps to keep the immune system strong in low oxygen areas, as well as radio-protecting ability, anti-depressant and appetiser properties. The leafy parts of the plant are used as a vegetable by the locals.

Aahana K P, class V, NPS Kengeri, Bengaluru

Quiz time

MIND YOUR MANNERS
Are You Good Mannered?
Take this quiz to find out more



- Look out the window
- Check out the game on your tablet
- Talk over them while they are talking

1. It is important to use good manners. Using good manners means that you show ____ to other people and their property.
A. Humor, B. Sadness, C. Respect, D. Vandalism

2. 1. If someone is speaking to you, what should you do?
A. Use eye contact to show you are listening

3. When you go out to eat at a restaurant, what should you do while people at your table are being served?
A. Talk with your mouth full
B. Go ahead and eat since you're hungry
C. Wait until everyone has been served
D. Play games on your tablet

ANSWERS

- C. Respect
- A. Use eye contact to show you are listening
- A. Wait until everyone has been served.



Word Wise

Examples

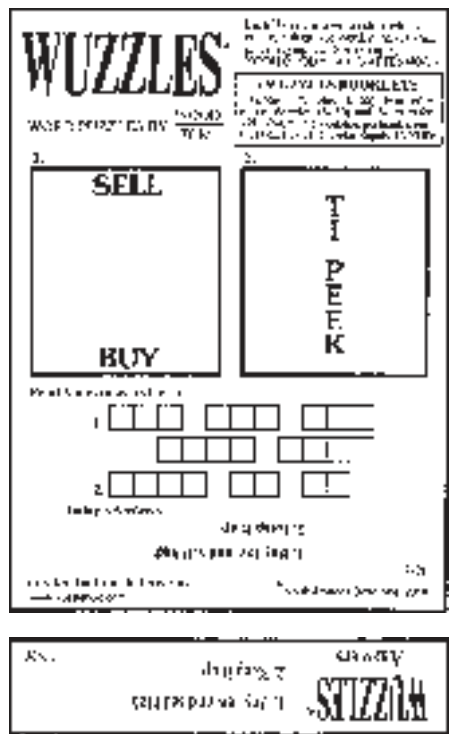
- She **cleaned** out the cupboards.
- Give the floor a good **cleanse**.
- Use an electric toothbrush to **scour** off plaque.
- The driver took very long to **polish** the glass.

Clean or brighten the surface of (something) by rubbing it hard, typically with an abrasive or detergent.

Synonymous words:
clean, cleanse, scour, polish, wash, wipe, shine, abrade, furnish, Scrub, rub,

Siri R, class V, NPS Kengeri, Bengaluru

WUZZLES



FAMILY CIRCUS



IDIOM OF THE DAY

BITE THE BULLET
Meaning: To do something difficult or unpleasant that one has been putting off or hesitating over, since it is inevitable.

POORVI M S, class VIII, NPS Kengeri, Bengaluru

GARFIELD



Painters' Gallery

SCHOOL IS COOL



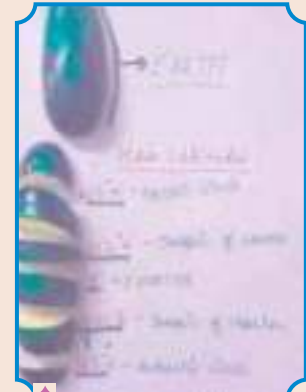
Abhinav Das, Class VIII, DPS, Rajkot



Koyna Jani, Class X, Gyanda Girls high school



Ghoshal, Class Sr KG, Shanti Asiatic School



Nidhi Santosh, Class IX, Essar International School, Surat



Dhyye Bhatt, Class V, SGVP International School



Ananya Thapliyal, Class VIII, DPS, Bopal



Priya Rana, Class VII, K.V. (SAC) Vastrapur



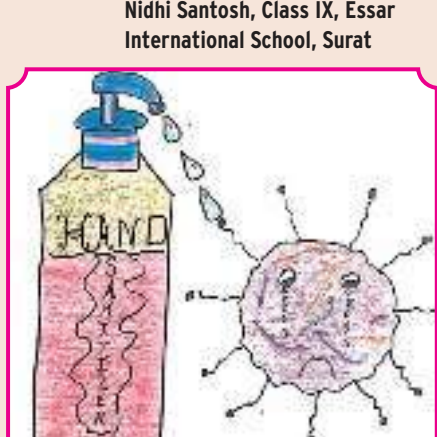
Era Thakkar, Class III, Podar International School, Gandhinagar



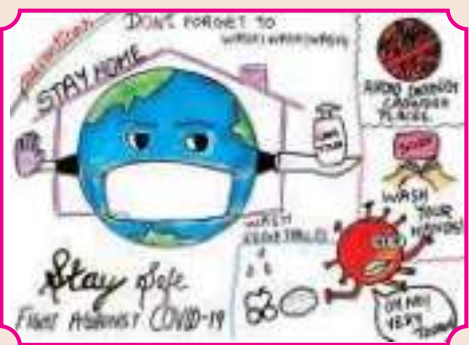
Sanket Gandhi, Class VIII, Tripada English School



Hirva, Class V, Siddharth's Miracles School



Vraj Dharani, Class VI, St. Xavier's Loyala Hall



Krishna Dharani, Class X, Maharaja Agrasen Vidyalaya



Navya Vaidya, Class I, St Kabir School



Virika Joshi, Class V, Zydus School for Excellence



Arihaan Thapar, Class I, Anand Niketan





THE TIMES OF INDIA

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1 DON'T MISS OUT: Online v/s classroom teaching which is better? Click here: <https://toistudent.timesofindia.indiatimes.com/news/top-news/online-vs-classroom-teaching-which-is-better/50786.html>. Don't forget to leave your comments

2 HOW TO INTERACT WITH EXTROVERTS
<https://toistudent.timesofindia.indiatimes.com/news/how-to/interact-with-extroverts/50731.html>

3 TUNE IN: Bonding over radio: Novelist Ruskin Bond narrates his short stories on AIR. The broadcast is available on Prasar Bharati's mobile app NewsOnAir at 7.10 am and 10.10 pm daily till May 15

STUDENT EDITION
MONDAY, MAY 4, 2020
WEB EDITION

Make physical activity part of your routine during lockdown

Yes, you heard it right. Don't compromise on your physical activity, even if you are unable to step out during these lockdown period. Infact, according to experts, it's important that people make whatever use of their environment they can and take the opportunities to keep the physical activity going. So, follow these recommendations to stay fit and healthy...



1 Take up a **health activity** along with your family. Encourage your parents and siblings to join you in yoga, dance, meditation, etc. It will keep

you agile and fresh.

2 Avoid continuous **screen time**. Break up extended sedentary periods every 30 to 60 minutes.

3 Keep your **bedtime and rising time** consistent.

4 Avoid using your **cell phone** before going to bed.

Q What is your fitness regime? Share your workout routine along with your videos at timesnie175@gmail.com



Thunberg donates \$100,000 to support children

Swedish climate activist Greta Thunberg has donated a \$100,000 prize she won from a Danish foundation to the United Nations Children's Fund (UNICEF) for use against the Covid-19 pandemic, the world body said. "Like the climate crisis, the coronavirus pandemic is a child rights crisis," Thunberg, 17, was quoted as saying in the UNICEF statement. "It will affect all children, now and in the long term, but vulnerable groups will be impacted the most," she said adding "I'm asking everyone to step up and join me in support of UNICEF's vital work to save children's lives, to protect health and continue education."

Meanwhile, actor Priyanka Chopra has also joined hands with Greta and UNICEF for a campaign for kids' cause

Indians should work for 60 hrs a week for 2-3 yrs to fast-track economy: Murthy

Infosys co-founder Narayana Murthy has said that Indians should take a pledge to work for 60 hours a week for the next 2-3 years "so that we can fast-track the economy". He also urged the government to take steps to streamline the process. "The government should appoint a committee of well-respected and accomplished people to advise them on how to remove hassles for these businesses, like during economic reforms of 1991," he added.



FACEBOOK LAUNCHES MESSENGER KIDS IN 70 NATIONS, INCLUDING INDIA

Facebook has rolled out Messenger Kids globally, including India, adding in new opt-in features for parents to help their kids connect with their friends.

➤ Messenger Kids is a video chat and messaging app that helps kids connect

with friends and family in a parent-controlled space. Messenger Kids was first launched in the USA in 2017. ➤ Messenger Kids is compliant with the Children's Online Privacy and Protection Act (COPPA)

TECH BUZZ

MICROSOFT WORD CONSIDERS TWO SPACES IN SENTENCES AS ERROR

Microsoft Word has started flagging two spaces after a full stop as an error, settling the great space debate once and for all. First

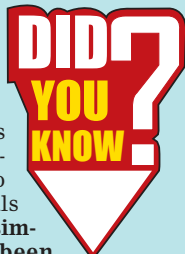
The debate goes back to the typewriter days when characters like "!" used to get the same space. It necessitated the rise of two spaces, after a full stop to make the differences prominent

WORDSWORTH

spotted by the University of Denver law prof Alan Chen, the change is being rolled out gradually across Microsoft Word.

YOUTUBE'S FIRST VIDEO WAS UPLOADED 15 YEARS AGO!

On April 23, 2005, an 18 seconds-long video was uploaded to YouTube. The clip titled 'Me at the Zoo' was shared by the site's co-founder Jawad Karim. The video shows Karim standing in front of an elephant exhibit at the San Diego Zoo telling the camera that the animals have 'really long trunks.' Although simple and short, the video has been viewed more than 90 million times since making its debut 15 years ago.



NEWS IN BRIEF

CLICK HERE FOR MORE

FEEL GOOD



NASA TO NAME ITS FIRST MARS HELICOPTER AND CREDIT GOES TO A DESI GIRL

NASA's first Mars helicopter has a name now and the credit goes to 17-year-old Indian-origin girl Vaneza Rupani. Rupani, a high school junior from Northport, Alabama, earned the honour of naming the helicopter after she submitted her essay into NASA's "Name the Rover" contest. Destined to become the first aircraft to attempt powered flight on another planet, NASA's Mars Helicopter officially named: **Ingenuity**, as suggested by Rupani.

NASA's Mars Rovers would be named 'Perseverance' based on a seventh-grader Alexander Mather's essay

COVID-19 EFFECT: ONLY STREAMED FILMS TO BE ELIGIBLE FOR OSCARS 2021

The Academy of Motion Picture Arts and Sciences will allow only those films streamed online for the forthcoming Oscars in the wake of the shutdown caused by corona. The films that had a planned theatrical release but are made available on a commercial streaming or video on-demand service may qualify in the best picture and specialty categories. Earlier, it required that a film be shown in a commercial motion picture theatre in Los Angeles County for 7 consecutive days.

The 93rd Oscars will be held on February 28, 2021

ENTERTAINMENT



SANIA MIRZA BECOMES 1ST INDIAN TO BE NOMINATED FOR FED CUP HEART AWARD

Indian tennis star Sania Mirza became the first Indian to be nominated for the Fed Cup Heart Award from the Asia/Oceania zone along with Indonesia's Priska Medelyn Nugrorho. Sania had recently made a comeback to Fed Cup after four years. The winners of the Heart Awards will be determined by online voting by fans which will go live on May 1 and will go on until May 8.

SPORTS

The Fed Cup Heart Award is an International Tennis Federation (ITF) initiative that rewards players for their commitment to the competition

FACTOID

\$2.5 MILLION

That's the price of one of the world's largest lunar meteorites, that will go for sale at Christie's soon. The moon rock, weighing over 13.5 kg, was probably struck off the surface of the moon by a collision with an asteroid or comet, fell on Earth and was found two years ago in the Sahara Desert.

Known as NWA 12691, it is thought to be the fifth largest piece of the Moon ever found on Earth. Approximately 30 different meteorites were collected by the researchers



WHAT TO DO?

BEGINNERS CODING

The following online coding courses can be ideal for beginners looking to pick up a new skill set, and even pros looking to add a new language.

WEB DEVELOPER BOOTCAMP, UDEMY: The web developer bootcamp course at Udemy is possibly one of the most comprehensive coding courses that you will find online, and on top of that, is available right now at a nominal fee. Through this course, even if you are a complete novice, you will learn how to code in HTML, CSS, Javascript and more. Some of the course's highlights include letting you build your own blog application, a browser-based game, animated apps, responsive webpages and more.

PYTHON FOR EVERYBODY, COURSERA: With Python being a core entity of data analytics, this free to access Coursera programme is actually one of the very best around. The course takes a novice user through the basics of Python semantics, as well as techniques such as database management, web scraping, data structuring and more.

LEARN FROM CELEBS

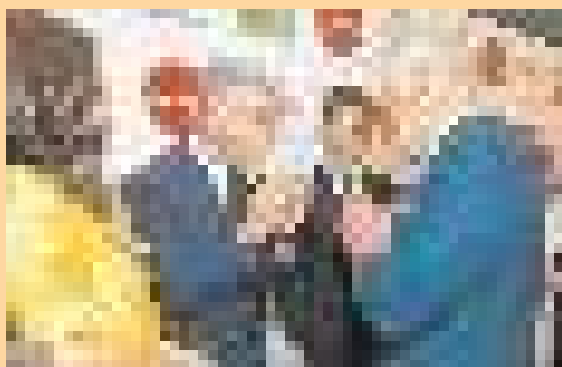
Geography classes by David Attenborough on BBC. He will be hosting lessons on our planet's oceans, mapping the world, and why animals look the way they do.

Spanish from Sergio Aguero. Sergio Aguero, Manchester City's star striker, turns his attention to numbers as he sets about getting kids across the country counting in Spanish on BBC.

Force, the solar system etc by Prof Brian Cox. Physicist Brian Cox will bring science lessons to life as he covers topics including the solar system, force and gravity.

MANNER WISE

Hello! NO TOUCHING



Social distancing in the times of coronavirus has forced people do away with the handshake greeting. Apart from namaste, three forms of contactless greetings are used in various parts of the world.

TIBET: A traditional greeting by the residents of the Himalayan plateau region involves sticking the tongue out. According to Tibetan folklore, a cruel ninth century king had a black tongue, so people stick out their tongues to show guests they are not like him.

ZAMBIA: The Kunda and Tumbuka ethnic groups use a traditional greeting that involves cupping their hands together and clapping a couple of times. They also say "mulibwanji (hello)" or "mwakabwanji (good morning)" along with it, depending on the time of the day. To convey more respect, they add a squat. The lower the squat, more the respect.

THAILAND: This form of greeting involves a Namaste with a bow of the head. If you want to convey more respect, then just bow deeper and place your hands higher. Chest level for usual greeting; face level for an elder or a superior. SOURCE: NG

MYTH BUSTER

'Holding your breath can help test for coronavirus'

MYTH: You will be Covid-19 free, if you are able to hold your breath for 10 seconds with no discomfort.

FACT: According to WHO, this is untrue and dangerous as well. Being able to hold your breath for 10 seconds or more without coughing doesn't mean you are free of coronavirus, or for that matter, any other lung disease.

Fears about the virus have prompted the spread of misinformation on how to know if you do have Covid-19. The most common symptoms of Covid-19 are dry continuous cough, tiredness and fever. The best way to confirm if you have the virus causing this disease is with a swab test.

Red, Orange and Green zone districts

X-PLAINED



WHAT

The government has updated the list of hotspots across the country, based on the cumulative cases reported and the doubling rate, after a secretary level meeting with the states.

HOW RED ZONES

These are areas reporting a large number of cases or high growth rates such as Mumbai and Pune, New Delhi or Indore in Madhya Pradesh.

ORANGE ZONES

Districts that do not have enough con-

firmed cases to meet the 'red zone', but are being seen as potential hotspots, are part of the 'orange zone'.

GREEN ZONES

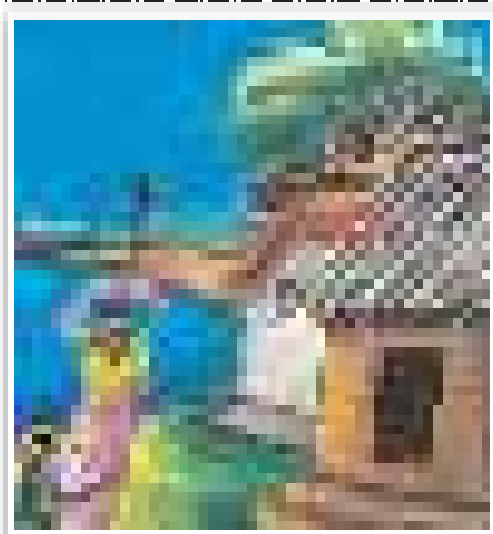
A district will be considered under Green zone, if there are no confirmed cases so far or there is no reported case since last 21 days in the district. Therefore, a 'red zone' can potentially become a 'green zone' if no new cases are reported for 28 consecutive days.

YOUR ART TEACHER SAYS...

WHY USE ART FOR SOCIAL SKILLS?

As an art teacher or a teacher who incorporates art into classes, I can tell you that children get a lot out of engaging with creative work. They can express their ideas and grow comfortable and confident with a wide variety of materials and modes of expression. Art can be therapeutic for many children, helping with stress relief and the management of difficult emotions. - Shweta Jha, art teacher, SNS

SOME PAINTINGS FROM OUR PAINTERS GALLERY



Aditri Sarangi, Class VI B, Mother's Public School Unit 1, Bhubaneswar



Saksham Saraswat, Class VIII, Vivek High School, Mohali

S V S Nikhita, Section V-C, PSBB Learning Leadership Academy, Bengaluru

NOW YOU CAN HELP MOWGLI



Activities by: <https://penguin.co.in>

FROM THE PRINCIPAL'S DESK

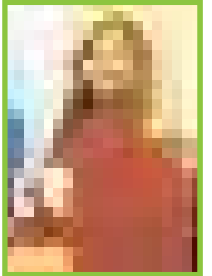
WHEN YOU CAN'T GO OUTSIDE, GO INSIDE!



Inside Out' is an animated movie which is literally and metaphorically a roller coaster of emotions, making it an apt movie to be enjoyed during these trying times. Change is the only constant in life - that's what this crisis of COVID-19 has proved to the human race and reminded us that we are adaptable, resilient, creative and hopeful. In such tough times, it's important to be mindful and focus on our thoughts and build on what we can - relationships, skills, knowledge and the works.

The movie navigates us into the deep recesses of our mind, demonstrating how the emotions of joy, anger, sadness, have significant roles to play. Joyous and adventurous, it's a story of how feelings have feelings. This too shall pass my dearies! Hop on and explore your feelings while the world has hit the 'Pause' button.

Sonal Narang, Senior Vice-principal, Anand Niketan, Ahmedabad



BOOKS TO READ

Nitya.shukla@timesgroup.com

'The Colour of Magic' by Terry Pratchett

The first book in Pratchett's Discworld series introduces us to the land of Discworld. In this world, an inept wizard - Rincewind is helping a naive tourist - Twoflower BUT his luggage moves on hundreds of little legs.

once was called Sparrowhawk in his reckless youth.

'Artemis' by Andy Weir

Discover Artemis, the first and only lunar city that is home to eccentric billionaires and smugglers but resources are tight. The protagonist Jazz sees the chance to commit the perfect crime, with a reward too lucrative to turn down.



'The Hitchhiker's Guide to the Galaxy' by Douglas Adams

Arthur Dent, a human, is saved by Ford Prefect, a researcher for the revised Guide and an alien, just seconds before Earth is destroyed for a galactic freeway project.

'A Wizard of Earthsea' by Ursula K Le Guin

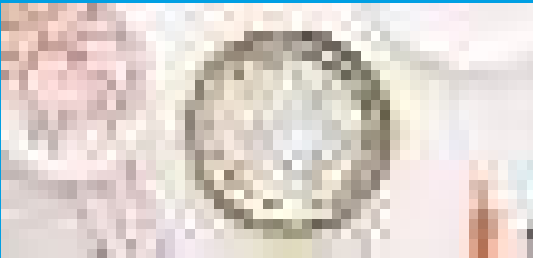
The story of Ged, the greatest sorcerer in all of Earthsea, who was

PLAY WITH MATILDA

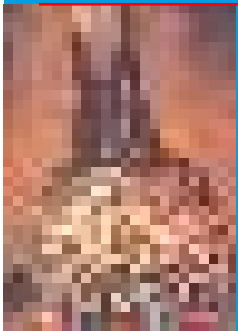


Activities by: <https://penguin.co.in>

LOCKDOWN DIY

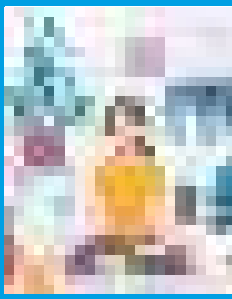


1 PAPER-PLATE DREAM CATCHER: You will need yarn, paper plate, sharp pointed scissors, hole punch, pony beads and feathers. Cut out the centre of the paper plate. Use the punch to make holes around the inside rim. Measure out three feet of yarn and tie one end at a hole. Weave the yarn. On the last hole, pull the yarn through and then string a few pony beads.



2 PAINT YOUR OLD GLASS BOTTLES: You will need glass bottles, acrylic paints and brushes. Clean an old glass bottle thoroughly. Use acrylic paints in various themes, colours, styles, of artwork. Learn online regional art forms like Warli, Madhubani, Gond and replicate on glass.

3 MINDFULNESS MEDITATION: Lockdown can be taxing emotionally for kids and they might exhibit stress. Practicing mindfulness meditation can give them a jump start for accessing many benefits in the long run including developing positive traits.



FROM THE HOBBY CLASS

(PHOTOGRAPHY FOR AGES 5-10)

ACTIVITY IDEAS:

- **LEARN YOUR COLOURS** - Walk around the house or outside and look for things of a certain colour and photograph them.
- **STARTS WITH...** - find objects that start with a certain letter and photograph them.
- **YOUR NAME** - You could either find objects that start with the letters in your name. Alternatively, you can look for things that look like letters to make your name. It will be a very creative exercise.



(PHOTOGRAPHY FOR AGES 10+)

- **RULE OF THIRDS:** Basic compositional guide that has been used by artist and photographers alike for many years. Simply view your scene as if a tic-tac-toe board was over it. Place the subject on one of the intersecting lines.
- **LIMB CHOPS:** This is an important skill to know when

photographing people or animals. In short, don't crop your subject at all if the joint bends.

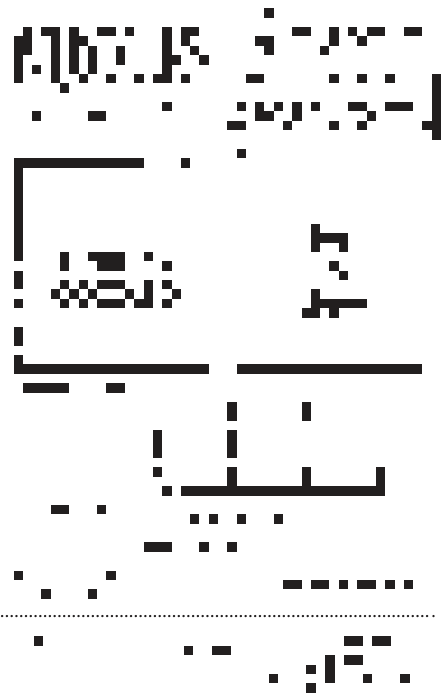
- **LEADING LINES:** This is a more advanced technique. Look for lines that will guide the viewers eye through the frame and lead them to the subject.
- **FILL THE FRAME:** If you have an interesting subject, don't be afraid to fill the entire frame with it.

■ **NEGATIVE SPACE:** Another powerful composition technique, this can create a dramatic look and really make the subject pop.

Class to be continued tomorrow.

MORE ACTIVITIES

WUZZLES



Quiz time

GENERAL KNOWLEDGE

Q.1) Grand Central Terminal, Park Avenue, New York City (NYC) is the world's ___.

- A. Largest railway station
- B. Highest railway station
- C. Longest railway station
- D. Busiest railway station

Q.2) Exposure to sunlight helps a person improve his health because ___.

- A. The infrared light kills bacteria in the body
- B. Resistance power increases
- C. Pigment cells in skin are stimulated to produce a healthy tan
- D. The ultraviolet rays convert skin oil into Vitamin D



Q.3) First Afghan War took place in ___.

- A. 1639
- B. 1839
- C. 1739
- D. 1869

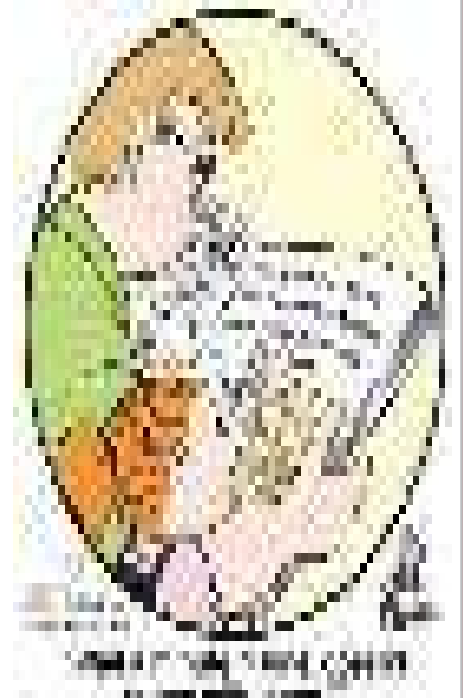
Q.4) Federation Cup, World Cup, Allywyn International Trophy and Challenge Cup, are awarded to winners of ___.

- A. Cricket
- B. Volleyball
- C. Kho Kho
- D. Football

ANSWERS

- 1. A) Largest railway station
- 2. D) The ultraviolet rays convert skin oil into Vitamin D
- 3. B) 1839
- 4. B) Volleyball

FAMILY CIRCUS



THE TIMES OF INDIA

www.toistudent.com

IT'S
HERE

Launching today:
A special page 2
to
challenge
you and your parents

Tell us, **who knows**
history more - Dad, Mom or you? Do
this match the monarch activity!

Be a cool linguist and
figure out a new language
with your parents. Try
these tips!

Be a word
specialist
and let
IT SHOW

Show us
how you
your parents
engage in
activities

MORE BONANZA: We plan to do this parent-child special page every Friday!
Let us know your feedback at timesnie175@gmail.com

STUDENT EDITION

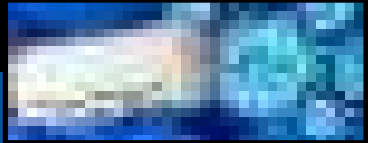
FRIDAY, MAY 1, 2020



WEB EDITION

COVID 19 WILL YOUR AC DO MORE HARM THAN GOOD?

Why keeping air conditioners between 24-30 degree C may be a good idea, states govt advisory



AIR CONDITIONERS: The temperature of the home-run AC should be between 24-30 degrees Celsius and humidity should be between 40-70%.

EVAPORATIVE COOLERS: Can use evaporative or desert coolers. Windows must be kept open.

ELECTRIC FANS: Windows should be partly kept open while using fans.

CENTRAL COOLING: Avoid. This is because if a person tests positive, the chances of him spreading the virus is higher when there is centrally air conditioned systems in place.

TIPS
FOR

Instant Homeschoolers

Do you suddenly find yourself homeschooling your kids (online classes, offline engagements etc)? Don't spend all day teaching, instead, spend time exploring together... and remember these tips too

TIP 1: GET YOUR CHILDREN TO TEACH YOU

In a Twitter thread all about how to homeschool effectively during the lockdown, British psychotherapist Philippa Perry recommends letting your children teach you first. This is seen as a way to establish a new learning environment. If a child sees you, their parent-teacher, sitting quietly and listening to what they have to say, they're more likely to reciprocate and view the living room or the kitchen counter as the new

Make the most of online educators:

For those wanting to stick closer to the classroom, the BBC has expanded its education offering, Bitesize, to include daily lessons in english, maths, geography and other subjects

"school" or place to learn. Perry also notes that "teaching something to someone else helps them to learn it".

TIP 2: BRING THE OUTSIDE INTO YOUR HOME

Businesses that usually rely on people and footfall are finding new ways to cope - while simultaneously helping struggling parents to occupy and educate their offspring. Museums and galleries, zoos and

PARENTS, DO REMEMBER!

1 That school at home takes much less time than school in a classroom.

2 Ask yourself what needs to be in place for you to stay well? And we mean emotionally, physically, mentally, and spiritually. Your health is so important.

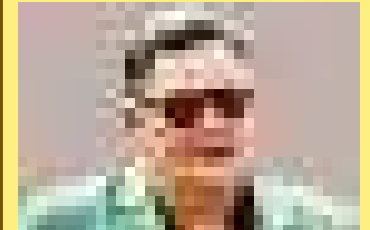
3 Another thing that you must immediately do - divide household work.

aquariums - even theme parks - are currently offering free virtual tours.

TIP 3: GET INVENTIVE

The UN recently shared some fun home learning activities to help teach your children about plastic waste. From making instruments out of discarded bottles, to putting on a "rubbish" fashion show, not only are these activities cost-free, they might actually help you to upcycle and reduce your plastic waste.

You can engage in some activities on page 2. Click here to participate online!



Rishi Kapoor

would like to be remembered with smiles, not tears: family statement

He remained jovial and determined to live to the fullest right through two years of treatment. Family, friends, food and films remained his focus and everyone who met him during this time was amazed at how he did not let his illness get the better of him. He would like to be remembered with a smile!

Prime Minister Narendra Modi called the actor a 'powerhouse of talent' and wrote,

“Multifaceted, endearing and lively...this was Rishi Kapoor Ji. He was a powerhouse of talent. I will always recall our interactions, even on social media. He was passionate about films and India's progress. Anguished by his demise. Condolences to his family and fans. Om Shanti.”

Amitabh Bachchan, who worked with him in films such as 'Amar Akbar Anthony', 'Kabhie Kabhie' and most recently, '102 Not Out', tweeted,

“He's GONE .. ! Rishi Kapoor .. gone .. just passed away .. I am destroyed !”

HOW TO:

BECOME A LOCKDOWN JOURNALIST

- 1 The priority of a journalist is to be accurately informed. Read, read, and read more.
- 2 While writing a story, remember the inverted pyramid. Most important information in the first para.
- 3 In this digital age, a reporter needs to be multifaceted. Authenticate your stories with pictures and videos.
- 4 A good reporter is also a good editor. Look for typos and errors.
- 5 Start a weekly journal amongst your friends. Encourage them to write about new developments in their areas.

- BY RITIKA KUMAR
WANT TO KNOW MORE? WRITE TO US AND WE DECODE IT FOR YOU!

AYE CAPTAIN, A POSTAL SALUTE FOR 100-YR-OLD

Captain Tom Moore, a 99-year-old UK war veteran who served in India during the World War II and has raised nearly 30 million pounds for a government-run health service, has been honoured with a birthday postmark to celebrate his 100th birthday. UK postal company Royal Mail will honour Captain Moore by stamping all letters with a special postmark, starting from this week.

FEEL GOOD

FILM FESTIVALS TEAM UP TO OFFER FREE GLOBAL FEST ON YOUTUBE

Film festivals worldwide are teaming up to launch "We Are One: A Global Film Festival," which will play out over 10 days and be available for free on YouTube. Tribeca Enterprises, the company behind the Tribeca Film Festival, and YouTube announced the online festival. Other festivals will also contribute curated programming, including the Cannes Film Festival, the Sundance Film Festival, the Venice Film Festival and those in Berlin, Tokyo and New York.

ENTERTAINMENT

WITH MOST CAMPUSES CLOSED, COLLEGE TOURS MOVE ONLINE

Virtual coffees with college students for high school juniors. Zoom sessions between applicants and admissions officers. Student guides offering welcoming messages in video selfies and scenic views of university campuses captured by drones. This is what spring college tour season looks like across countries where universities are going to great lengths to show off lecture halls, green space etc that have all been emptied out by the pandemic, albeit online.

ADMISSIONS

NEWS IN BRIEF

CLICK HERE FOR MORE

CLIMATE TECHNOLOGY MUST BE OPEN SOURCE, AVAILABLE AT AFFORDABLE COST: PRAKASH JAVADEKAR



POLICIES

Union Environment Minister Prakash Javadekar said just like the world is unitedly engaged in finding a vaccine for COVID-19, countries should work towards making climate technology an open source which must be available at affordable cost. He was speaking during the first virtual interaction with 30 countries in Petersberg Climate Dialogue.

PETERSBERG CLIMATE DIALOGUE
India along with 30 other countries participated in the dialogue, deliberating over ways and means to tackle the challenge of reinventing economies after COVID-19, while enhancing collective resilience and catalysing climate action.

DOGS ARE BEING TRAINED TO SNIFF OUT COVID -19

As the world is struggling to contain the coronavirus pandemic, could canines "revolutionise" the COVID-19 response by emerging as a "new diagnostic tool"? Experts believe so. Dogs are being trained in the US and the UK to sniff out the coronavirus. Eight Labrador retrievers are being trained under a University of Pennsylvania research project to determine whether canines have the capability to detect an odour associated with the coronavirus.

PET CAUSE

JETBLUE IS THE FIRST MAJOR AIRLINE TO REQUIRE MASKS FOR PASSENGERS

JetBlue will require passengers to wear face coverings starting next week, becoming the first major American airline to compel its customers to cover their noses and mouths since the start of the coronavirus outbreak. The policy, covers the duration of a passenger's flight, from check-in through boarding and deplaning, the airline said.

AVIATION

MICHELLE OBAMA'S NEW DOCUMENTARY TRACES HER BOOK TOUR

After their Oscar win with 'American Factory', Barack and Michelle Obama are back with a documentary titled 'Becoming', which gives an intimate, behind-the-scenes look on her book tour. The documentary is titled after the memoir, which was published in 2018. It offers an up-close look at Michelle Obama's life, taking viewers behind-the-scenes as she goes on a 34-city tour to promote her book. Along with the announcement, Michelle Obama shared a note expressing hope that the Netflix film will offer viewers "joy and a bit of respite" during our collective "struggle to weather this pandemic".

HOPE AND COPE

Michelle Obama shared a note expressing hope that the film will offer viewers 'joy and a bit of respite' during our 'struggle to weather this pandemic'

MANNER WISE

CORONA JOKES: HOW MUCH IS TOO MUCH



How wise is it to post and share coronavirus related jokes on your social media posts? Is it okay to do that and how much is too much! Share laughs about life in lockdown but don't joke about corona-related deaths, suggest etiquette experts. If you go too dark, you can actually add to the pandemic paranoia. Avoid doomsday jokes too. After all, you are living a difficult reality.

HEALTH BYTE

The bright side of dark chocolate

Chocolate increases insulin sensitivity and reduces blood sugar levels. Studies have also found that dark chocolate protects the skin against sun damage.



The takeaway: Dark chocolate is rich in antioxidants - when taken in moderate amount - it's good for health. Have 2-3 pieces on alternate days to get your share of antioxidants.

GOOD EATS

MANGOLICIOUS SORBET

Missing ice cream treats in the mall? Sulk not and whip up mango sorbet at home.
➤ The mango season is here - freeze two chopped mangoes for at least 5-6 hours.
➤ Place frozen chopped mangoes in

blender. Add ice and a dash of coconut milk.
➤ Once blended, place the mashed sorbet in ice cream saucers and top up with mint leaves.
(Sugar is optional - you can skip it - as ripe mangoes are very sweet.)
Recipe: Nutritionist ISHI KHOSLA

LOCKDOWN DIY



Ran out of your fave FACEWASH

Not getting your trusted face-wash in your nearby chemist store? Worry not. Make one from ingredients found in your kitchen. Here's the recipe:
Mix 7-8 tablespoon of besan (gram flour) with half teaspoon

turmeric and store in a clean container. When you need to wash your face, take one tablespoon of this mixture, add enough water to it and clean your face with it. This natural cleanser is free of chemicals too - which is a great plus for the environment.

"Every flower is a soul blossoming in nature."
GÉRARD DE NERVAL, FRENCH WRITER AND POET

ACTIVITIES FOR PARENTS AND ME

JULIE'S LIBRARY SHOW

Oscar winning actress Julie Andrews is also an avid reader. The star has co-authored 30 books for children and young adults with her daughter Emma Walton Hamilton. And now, the mother-daughter duo has launched a new podcast 'Julie's Library' for children and families. Andrews announced the news through a post on social media. "I am absolutely delighted to share a sneak preview @JuliesLibraryShow, my upcoming #storytime #podcast co-hosted by my daughter, author Emma Walton Hamilton. Starting April 29th, you can join us every

Wednesday to hear a new #book. We can't wait to read with you! Listen on #ApplePodcasts at the link in our profile," she wrote.

Talking about her love for books and reading, she said in a statement on Julie's Library Show website, "As a child, I read anything and everything I could get my hands on. There was no greater joy for me than to curl up with a good read. Books transported me—away from the World War II Blitz and into the realm of my imagination and other worlds and ideas." Listen to her with your mom!



PODCAST WITH MOMMY

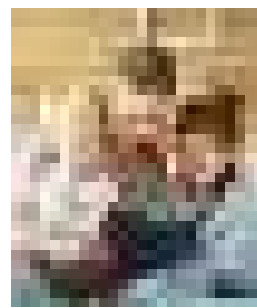
WORD TESTING WITH DAD



Activities by: <https://penguin.co.in>

BINGO! TIME TO MASTER A LINGO

Beating lockdown blues is easy when you hunt for innovative and creative ways to beat it. Learning a new language is the most beautiful way to engage the mind. More fun is added when parents and children do it together.



WAYS TO DO IT:

- Greet each other in the language you are learning after hearing their pronunciation.
- Play vocabulary games, identify colours and learn to count together.
- Listen to music and watch movies in that language with subtitles.
- Label things around the house and practice identifying them.
- Go online together and practice their writing skills and know about their culture.

Smita Ghosh, counselor, Anand Niketan, Ahmedabad

LINGO DUO

BROWNIE POINTS: Learning a new language at any age (right from adolescent to adult) not only slows down cognitive decline but it also helps in enhancing your confidence and sense of achievement, increasing your general vocabulary, making your traveling more exciting and of course making you more Creative.

FAMILY TIME



MAKE A FAMILY VACATION COLLAGE WHILE TIDYING UP. HERE'S HOW

1 Team up with your father to tidy up and section your wardrobe and cupboards. You will learn to organise better, share the burden and at the same time figure out how to declutter. If you hit upon prints of old photographs/postcards/stamps/coins, take a glass base or paper base and make a collage of collectibles. Once the lockdown is over. You can frame it. This is also a curiosity trigger. Parents, expect your child to ask you the origin of everything and why it has been saved. This will refresh memories, provide general knowledge and bring in joy of vacation, which everyone must be missing right now.

MAKE YOUR OWN KITCHEN GARDEN

2 Mummy can choose all the seeds/grains/pulses. You can ready some beautiful pots and colour and decorate them. While you plant, you learn to nurture. At the same time, you learn germination. You also figure out how important for everyone to do so to self sustain.

MAKE YOUR OWN STORY BOOK

3 Take old cardboard. Punch it. Now take some coloured sheets. Punch it. Use a thread to tie up sheets and cardboard to make your own book. Now, the cover is your and you, are the author of your own story. You can make pictures/illustrations on one side and write on the other. You could also make a personal journal like this.

TEST YOUR HISTORY



Activities by: <https://penguin.co.in>

LET'S PLAY MUSIC



Activities by: <https://penguin.co.in>

PLAY SMART

Answer each of these questions on Shakespeare's 'The Merchant of Venice'— Act IV, by choosing correctly from the four options.



A. Aristotle B. Diogenes C. Pythagoras D. Socrates

1 To which city does the 'young doctor' Balthazar (actually Portia) supposedly belong?

A. Venice B. Rome C. Genoa D. Belmont

2 Whose theory about 'the souls of animals' does Gratiano say he almost believes?

A. Leah B. Jessica C. Portia D. Duke

3 Who says to Shylock, 'How shalt thou hope for mercy, rendering none??'

A. Duke B. Antonio C. Bassanio D. Lorenzo

4 'I would she were in heaven - - -'. Who is 'she'?

A. Leah B. Jessica C. Portia D. Duke

5 According to Portia, which of these virtues is 'enthroned in the hearts of kings'?

A. wisdom B. patience C. mercy D. courage

Suryakumari Dennison, Teacher, Aavishkar Academy, Bengaluru

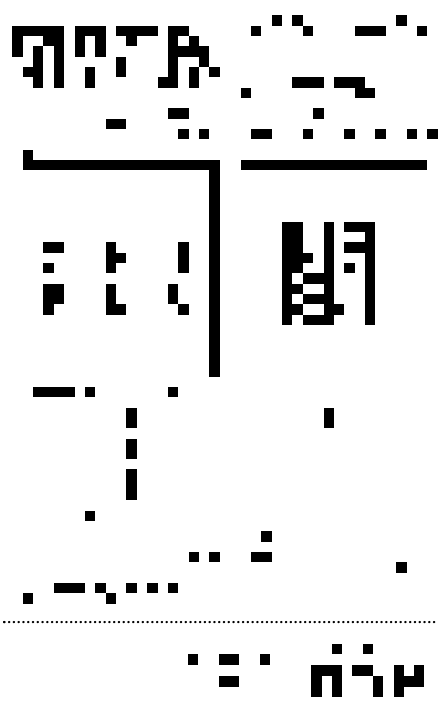
Answers: 1) B. Rome 2) C. Pythagoras 3) A. Duke 4) D. Nerissa 5) C. mercy

WRITE A LETTER

LETTER WRITING TO FUTURE ME

This can be done by both parents and children - write letters to your future self. Decide on a time frame: a 13-year-old can imagine and write a letter to his/her 18-year-old future self to ask if he/she is happy with the field of study chosen. This will challenge the imagination of kids and make them think about various courses they may want to pursue in future. It will unleash their creativity. Parents, on the other side can do this letter writing exercise too and think of where they will be in the journey of life five years down the line. Once done, both can read out their letters and store them in a box. It will become a beautiful lockdown memory that can be preserved forever - to read and smile at the time spent with each other.

WUZZLES



Quiz time

DR B R AMBEDKAR

Suhas Ganesh R, class VII, National Public School, Yeshwanthpur, Bengaluru



Q.1) Where did Dr Babasaheb Bhimrao Ambedkar establish 'Bahishkrit Hitakarini Sabha'?

A. Kolkata B. Lucknow C. Bombay D. Delhi

Q.2) Which one of the following is an autobiographical work by Dr B R Ambedkar that is used as a textbook in the Columbia University (US)?

A. Waiting for Visa B. Riddles in Hinduism C. Annihilation of Caste D. Who were the Shudras?

MORE ACTIVITIES

Q.3) Where is 'Bhim Janmabhoomi', a memorial dedicated to B R Ambedkar, located?

A. Mhow, MP B. Delhi C. Pune D. Nagpur

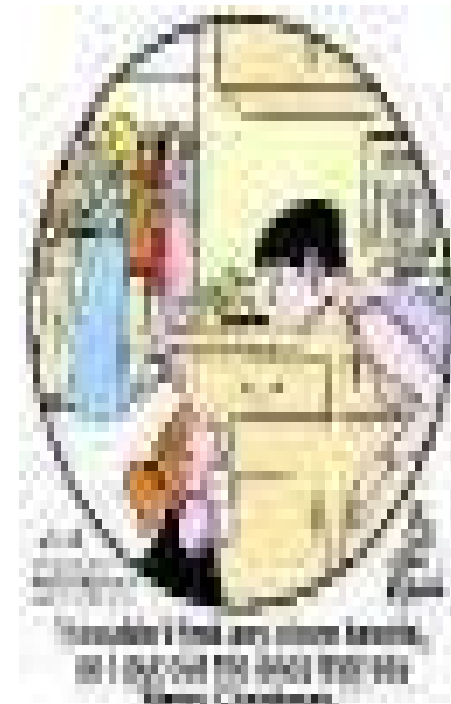
Q.4) Which Indian university conferred an honorary doctorate on B R Ambedkar?

A. Bombay University B. Calcutta University C. Osmania University D. Mysore University

ANSWERS

1) C) Bombay 2) D) Who were Shudras? 3. A) Mhow, MP 4. C) Osmania University

FAMILY CIRCUS





THE TIMES OF INDIA

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CLICK HERE: WWW.TOISTUDENT.COM

1 IN THIS ISSUE: Times NIE students pay a tearful adieu to actor Irrfan Khan who will always be remembered for his dry wit and simplicity. To read quotes online, click here.

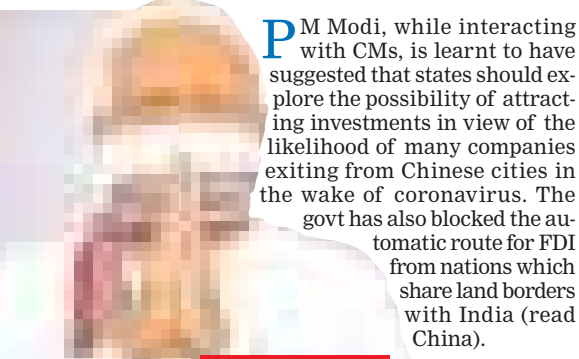
2 HAVE YOU REGISTERED ON THE SITE? If not, do so now! Also read our story: <https://toistudent.timesofindia.indiatimes.com/news/top-news/what-1918-s-spanish-flu-could-tell-us/50464.html> by clicking ON THE LINK

3 YOUR CORNER: Have activities and articles to share? Or do you want to write something on a specific topic? Be our Times NIE reporter - send your matter and videos to timesnie175@gmail.com

STUDENT EDITION
THURSDAY, APRIL 30, 2020

WEB EDITION

BE READY TO WOO COMPANIES QUITTING CHINA: PM MODI



PM Modi, while interacting with CMs, is learnt to have suggested that states should explore the possibility of attracting investments in view of the likelihood of many companies exiting from Chinese cities in the wake of coronavirus. The govt has also blocked the automatic route for FDI from nations which share land borders with India (read China).

POLICIES

IS BRAZIL THE NEXT BIG HOT SPOT AS OTHER NATIONS EASE UP?



KNOW MORE

As some US states and European countries moved gradually to ease their limits on movement and commerce, the intensifying outbreak in Brazil - with 211 million people - pushed some hospitals to the breaking point, with signs that a growing number of victims now dying at home. Brazil officially reported about 4,500 deaths and around 67,000 confirmed cases.

INDIA NOW 3RD-BIGGEST MILITARY SPENDER IN WORLD: THINK-TANK



ARMED FORCES

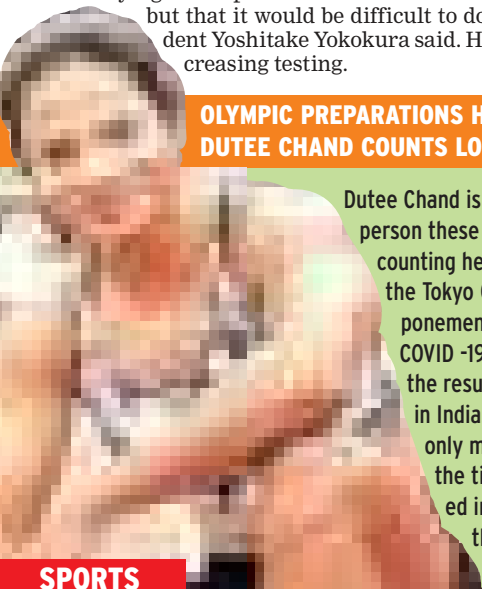
India has emerged the top three nations in the world in terms of military expenditure, though the US spends more than 10 times and China almost four times its defence budget. Global think-tank SIPRI's data shows the global military expenditure rose to \$1,917 billion in 2019.

NEWS IN BRIEF

CLICK HERE FOR MORE

TOKYO OLYMPICS NEXT YEAR DIFFICULT WITHOUT COVID-19 VACCINE

It will be difficult for Tokyo to host the Olympic Games next year unless there is an effective vaccine against the coronavirus, the head of the Japan Medical Association said. "I am not saying that Japan should or shouldn't host the Olympics, but that it would be difficult to do so," JMA president Yoshitake Yokokura said. He also advised increasing testing.

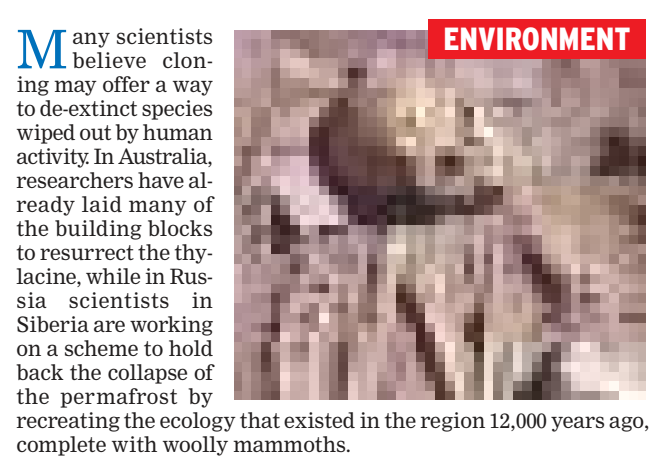


OLYMPIC PREPARATIONS HIT HARD, DUTEE CHAND COUNTS LOSSES

Dutee Chand is an unhappy person these days. She is counting her losses post the Tokyo Olympics postponement due to the COVID-19 pandemic and the resulting lockdown in India. The loss is not only monetary but the time she invested in preparing for the Games since October last.

SPORTS

CLONING MAY OFFER A WAY TO DE-EXTINCT SPECIES: STUDY



ENVIRONMENT

Many scientists believe cloning may offer a way to de-extinct species wiped out by human activity. In Australia, researchers have already laid many of the building blocks to resurrect the thylacine, while in Russia scientists in Siberia are working on a scheme to hold back the collapse of the permafrost by recreating the ecology that existed in the region 12,000 years ago, complete with woolly mammoths.

ISRAELI TEAM EXPLAINS PROPERTIES OF MOST DISTANT OBJECT IN SPACE

Israeli scientists have developed a model to explain the unique properties of the most distant object ever imagined in the Solar System. This will shed new light on the formation of Kuiper Belt objects - asteroid-like objects at the edge of the Solar System - and will help scientists better understand the early stages of the Solar System's formation. The research is led by a team from the Faculty of Physics at the Technion-Israel Institute of Technology.



SPACE

WANT TO KEEP DEPRESSION AT BAY? EXERCISE FOR 35 MINUTES

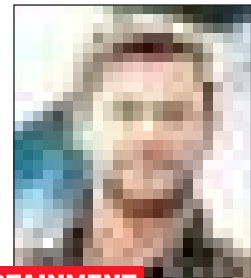


HEALTH

A new study backed by Harvard suggests that it is the best preventive way to keep depression at bay. This is the reason why most sports persons are less prone to depression. Engage in some physical activity everyday - go for a walk, jog or run if you don't want to do proper exercise.

HEMSWORTH ON 'THOR: LOVE AND THUNDER', SAYS IT WILL BE "PRETTY INSANE"

In his latest interview, the actor opened up about the upcoming installment of "Thor" franchise and even went on to state that it has "one of the best scripts" he has read in years. Calling it director Taika Waititi at his "most extreme" he said, "If the version I read is the one we get running with, it's going to be pretty insane." The movie, the fourth in the action franchise, reunites Hemsworth with Tessa Thompson.



ENTERTAINMENT

Bookmarked: A novel for corona times 'The End of October'

The sweeping, authoritative and genuinely intelligent thriller - the sort of novel in which the author employs a bulldozer and a scalpel at the same time - is a rare specimen. Lawrence Wright's second novel, 'The End of October' is one of these. The fact that it's about the world in shock and ruin because of a virus similar to the one that causes COVID-19 makes it read as if it's been shot out of a cannon. Wright is known as the author of nonfiction books such as "The Looming Tower"



er: Al-Qaeda and the Road to 9/11," for which he won a Pulitzer Prize.

Why read it?

It is a great deal of learning about viruses and their political and social horrors. There is the joy of competence - his own as a writer, and the scientific and moral competence of many of the characters he's invented. Read this to know how the author has dealt with humanity coming to a boil. [Read the plot summary and more of the review: Click here.](#)

Sports stars go 'live' amid pandemic

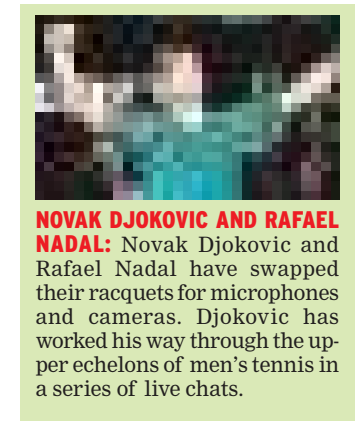
Delighting fans across the world, a number of sports stars have taken to various social media platforms to show a

glimpse of their life off the field. According to an AFP report, stars from Karim Benzema to the Brazilian legend Ronaldo and even Rafael

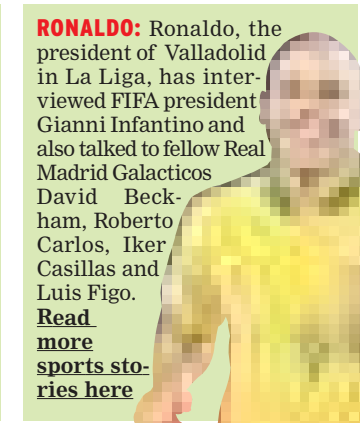
Nadal, who initially struggled with Instagram, are dropping their habitual discretion to interact live with their followers.



KARIM BENZEMA: One of the more popular stars is Benzema, who posts videos on YouTube as 'Nueve Live' - a play on his shirt number, and has more than 33 million Instagram followers. His broadcasts have attracted as many as 130,000 viewers live with hundreds of thousands more catching up later.



NOVAK DJOKOVIC AND RAFAEL NADAL: Novak Djokovic and Rafael Nadal have swapped their racquets for microphones and cameras. Djokovic has worked his way through the upper echelons of men's tennis in a series of live chats.



RONALDO: Ronaldo, the president of Valladolid in La Liga, has interviewed FIFA president Gianni Infantino and also talked to fellow Real Madrid Galacticos David Beckham, Roberto Carlos, Iker Casillas and Luis Figo. [Read more sports stories here](#)

COVID WARRIORS

#CODE19

CLASS XI BENGAL STUDENT'S GAMECHANGER MASK

> A class XI student from Bengal's Purba (East) Bardhaman district has come up with a mask that may be a game-changer in the treatment of COVID-19 patients, and her design been shortlisted in a national competition.
> Digantika Bose, a student of Vidyasagar Smriti Vidyamandir Branch 2 in Memari, has come up with a 'Air Providing and Virus Destroying Mask' that took her seven days to develop. After series of tests, the Ministry of Science and Technology has asked for the student's permission to take forward her innovation in the war against the virus.
> Bose had submitted her mask design in the Challenge COVID-19 Competition (C3) organised by the National Innovation Foundation (NIF).

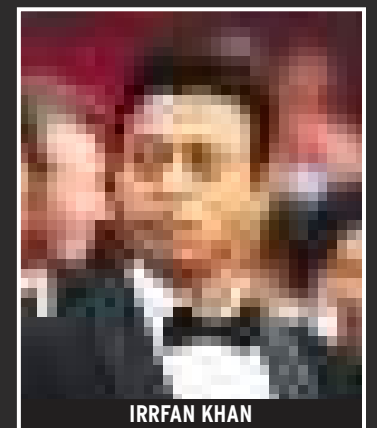
KERALA STUDENTS WIN CODE19 HACKATHON WITH VIRTUAL CLASSROOM

> A virtual classroom created by students from Government College of Engineering in Kannur, Kerala, to make learning easier and intuitive in COVID-19 times has won \$10,000 (approx Rs 7.6 lakh) as winner of the 72-hour online hackathon called CODE19.
> iClassroom has been created by 19-year-old Abhinand C and 20-year-old Shilpa Rajeev.
> With iClassroom, students and teachers can interact with each other, clear their doubts, mentor others and conduct online classes," said Abhinand. Shilpa added: "We built this platform as a practical solution for all learning communities to interact with each other, share resources and keep track of progress in selected courses."

RIP KING OF MODERN CLASSICS

A man who was characterised by his ability to entertain and deliver, Khan was associated with many films and a surfeit of talent. The role in 'Paan Singh Tomar', was great.

D.PURNIMA, class IX, SBOA Matriculation HSec, Coimbatore



IRRFAN KHAN

WE LOST AN 'ERA' TODAY: We have just been left with fond memories of an actor who we would have loved to grow up watching. 'The Amazing Spider-Man' was my favourite.

SHAURYA GUPTA, IX, Jayshree Periwal Global School, Jaipur

LUNCHBOX WAS ICONIC: This film made the industry sit up and take notice. Khan will not be forgotten for a longtime.

AASHNAA MEHTA, Class X, BK Birla Pub. Sch, Kalyan, Mumbai

PHENOMENAL: Released in 2005, 'Rog' was a brilliant film and Khan was exemplary. So much to learn from him.

HINA NAELA, XII, G D Goenka Public School, Lucknow

GRASSROOTS ACTOR: 'Hindi Medium', which became a sleeper hit in India, was my favourite.

DRISHTI S ASHER, class X, Gregorian School, Ernakulam

DEATH FEELS PERSONAL: This is for the first time an actor's death feels personal. Watched 'Angrezi Medium' yesterday and can't describe how awesome he was in it.

SHIVANSH GAIROLA, IX, Dehradun World School, Nathuwala, Dehradun

VERSATILITY AT ITS BEST: As 'Champak' Bansal in 'Angrezi Medium', he was inspiring. Irrfan will always be remembered and loved.

INAYAT KAPOOR, class XII, Bhavan Vidyalaya, Panchkula

BIG LOSS: Irrfan's acting in 'Hindi Medium' made the movie a big success. His demise is a huge loss.

MOKSHA MAHESHWARI, class X, Udgam School, Ahmedabad

SIMPLICITY ICON: As an actor, he did complete justice to his roles. His dry wit and simplicity make a lasting impression.

VIVEK A, class X, The Hyderabad Pub School, Begumpet, Hyderabad

PAR EXCELLENCE: From Billu Villas Paradesi to Pi Patel, the legendary actor was a true example of versatility.

RUPAM SHUKLA, class XII, Sunrise English Medium School Kolkata

LUNCHBOX IT WAS: I feel his role as Saajan Fernandes in 'The Lunchbox' was his best. He shows us the hustle and bustle of the city of Mumbai.

ANANYA RAO, class X, Vidyashilp Academy, Bengaluru

FUN-ZONE

HAVE A VIDEO TO SHARE? SEND IT TO US

HOW ARE YOU COPING WITH LOCKDOWN? My brother Dhanush Aryan Y aka Neo and I, Nikhil Aryan Y aka Josh, have made this fun video with the help of our father on how we are dealing with lockdown. Hope you like it!

Nikhil Aryan.Y, class VII, Emeralds section, Cornerstone School, Chandanagar, Hyderabad... Log on to www.toistudent.com to view

Have a video on how to deal with this current lockdown? Send us 1) Clear videos 2) Of 2 - minute duration 3) With details (name, class and school) 4) At timesnie175@gmail.com

CHECK YOUR APTITUDE



Q.1) I am to reach a fixed place. If I travel at a speed of 3km/hr, I shall reach late by 40minutes. If I travel at a speed of 4km/hr, I shall reach early by 30minutes. How far am I to go?
A. 12km

B. 14km
C. 10km
D. 15km

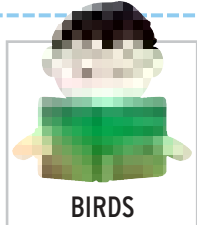
Q.2) The difference between the largest and the smallest number formed by the digits 8, 0, 6, 0, 1 is
A. 73062

B. 70632
C. 72036
D. 76032

Q.3) ₹232 is divided among 480 children such that each boy gets 40paise and each girl gets 60 paise. How many girls were there?
A. 150
B. 300
C. 100
D. 200

ANSWER:
1. 14 km
2. 76032
3. 200

KNOWLEDGE BANK



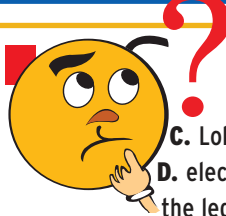
BIRDS

PARDALOTE

These are very small, brightly coloured birds native to Australia, with short tails, strong legs, and stubby blunt beaks. The name is derived from a Greek word meaning "spotted". Pardalotes spend most of their time in the outer foliage of trees, feeding on insects and spiders. Pardalotes forage on the foliage of trees for insects, especially psyllids (plant lice), and sugary exudates from leaves.



Quiz time



Q.1) The name of the Laccadive, Minicoy and Amindivi islands was changed to Lakshadweep by an Act of Parliament in ____.

A. 1973 B. 1947 C. 1967 D. 1950

Q.2) The members of the Rajya Sabha are elected by ____.

A. the people
B. elected members of the legislative assemblies

C. Lok Sabha
D. elected members of the legislative council

Q.3) The members of the panchayat are ____.

A. nominated by the district officer
B. nominated by local self-government minister of the state
C. nominated by the block development organisation
D. the electorates of the respective territorial constituencies

ANSWERS

1. A) 2. B) 3. D)

S.F. AND COMIC KIDS



CURRICULUM EXERCISES

Q1. What is Critical pressure ratio?

Q2. Fill in the blanks:

The discharge of steam in a convergent-divergent nozzle _____ after the throat (i.e. in the divergent portion of the nozzle).

Answer: (1) Critical pressure ratio is the pressure ratio where the flow is accelerated to a velocity equal to the local velocity of sound in the fluid. The critical pressure ratio is also defined as the ratio of pressure at the throat to the inlet pressure, for checked flow when $Ma = 1$. (2) A) remains constant (3) Badab-e Surt, Iran

Q3. Identify the place in the following picture:



Word Wise



Boisterous (adjective): (Of people, animals, or behaviour) noisy and full of life and energy.

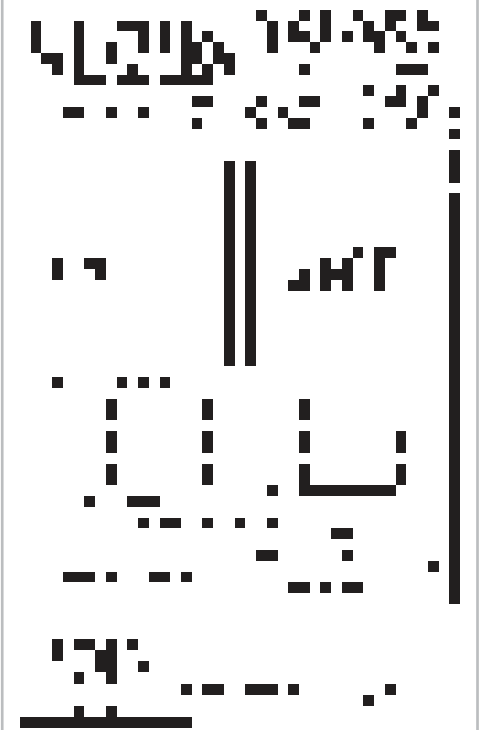
Synonymous words: Lively, active, animated, exuberant, spirited, bouncy, frisky, excited, overexcited, in high spirits, high-spirited, ebullient,

vibrant, etc.

Examples:

- She had fun taking 20 boisterous kids for a swim.
- The nursery children were exuberant throughout the singing session.
- The school team was full of energy and active at the tournament.
- The kids were bouncy and frisky when the bell rang.

WUZZLES



IDIOM OF THE DAY

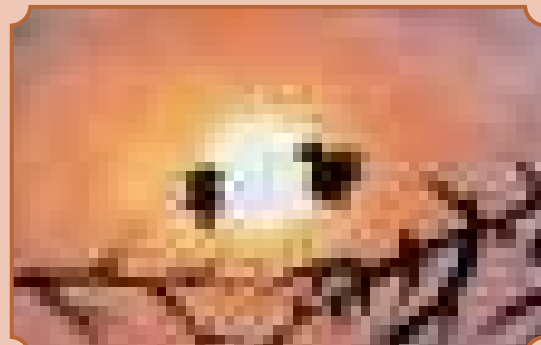
▶ **LETTING SOMEONE OFF THE HOOK:**
Meaning: Not holding someone responsible for something.

GARFIELD

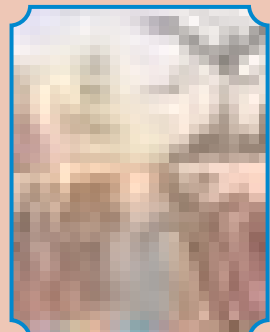


SCHOOL IS COOL

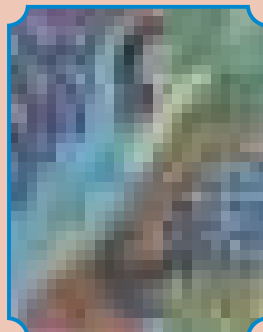
Painters' Gallery



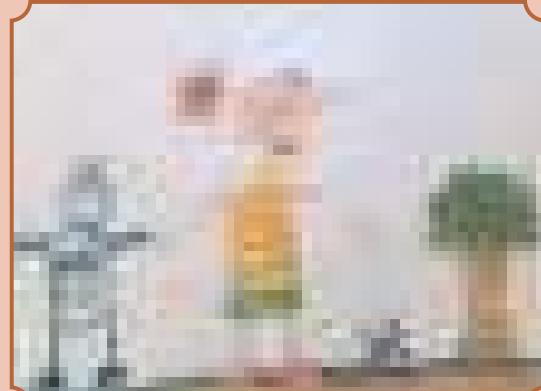
Kavish Shah, Class IX, Zydus School for Excellence



Aanandita Mukherjee, Class IX, CNEM



Sanket Gandhi, Class VIII, Tripada English School



Daivik Patel, Class VI, Siddharth's Miracles School

LOCKDOWN IS A NECESSARY EVIL



In this time of uncertainty of Covid-19 with no vaccine and lots of things to learn about the virus, lockdown is the only way to stop this deadly virus. With birthplace in Wuhan (China) Covid is travelling world through contact. The only way out visible right now is social distancing. With a very high density and many people living in slums only lockdown can force them to stay at home. According to the Union Health Ministry due to lockdown the doubling rate of Coronavirus cases in India has slowed to 7.5 days against 3.4 days before lockdown. Also, studies have shown that countries that imposed lockdown early are less

dangerous than others. In our country with a population of 135 crores and 1.3 doctors for 10,000 citizens and poor infrastructure in medical facilities, this lockdown is the only option to save our country. If the virus starts spreading at the community level in our nation it will be a catastrophe. If lockdown is lifted, there are some people, who will forget social distancing, put nation at risk. Extending support to lockdown, is the only way for nation's liberation from the virus. Therefore, lockdown shouldn't be lifted and it can be our masterstroke against coronavirus.

RAKSHIT DUBEY, Class IX, Zebar School for Children

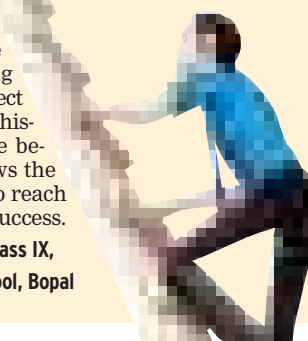
Every man is the architect of his own life

We are the architect of our future. Parents, teachers and mentors can show us the correct way and guide us, but we are the one who can find our own destiny of success. It is said that, "Time and tide wait for no man" it means if we have not prepared a schedule of our individual day and waste our precious time, we will have to

face a lot of difficulties in the end. It is said that 'Rome was not built in a day' so we cannot expect that we have tried today, and the result will be instant. In the way of success everyone will face a lot of difficulties but the one who doesn't give up, lose hope is the one who will fly. We cannot give up if we fail, we have another chance. If we make a small

stroke now, we can achieve something big later. An architect knows how to chisel his own life because he knows the correct path to reach the ladder of success.

KRISHA SHAH, Class IX, Delhi Public School, Bopal



ODE TO THE PEN

Lockdown

Lockdown in the whole nation, Just because of God's yet new creation. This is a virus we've named COVID-19, Against which lakhs of people are still fighting'.

A virus of which all humans are scared of, Which has left nothing for us to scoff? In these crucial times, we need to forget past deeds, And help each other forgetting castes and creeds.

Let's stay home and show our unity, Practice social distancing and save our community.

A long time you've played that game of chess, Or cleared all of your cupboard mess. Try your hands at cooking and make a morning tea, Step aside from work and spend some time with your family.

Stay inside and take all precautions, It will be the best way to show your patriotism.

Lockdown in the whole nation, Just because of God's yet new creation.

MOKSHA MAHESHWARI, Class X, Udgam School for children

CHITTA VRITTI - COVID 19

"Chitta vritti" is the Sanskrit term for 'Mind chatter'. Here Smita Ghosh, counselor, Anand Niketan, details on five lockdown vrittis

RIGHT COGNITION (PRAMANA) : mind. Controlling mind talk. Limit the amount of time you spend reading or watching things that aren't making you feel better.

MISCONCEPTION (VIPARYAYA) : There is a lot of misinformation swirling around - stay informed by sticking to trusted sources of information.

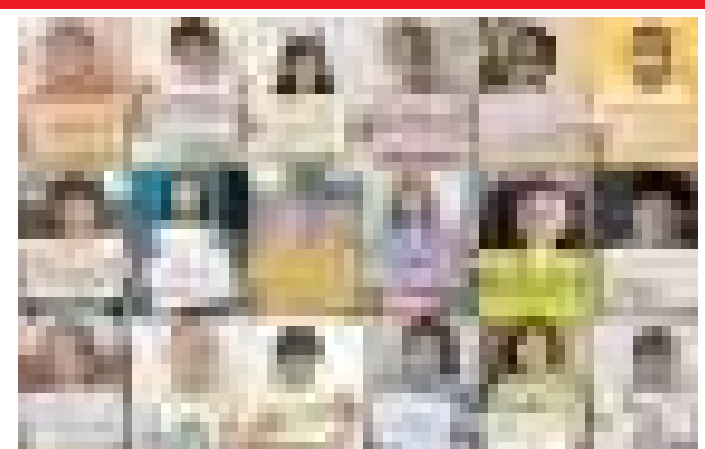
IMAGINATION (VIKALPA) :

Third war like situation-conspiracy theory-bioweapon, etc human imagination has no end (until it is proved true). Learn to stop and saying NO in your

SLEEP (NIDRA) : Strike a balance between having a routine and making sure each day has some variety. You could work through your to-do list or read a book you'd been meaning to get to.

MEMORY (SMRITI) : It is very important to have downtime or me time with days weeks and maybe months of the coronavirus pandemic ahead. Have a positive memory of lockdown time.

ATTITUDE OF GRATITUDE



Anand Niketan students of grade 3 students urging people to stay home to ensure safety for all and thanking all the people from medical staff to sanitation workers for their uninterrupted services during the lockdown.



THE TIMES OF INDIA

www.toistudent.com

CLICK HERE: WWW.TOISTUDENT.COM

1 IN THIS ISSUE: Did you know that ghee is easily digestible fat? Read more here. Also, read up on how to access the Marvel quiz hosted by celebrity Tom Holland on his Insta, TODAY!

2 HAVE YOU REGISTERED ON THE SITE? If not, do so now. Also read our story on anti-viral herbs for staying healthy by clicking ON THE LINK at shorturl.at/ADNZ9. Don't forget to leave your comments on the story

3 YOUR CORNER: Have activities or paintings to share? Or do you want to write something on the lockdown situation? Be our Times NIE reporter; send matter to timesnie175@gmail.com

STUDENT EDITION

WEDNESDAY, APRIL 29, 2020

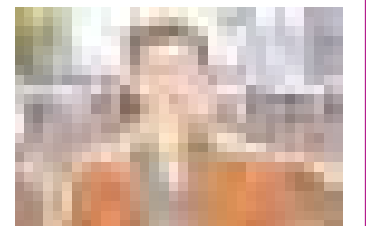


WEB EDITION

TRENDING



Tom Holland will host a Marvel-themed quiz show, online



Spider-Man star Tom Holland is set to host a Marvel-themed quiz show on Instagram today. The 23-year-old actor made the revelation during an online appearance on 'Jimmy Kimmel Live'. The virtual quiz will be organised by Brothers Trust, set up by Holland's family to support various charities, to give people a sense of community as the world fights coronavirus. **Where? On his Instagram**

5 WAYS TO IMPROVE YOUR QUIZZING

1 PRACTICE MAKES A MAN PERFECT: This is the very dharma, the daily ritual of a quizzier. You need to practice till you drop. You may stumble. You may stutter. But do not, ever, give up!

2 WATCH TELEVISION SERIES: Even the most obscure ones. Of different languages, of different culture, even the ones belonging to Chaplin era.

3 READ! CULTIVATE THE HABIT OF READING: Starting from your textbooks, novels, non-fiction to the very fine prints you get from the covers from the chawalwa or jhalmuriwala. Read even the covers of the shampoo and soap and food packets and screen guard packets.

4 BE PASSIONATE AND DON'T GIVE UP: You may fail the first time, but you got to learn something in that experience, didn't you? You learnt so many things from your fellow contestant. This knowledge accumulates.

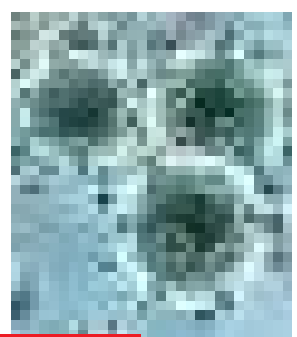
5 BE CRITICAL: Ask questions. Hone your curiosity, to a point even Google will get tired! (If that is even possible). Don't be shy. If you don't know something, then ask.

WILL A WOMAN RUN NORTH KOREA? KIM'S SISTER OUTSHINES MALE RIVALS

Of all the family members who could eventually take the reins from North Korean leader Kim Jong Un, his sister seems like the obvious choice. Kim Yo Jong, in her early 30s, has been by her brother's side at summits with US President Donald Trump and Chinese President Xi Jinping, sat behind Vice President Mike Pence while representing North Korea at the 2018 Winter Olympics.

POLITICS

CANADA WARNS AGAINST CHLOROQUINE USE AS TREATMENT



Canadian health authorities have issued a warning against the use of anti-malarial drugs chloroquine and hydroxychloroquine to treat coronavirus infections or prevent reinfections. "Chloroquine and hydroxychloroquine can have serious side effects. These should be used only under supervision," Canada's health agency said.

HEALTH

LOCKDOWN HAS MADE ME MORE DEDICATED, HIMA DAS TELLS RAINA

From crying after meeting idol Sachin Tendulkar to learning how to be more dedicated during the coronavirus lockdown, India's star sprinter Hima Das opened up about her life in a candid chat with Indian cricketer Suresh Raina. Hima said that she has learnt dedication, better eating habits and has gained the knowledge that one can survive without venturing out unnecessarily.

NEWS IN BRIEF

CLICK HERE FOR MORE

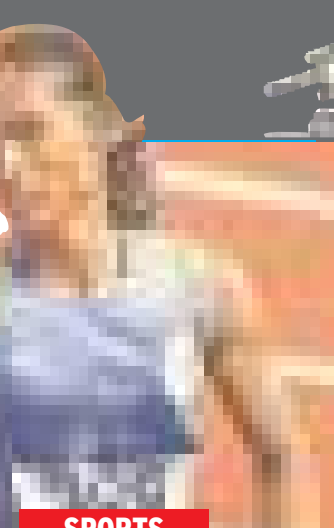


INSPIRATION

KOLKATA WOMAN IN OXFORD UNIVERSITY COVID VACCINE PROJECT TEAM

Chandra Datta, 34, who lives in Oxford, is working as a quality assurance manager at the university facility which is manufacturing the anti-viral vector vaccine — ChAdOx1 nCoV-19 — which went to human trials last Thursday. If the vaccine passes the trials, it could be made available to the public by September or October this year, she said, warning, "It all depends on the trial data."

INDIA NEEDS BIO-DEFENCE STRATEGIES AGAINST TERROR, PANDEMICS



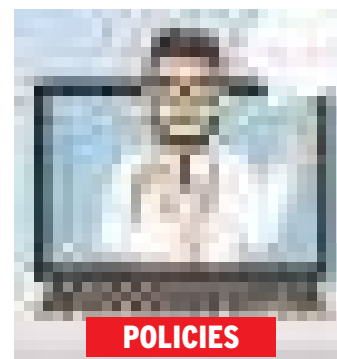
BIOTERRORISM

The jury is still out on the exact origin of COVID-19, even though both China and WHO contend it was not lab-made at Wuhan. But the pandemic has underscored like never before the need for India to be prepared for deadly bio-threats, whether they arise from natural outbreaks or bioterrorism. **Do you think we are ready to manage this crisis?**

IS THIS THE NEW NORMAL: TELEMEDICINE IS THE WAY TO GO

Pallavi.shankar @timesgroup.com

BIG O: Telemedicine - which means consultation through phone and digital applications like mobile apps, video calls, and email - is the preferred mode of consulting doctors in the wake of coronavirus, and it is likely to continue even after the lockdown ends. "It's a good idea to consult a doctor online rather than venture out and put yourself and your family at risk. Most reputed doctors are available online through various mobile apps and digital platforms," advises dermatologist Dr Rinki Kapoor. **Read more here**



POLICIES

CORONAVIRUS MEDICAL WASTE POLLUTING THE ENVIRONMENT

Gloves, masks and other personal protective equipment (PPE) are critical for those fighting the pandemic but are also widely used by the public. Still, because they're not always disposed of properly, environmentalists fear negative consequences for wildlife and the fight against plastic pollution. Residents of Greece noticed huge amounts of discarded gloves, wipes and bottles of sanitisers strewn across parks, sidewalks and roads, as people try to protect themselves and others from infection. Plastic pollution is on the rise as residents of most parts of the world are either on complete lockdown or allowed out only in strict circumstances.

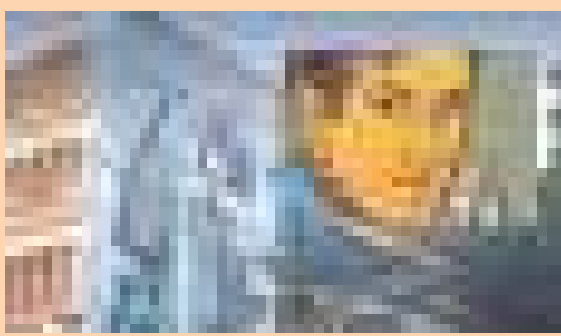


ENVIRONMENT

WHAT'S HOT

Satyajit Ray's 'Feluda' will test COVID-19 in mins

Indian scientists have developed an affordable and easy test for COVID-19 and have named it after the Indian fictional detective - Feluda - a character created by Satyajit Ray



Who developed the test?

A team led by Dr Souvik Maiti and Dr Debojyoti Chakraborty at the Council of Scientific & Industrial Research's Institute of Genomics and Integrative Biology (CSIR-IGIB) in New Delhi have developed this test.

What's Feluda test?

- The test is a paper-based test strip - it requires no expertise to conduct and the results will be given in minutes.
- The name 'Feluda' because this detective character from Satyajit Ray's popular series could detect solutions in minutes, using his sharp intellect.
- The paper-based test strip could also reduce COVID-19

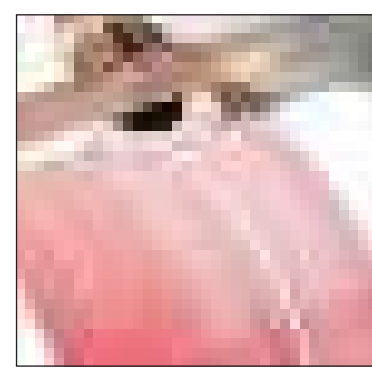
Satyajit Ray received an Honorary Oscar in 1992 for Lifetime Achievement. The filmmaker, writer and illustrator brought recognition to cinema with his film 'Pather Panchali' and others

testing costs as it will be available for Rs 500.

More about Feluda...

- The Feluda series was written by iconic author and filmmaker Satyajit Ray. Consisting of 35 published and four unpublished stories, the series has been enjoyed by many Indians, especially in Bengal from where the author hailed.

ENTER LAMONT-DOHERTY LAB: One That Discovered GLOBAL WARMING



Nestled in the forest behind a guard house just north of the border between New York and New Jersey off Route 9W is one of the world's greatest meccas for climate

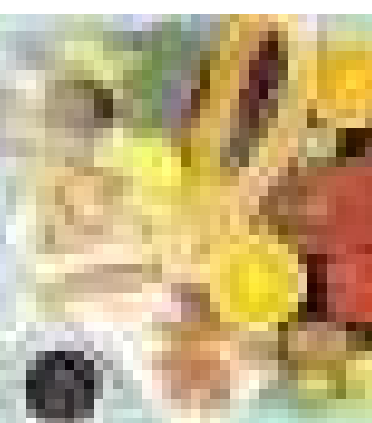
Lamont-Doherty now has the largest concentration of earth scientists on earth. Half of them are working on projects related to climate change

change research. Here, is a sylvan 180-acre campus where researchers have helped to untangle mystery after mystery about how our planet actually works. No other geoscience lab was as influential as this during the second half of the 20th century. It is where the phrase "global warming" was coined. Today, more than 300 researchers and graduate students work in this lab. **For more on this click here**

WHO COINED THE TERM 'GLOBAL WARMING'?

The crucial role the Lamont-Doherty lab plays in climate research all started with a brilliant and somewhat eccentric geologist named Wallace Broecker, who is credited as the first person to use the term "global warming" in a scientific paper - "Climatic Change: Are we on the Brink of a Pronounced Global Warming?" - published in 1975, a year before global temperatures began a steady rise that has continued until today. Broecker likened the climate system to "an angry beast!"

Eat Right: Try these immunity boosters



Probiotics: Keeping a healthy, infection-free gut is crucial - have yoghurt and fermented veggies.
Amonds: A 60 gram serving of almonds carries nearly 50% of the daily recommended amount of vitamin E, which helps maintain a healthy immune system.
Garlic: Offers several antioxidants that may help battle against immune system invaders.
Ghee: This is the most easily digestible fat, contains essential fatty acids, and is a great immunity booster.

DIGITAL LITERACY

There is no doubt that technology is an important part of society today. From business to personal communication, it is essential for people to have skills that help them navigate technology to be successful. Some of these skills come from regular use of technology but other skills need to be learnt during your school days so you are prepared for the future workplace.

EMOTIONAL INTELLIGENCE

There is often a stereotype that people who are successful must be cold and emotionless, focusing only on business. However, emotions help make people who they are. Rather than cutting off, it is important for you to be able to confront and control emotions so they are expressed appropriately in a work setting. Start practising today.

ENTREPRENEURSHIP

Entrepreneurship requires innovation, a strong knowledge of the industry, and adaptability in business. These are skills for future jobs that are useful in any career path. In order to prepare ahead, it is necessary for you to understand entrepreneurship and the skills required.

GLOBAL CITIZENSHIP

Today's society is a global society. Due to technological advancements, it is easy for companies to do business all over the world. As a result, the lines between nations and industries are blurred. In order to be successful in business, it is necessary for you to understand the role of globalisation in society and approach your work from the perspective of global citizenship.

CURIOSITY

Today is an age of rapid advancement and technological innovation. Because of this, the strategies and tools used in offices are frequently changing. In order for you to adapt in this rapidly-changing environment, you must have a sense of curiosity and a love for learning. Most careers require ongoing learning so that people can keep up with technology advances. If you don't embrace curiosity, you're likely to stay stuck.

COGNITIVE FLEXIBILITY

Even when people have detailed plans to handle situations and events, things can change and adaptations need to be made. Adaptability and cognitive flexibility are important skills needed in the future workforce so that you are able to adjust the way you work when obstacles arise or business needs shift unexpectedly.

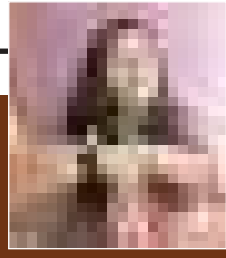
SKILLS STUDENTS NEED IN THE FUTURE WORKFORCE

Adaptability and cognitive flexibility are important skills needed in the future workforce so that you are able to adjust the way you work when obstacles arise or business needs shift unexpectedly

FUN-ZONE

HAVE A VIDEO TO SHARE? SEND IT TO US

LEARN HOW TO FINGER RHYME: Have you heard of Finger Rhymes? It's a unique way of reciting rhymes using fingers! Sapna Jhala, educator, The HB Kapadia School, Ahmedabad, recites a poem using her fingers. Watch her and repeat... Go to www.toistudent.com Have a video on how to deal with this current lockdown? Send us 1) Clear videos 2) Of 2minute duration 3) With details (name, class and school) 4) At timesnie175@gmail.com

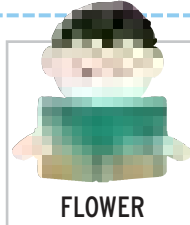


CHECK YOUR APTITUDE

- 1) $(935421 \times 625) = ?$
A. 584638125
B. 533338125
C. 586668125
D. 555638125
- 2) The largest 4 digit number exactly divisible by 88 is:
A. 9354
B. 9682
C. 9682
D. 9682
- 3) Which of the following number is divisible by 24?
A. 5625736
B. 3777768
C. 4555736
D. 3125736
- 4) $(?) + 3699 + 1985 - 2047 = 3111$
A. 27422
B. 27474
C. 24474
D. 33474
- 5) The difference between the local value and the face value of 7 in the numeral 32675149 is
A. 64493
B. 77993
C. 56993
D. 69993

ANSWER:
1. 584638125
2. 9944
3. 3125736
4. 27474
5. 69993

KNOWLEDGE BANK



LOTUS EFFECT

It is the self-cleaning property, owing to ultrahydrophobicity, exhibited by lotus leaves. The leaf's micro and nanoscopic aspects reduce the adhesion of droplets to its surface. The water carries away the dirt on the leaf's surface. Ultrahydrophobicity and self-cleaning properties are also found in plants such as nasturtium, alchemilla, cane and the wings of certain insects. The phenomenon was first studied by Dettre and Johnson in 1964 and later by Wilhelm Barthlott and Ehler in 1977, who described the phenomenon as 'lotus effect'.

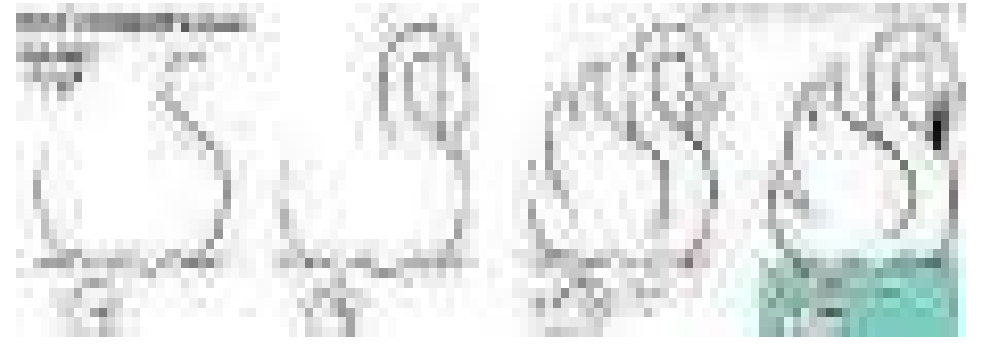
Quiz time

- Q.1) National Pollution Control Day is observed on which date?
A. 2nd December
B. 30th November
C. 1st December
D. 3rd December
- Q.2) Which country became the first Asian nation to be the 'Guest of Honour Country' at the International Book Fair, Mexico?
A. China
B. Bangladesh
C. Bhutan
D. Nepal
- Q.3) The 13th South Asian Games have recently been inaugurated in...
A. Sri Lanka

ANSWERS

1. A) 2nd December 2. B) India 3. D) Nepal

S.F. AND COMIC KIDS

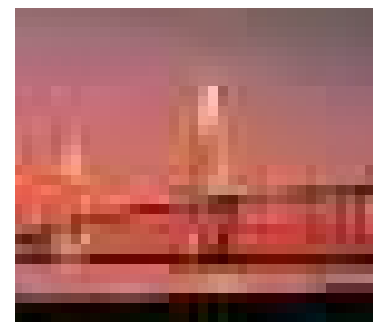


CURRICULUM EXERCISES

- Q1. What is the kraft process?
Q2. Fill in the blanks:
A. Oxidation of SO2 is favoured by ____.
B. Gun powder, which is an explosive comprises charcoal, sulphur and ____.

Answer: (1) The kraft process (also known as kraft pulping or sulfate process) is used for conversion of wood into wood pulp, which consists of almost pure cellulose fibre, the main component of paper. (2) A) low temperature and high pressure B) salt petre (3) Bandra-Worli Sea Link, Mumbai

- Q3. Identify the place in the following picture:



Word Wise

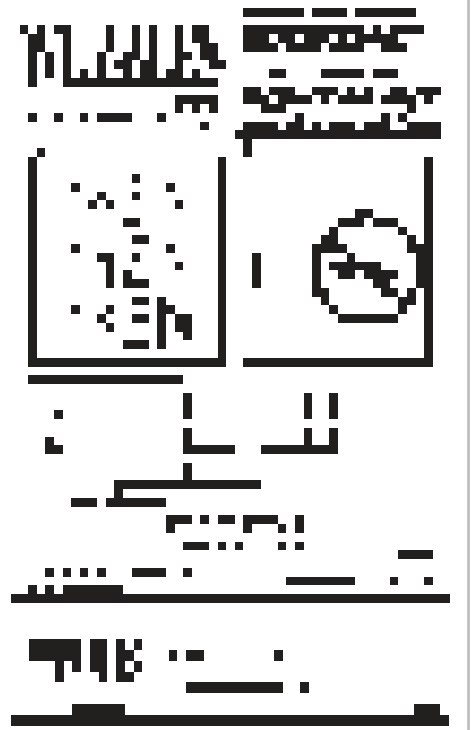
discombobulate: (v) to confuse or disconcert; upset; frustrate:

Synonymous words: bewilderment, daze, discomposure, muddle, perplexity, stupefaction, etc

Examples: The speaker was completely

discombobulated by the hecklers. And this bit of information that they had discovered that started the discombobulation process of Nixon - the stuff about Colson. The butler's bewilderment knew no bounds when his everyone in the room stopped talking and all of a sudden turned towards him.

WUZZLES



IDIOM OF THE DAY

FINDING YOUR FEET
Meaning: To become more comfortable in whatever you are doing

GARFIELD



FAMILY CIRCUS



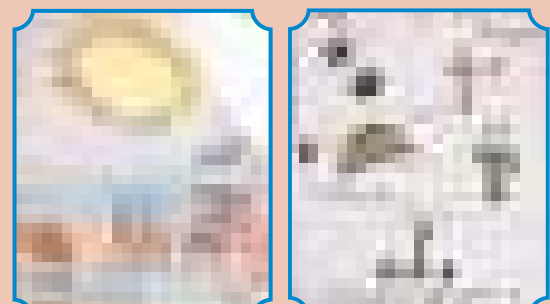
Painters' Gallery



Dhruvi Patadia, Class VII, Tripada English School
Chiara Patel, Class VII, Zydus School for Excellence



Dhyey Bhatt, Class V, SGVP International School



Jaanvi Prishor, Class I, Lalji Mehrotra Lions School
Freymil Patel, Class VII, Podar International School

SCHOOL IS COOL

Musings during the lockdown

The world is filled with worries, everyone around is frantically juggling their own queries.

MOTHER EARTH SOBS: You dragged me into a total mess, the entire credit goes to this human race I guess! Over the ages, I have witnessed these Homo Sapiens, a breed, selfish, full of greed. Their selfishness and destruction have ruined the defined rhythm and disturbed my entire algorithm. Now, they debate on conservation, pollution, and ozone depletion, and pledge to be responsible but still, their deeds are far from phenomenal. This sophisticated mammal is discontented and extremely avaricious making themselves the best host for this Virus.

HUMAN SIGNS: Unanimously they say,



Ananya Pisharody, Class VI, Siddharth's Miracles School

it's a biological weapon created by mother nature to bring a halt to human intervention. Its undeclared war against nature and we, caring for each other is the only possible remedy. Let's embrace and preserve all the beautiful gifts of nature and become more sensitive towards our future. Come, be in accord with oneself and transform one's life and brain. Handle this intricate situation wisely such that this Covid-19 never darkens our door again.

PREETI SINGHANI, Educator, Anand Niketan Satellite

SAFE HOME MESSAGE



Salwin Himani, an EYP2 student from Redbricks Foundation has put the lockdown time to very good use. He has made himself a house, using waste material. The house has been constructed, painted, and even ventilated using an exhaust fan. This artwork comes with a very important message for everyone - "Stay home, stay safe."

EARTH DAY PLEDGE!

Earth Day. It is that time of the year which we tend to ignore but can we afford to do so this year? I'd say rather not. The year 2020 has been packed with surprises and Earth faces yet another catastrophe. We, students, are the only ray of hope. Today, I request one and all to take a pause and introspect on their actions, encourage yourselves to give your best to the planet forgetting all our differences. Let us unite to prevent Earth from yet another debacle.

SAUMYAA GUPTA, Director- Green Warriors Club (2019-20)

During the lockdown, I unlocked my urge to understand the bounties of mother nature. I challenged myself being a "GREEN WARRIOR" and it began with doing little things at



home. I helped my mother to segregate the waste into non-recyclable and recyclable waste. We ensured that we utilize less electricity and use natural resources to brighten up the house. We recycled the water that runs out of the RO purifier and used it to water plants and mop the house. Little deeds of awareness can help us restore the beauty of Mother Earth and stop climate change. What you give is what you get!

ADITYA RAMBHATLA, class VIII, DPS

RELAX, RENEW & REVIVE

We all live in a fast-paced society. Running for success, for wealth, for love, forgetting that life is not a race to be won but a journey to be savoured. And while running mindlessly in this fame game there are many wounds and pain inflicted on us. No, I am not talking about the scars that can be seen. I am talking about the scars behind that smile which we never gave time to heal because you never made healing yourself a priority.

When asked "how are you?" We say we are fine but behind that I am fine. Have you ever discovered what

hides? We need to understand that the mind's self-protection is an admirable defense to preserve our emotional wellbeing. It stows away the pain when we don't feel like dealing with it.

But now is the time to heal yourself, rejuvenate yourself, and know yourself. Try looking inward, feeling your heartbeat throughout your body. Be mindful. Be present. Be you. Give yourself some time. Some time to heal as running away is never the solution. Honour your path and trust your journey.

GATHA JOSHI, class X, St Kabir (Naranpura)



THE TIMES OF INDIA

www.toistudent.com

CLICK HERE: WWW.TOISTUDENT.COM

1 IN THIS ISSUE: A link to our video section on the website. Teachers, educators and students tell us more. **READ MORE ON WHAT TO EXPECT AND HOW TO PARTICIPATE ON PAGE 2**

2 HAVE YOU REGISTERED ON THE SITE? If not, do so now. Also read our story on - 'what could be the new normal after the coronavirus lockdown'. Where: **CLICK HERE** - shorturl.at/goqtv Don't forget to leave your comments on the story

3 YOUR CORNER: Have activities or paintings to share? Or do you want to write something on the lockdown situation? Be our Times NIE reporter; send matter to timesnie175@gmail.com

STUDENT EDITION
TUESDAY, APRIL 28, 2020
WEB EDITION

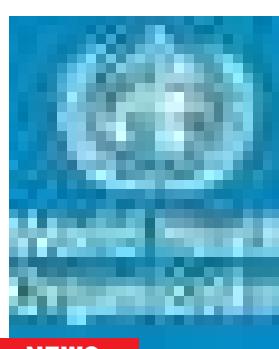
ALBANIA'S FLAMINGOS FLOURISH IN VIRUS LOCKDOWN

With tourists home, boats docked and factories silenced under a coronavirus lockdown, Albania's pink flamingos and curly pelicans are flourishing in the newfound tranquility of lagoons dotting the country's western coastline. Beating their pink and black-lined wings, a growing flock of thousands of flamingos have recently been soaring over and splashing in the glistening waters of Narta Lagoon, an important site for migratory birds on the Adriatic coast.



ENVIRONMENT

WHO WARNS OVER VIRUS IMMUNITY AS DEATH TOLL NEARS 200,000



The WHO warned that recovering from coronavirus may not protect people from reinfection as the death toll from the pandemic approached 200,000 around the globe. Governments across the world are struggling to limit the economic devastation by the virus, which has infected 2.8 million people and left half of the humanity under lockdown.

NEWS

CONVERT CORONAVIRUS CHALLENGE INTO OPPORTUNITY: PM TELLS CMs

PM Modi asked states to try to convert the COVID-19 challenge into opportunities through administrative reforms, and form their own policies on relaxing the lockdown based on ground reality. In a video conference with CMs, PM Modi indicated that the coronavirus infection would remain for a longer time.

POLICIES



NEWS IN BRIEF

CLICK HERE FOR MORE



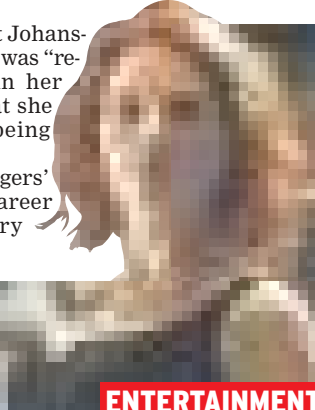
SURVIVED SPANISH FLU IN 1918, BEAT COVID-19 TOO

The Olive Press', a Spain-based English newspaper, reported that it was 1918, when Ana del Valle, a kid then, suffered and recovered from the Spanish Flu, which infected as many as 500 million people - about a third of the world's population at that time. And now, 102 years later, the grandmother has miraculously beaten the coronavirus pandemic to the joy of her family in Ronda.

HOPE&COPE

SCARLETT JOHANSSON: I'VE MADE A CAREER OUT OF BEING SECOND CHOICE

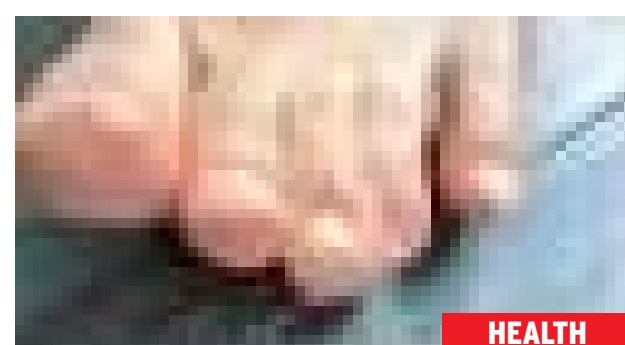
Hollywood star Scarlett Johansson confessed that she was "rejected constantly" in her professional life, adding that she has "made a career out of being second choice". In an interview, the 'Avengers' actress looked back at her career and remarked - "Since a very



ENTERTAINMENT

young age, I've been rejected constantly... the best call you can receive is after you are rejected for something and then you get it. You appreciate it more. I've basically made a career out of being second choice."

ANOTHER CORONAVIRUS SYMPTOM IN KIDS, 'COVID TOES'



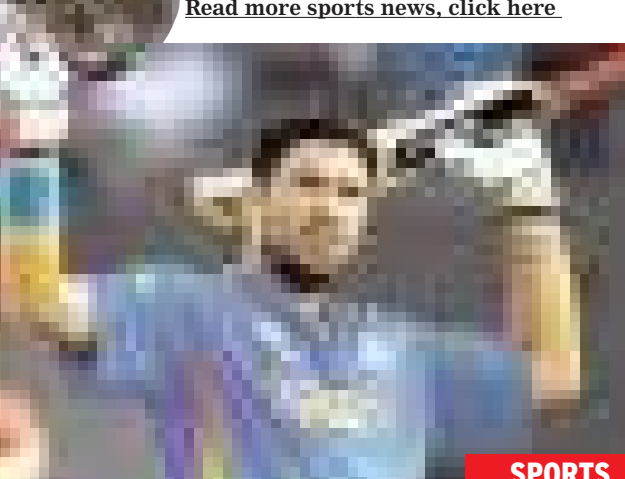
HEALTH

The alarming symptom, which has been nicknamed 'Covid Toes', was first observed in kids who tested positive for coronavirus in Italy, Europe. Many dermatologists found that the symptom led to consequent inflammation of the toes, some discolouration in and around the affected parts and was very common to that of frostbite.

CRICKET SHOULD RESUME ONLY WHEN COVID-19 IS ERADICATED: YUVRAJ

Former India star Yuvraj Singh wants cricket to resume only when the world becomes COVID-19-free as players' health and safety should be paramount for the custodians of the game. "My personal opinion is that first we need to defend our countries, the world from coronavirus," Yuvraj said at 'The Doosra' podcast on BBC.

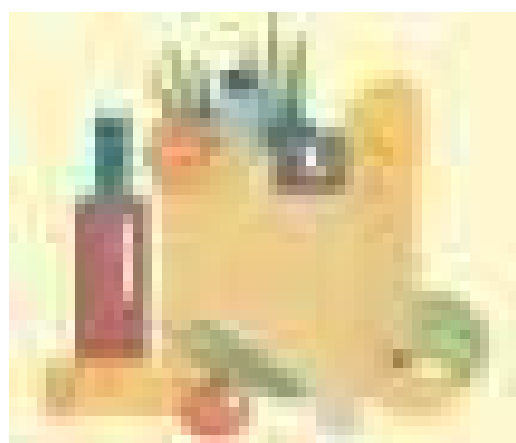
Read more sports news, click here



SPORTS

X PLAINED

Why FOOD SECURITY is at RISK



WHAT: The United Nations (UN) has said that the world faced the risk of widespread famines of "biblical proportions" triggered by the COVID-19 pandemic. Some estimates indicate that the number of hungry people in the world could spike from 135 million to over 250 million.

WHY: According to a report released recently by the Global Network Against Food Crises, at the end of the previous year, around 135 million people in 55 countries and territories experienced acute food insecurity.

'Acute food insecurity' is based on internationally accepted measures of extreme hunger, and occurs when people's inability to consume adequate food puts in immediate danger lives or livelihoods. Besides, 75 million children were stunted while 17 million suffered from wasting in 2019, in the 55 countries covered in the report.

HOW: As the coronavirus crisis accelerates, disruptions in food supply chains within countries are being observed. Labour shortages are starting to affect processors, merchants and companies dealing with logistics and trucking, according to the World Bank. People's ability to buy food and giving compensation to farmers for producing it are being jeopardised due to loss in jobs and incomes.

ONLINE UNIVERSE

Internet safety tips for students



CyberDosh, the cyber-safety and cybersecurity awareness handle maintained by the ministry of home affairs, government of India, recently shared internet safety tips for kids. To stay safe when you are online - browsing different websites or playing community video games - follow these tips. It will help in developing critical thinking and ability to make good choices.

- Never share personal information such as your address, phone number, name, personal email address, sibling's details, parent's work details, etc. without the permission of parents.

- Learn about privacy settings on social media platforms such as Facebook, Instagram, Snapchat, etc.

- Delete request from strangers or any contacts you don't know in person, especially while playing mobile games.

EAT RIGHT

Make sure you introduce a balanced and nutritious diet in your daily meal plans. A balanced breakfast must be non-negotiable. If you are wondering what is a 'balanced breakfast', it must be a mix of carbohydrates, fibre, protein, vitamins and minerals. These can be found in many foods and one can pick different breakfast foods namely grains, fruits/ vegetables and dairy. A bowl of ready-to-eat breakfast cereal made with whole grain; a glass of milk or a bowl of yoghurt and sliced fruits or dry fruits/nuts work just as well. As long as you are getting a wholesome balanced breakfast, you are energised to start a long day.

habits, practices and routines that you inculcate during this phase to 'create a bigger, better, future'.

GET MOVING

Besides diet, physical activity and exercise are also important. Exercise can help improve your physical health and could even add years to your

Use the lockdown to build healthy habits

life. That is not the only reason why people exercise. Research has shown that regular exercise helps relieve stress, improves mood, reduces dissatisfaction with life and improves the quality of life. Exercise reduces levels of the body's stress hormones, such as adrenaline and cortisol.

EMOTIONAL WELL-BEING

They say, "a family which eats to-

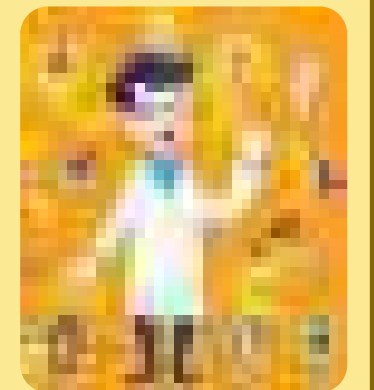
gether, stays together." Eating meals together is one aspect of family life that demonstrates benefits to young people. Eating meals as a family has benefits for young people beyond their general sense of connection to family members. Research has shown that family meals offer routine and consistency and provide an opportunity to socialise children and teach them about communication skills, manners, nutrition, and good eating habits.



TRENDING

Home Experiment: THE BURPING BAG

Texas science teacher Avri DiPietro is winning accolades for teaching her students a cool home experiment known as "the burping bag." The assignment calls for one to combine vinegar and baking soda in a plastic bag, either in the kitchen or backyard. If all goes as planned, burps and belches will ring out across your home as the acidic vinegar meets the sodium bicarbonate, releasing gas from the bag. This chemical reaction between the baking soda and the vinegar creates a gas called carbon dioxide.



MORE EXPERIMENTS TO TRY:

1. Try the 'Walking Water' experiment with strips of paper towels, food colouring, drinking water and cups. The experiment will help you understand capillary motion - a phenomena that allows liquid flow upward in narrow areas.
2. Try the 'Cloud In A Jar' experiment with shaving cream, H2O (water) and food colouring. The experiment demonstrates precipitation and evaporation.

TAKE A VIRTUAL VACATION

Virtual vacations can encourage curiosity, teach you about other parts of the world, and help you feel less trapped at home. It can give your family an outlet for their wanderlust and even let you test-drive travel plans. You could also learn new things in preparation, for example ordering lunch from a menu in Spanish; build London's Big Ben from cardboard to understand its importance; or make Mickey Mouse waffles and throw a kitchen parade as a substitute for the one in Magic Kingdom.

TIMES NIE STUDENTS SHOW HOW THEY ARE BATTLING LOCKDOWN BLUES

By RUPA GANGULY TALUKDAR

Some students have figured out ways to beat the lockdown blues by brushing up their skills or developing new areas of interest.

PURSuing PASSION: DPS Newtown student, Tanushri Ray, aims to study hospitality once the exams are over. "Cooking is my passion. I have been rustling up new dishes for my friends and family. This lockdown has given me time to spend in the kitchen and indulge in my passion," she said.

Tushnee Chakraborty, another Class XII student of the same school, has a passion for dance and is part of a group, Takht. The members of the group do a live session in the evening on Instagram. Shiropra Ghosh, another Class

XII student, is a make-up blogger. During this time, she does live sessions for the viewers. "I do futuristic make-up, which is a little out of the box. I use my face as a canvas," she said.

DEVELOPING NEW SKILLS: Ray has also developed an interest in origami just by watching random TikTok videos. **NEW AREAS OF INTEREST:** Some students have also started learning Spanish through an app called Duolingo. "It is an excellent application," said Ray. **Read more here**

FUN-ZONE

HAVE A VIDEO TO SHARE? SEND IT TO US

SURYA NAMASKAR: Is one of the basic yoga practises which stimulates your body and is a prayer of gratitude towards the Sun. Leena Lokhande, Educator, The H B Kapadia School, Ahmedabad, teaches us the correct way to do it. Follow her step-by-step guide and listen to the mantras carefully. [Click here to view more](#)

Have a video on how to deal with this current lockdown? Send us 1) Clear videos 2) Of 2 minute duration 3) With details (name, class and school) 4) At timesnie175@gmail.com

Rock the **TEST**

Want to boost your general knowledge? Take this exciting test. Rest assured, it will really test you!

GRAMMAR

Theme: Synonym

Q1: Which is a synonym of *coruscate*?

A: Burn B: Blind
C: Fade D: Sparkle

Q2: Which is a synonym of *delineate*?

A: Forgive B: Outline
C: Delegate D: Misinterpret

Q3: Which is a synonym of *erroneous*?

A: Questionable B: Cooperative
C: Ineffective D: Incorrect

Q4: Which is a synonym of *degradation*?

A: Privacy B: Immorality
C: Permission D: Firmness

Q5: Which is a synonym of *esteem*?

A: Present B: Location
C: Knowledge D: Admiration

Q6: Which is a synonym of *exploit*?

A: Notice B: Educate
C: Irritate D: Abuse

Q7: Which is a synonym of *chicanery*?

A: Feature B: Dishonesty
C: Punishment D: Attitude

Q8: Which is a synonym of *coalesce*?

A: Imagine B: Combine
C: Guarantee D: Teach

Q9: Which is a synonym of *circumspect*?

A: Ordinary
B: Cautious
C: Warm

D: Dressy

Q10: Which is a synonym of *degenerate*?

A: Clumsy B: Nosy
C: Corrupt D: Familiar



ANSWERS TOPIC: GRAMMAR Theme: Synonym 1. D, 2. B, 3. D, 4. D, 5. D, 6. D, 7. B, 8. B, 9. B, 10. C

S.F. AND COMIC KIDS



CURRICULUM EXERCISES

Q1. How is mass number calculated?

Q2. Fill in the blanks:

A. The mass of one Avogadro number of helium atom is ____

B. The material which can be deformed permanently by heat and pressure is called a ____.

Q3. Identify the place in the following picture:



Answer: (1) The number of protons and neutrons determine an element's mass number (2) A) 4.00 gram B) Thermostat (3) Lake Natron, Tanzania

Word Wise

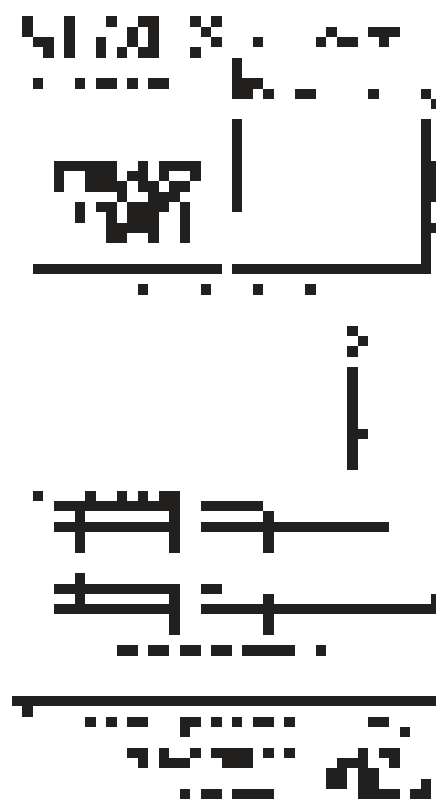
Perambulation: (Noun)
Slow walk or journey around a place, especially one made for pleasure.

Synonymous words:
Walk around, walk about, circumambulate, ramble, walk, promenade, tour, roam, stroll, etc

Examples:

- The boy **perambulated** the botanical garden.
- She **walked around** the place looking at attractive landscapes.
- The children **rambled** and climbed the difficult terrain.
- The girls and boys loved to **circumambulate** the temple as a ritual and as an exercise.

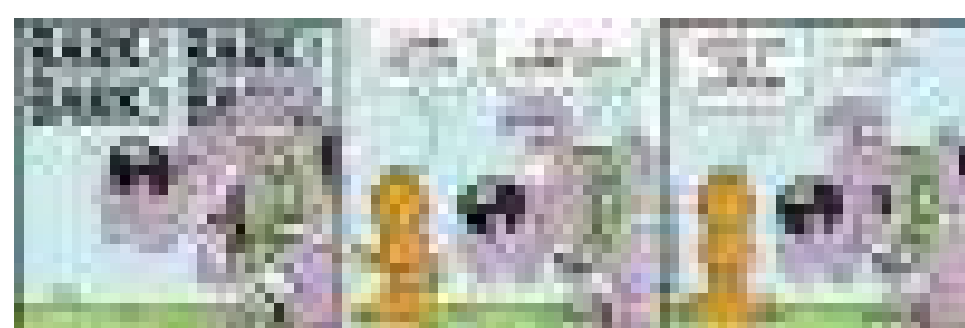
WUZZLES



FAMILY CIRCUS



GARFIELD



Quiz time

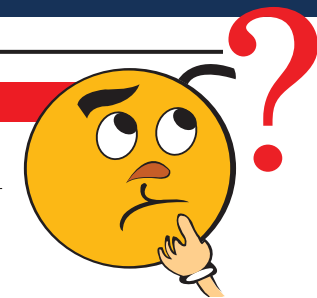
GENERAL KNOWLEDGE

Q.1) What is the name of Arundhati Roy's latest collection of non-fiction essays?

A. Bound for Kerala
B. My Seditious Heart
C. The God of Small Things
D. Rights and Wrongs

Q.2) China has suspended which nation's naval visits to Hong Kong?

A. Russia
B. Japan



C. United States
D. France

Q.3) Which Indian city had organised the International Conference on Landslide Risk Reduction and Resilience?

A. New Delhi
B. Mumbai
C. Vadodara
D. Kolkata

ANSWERS

1. B) My Seditious Heart 2. C) United States 3. A) New Delhi

WORD WATCH

- 1) imperialism n.**
■ empire-building
■ informality
■ aristocratic rule
■ tyranny
- 2) occidental (ock suh DEN t'i) adj.**
■ of the west
■ by chance ■ dark and shadowy ■ of the east
- 3) protocol n.**
■ code of etiquette
- statecraft ■ consul
■ standoff
- 4) extradite (EKS truh dite) v.**
■ to add to ■ increase pressure ■ make a summary ■ hand over to another country
- 5) recitation n.**
■ commentary
■ correspondence
■ detailed account
■ discursive speech

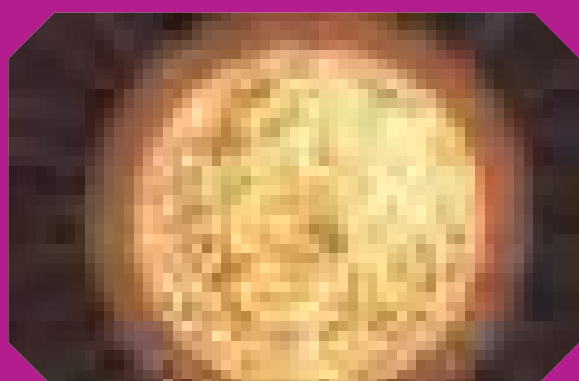
ANSWERS

1) Empire-building; policy by a country to dominate weaker nations. Latin imperium (empire). 2) Of the west; Latin occidens (direction of the setting sun). Referring to all countries west of Asia. 3) Code or rules of diplomatic etiquette and procedure. Greek proto- (first-) and kollos (glove), pertaining to the first sheet glued to a papyrus roll. 4) To hand over an alleged criminal for trial to another country or state at its request. Latin ex- (out) and traditio (a surrender). 5) A detailed account. Latin reclarare (to recite).

Painters' Gallery



KIRTI MEHTA, XII, TAGORE PUBLIC SCHOOL, SHASTRI NAGAR, JAIPUR



SHARNAV MAHAJAN, CLASS X-A, BLOSSOM PUBLIC SCHOOL, PUNE

Wisdom Online

When the world shut itself down and went into a tailspin, the emerging challenges included the maintenance of a semblance of normalcy in the pedagogical activities. We rose to the challenge, only to face newer hurdles on the way. Acquisition of the technical skills mandatory for production and uploading of the sessions was not easy for the faculty. Salutations are due to our faculty for achieving this with remarkable alacrity. Once the classes began, we had to depend on the mobile phone network which at the best of times is infamous for its inconsistency. The patience and dedication of our students saw us through. The prolonged confinement of spirited youngsters had brewed depression in some of our wards, compelling us to undertake extra efforts to make the sessions more interesting. In the absence of the physical ambience of the school that we have become so used to, it was challenging to maintain the high level of motivation required for continuation of the endeavours.

LIPIKA GHOSH, Rector and Principal, St. Xavier's Institution, Rulya and Panihati, West Bengal



FROM THE PRINCIPAL'S DESK

AN OPPORTUNITY TO EXPLORE OUR TALENT

Among COVID-19 outbreak, we students are having a tough time. Now, we are all waiting for schools to reopen. We are all bored but we could be productive during this quarantine period as it can be considered as a time in which we can work on concepts of previous session and prepare for our next session. We can also use various e-learning platforms like byjus, vedantu, extramarks which are giving free access to students during lockdown period. This is also an opportunity where we can explore our talent for which we don't get time in our daily life using social media platform.

Gautam Bhargava, class XI, St Xavier's School, Nevta, Jaipur

THE BENEVOLENT MUSIC

Music, itself, is a commonality for the mankind. Music draws everyone to the force where all the thing is considered equal, sober and serene. The one who knows and understands music, is sure about the way it brings all together. It doesn't matter how this music is produced but every instrument has the same way of commonality. I consider flute music to be the most universal and most particular of all music. There is no culture that does not have its flute. The Japanese have their Shakuhachi, the Indians have the bansuri, the South Americans have the breathy flute and the Chinese have the high-pitched flutes. Each kind of flute has a specific fingering and compass and weaves its own associations. To hear any flute, is to be drawn into the commonality.

Poorvi Sanu, class IX, New Horizon Public School, Navi Mumbai

YOUR CORNER

MY FAVOURITE BOOK

My favourite book is 'Matilda' by Roald Dahl. I got it on my 6th birthday and my joy knew no bounds. When I first read that book. I thought the book is quite boring because the cover looked boring (because back then I was little) but now I quite understand that we should 'never judge a book by its cover'. This book is about a wise and intelligent girl who faces obstacles as she unlocks surprises. She knows the perfect way to handle situations. Matilda is my favourite character. This is so because I like her attitude and wit. I don't want to tell more about this book otherwise what's the suspense left in it for you?

Ria Singh, class VI, Saint Joseph school, Chandigarh

UTILISE THE TIME AT HAND

A message made me change my views on the 21 days lockdown. It was - "An opportunity is like a biscuit dipped in a cup of tea a little delay and it's gone." The energy and hope this quote brought to me cannot be expressed with words. I realised that the only way to stay calm and peaceful during this long lockdown was to improve my mental and physical strength. When I talked to some of my friends, they told me that they will turn mad before this lockdown ends. I knew that the only way to improve my mental strength was to stay engaged and the way to do that was to explore and learn new things.

Gia Jobin, class VI, Assisi Vidyanketan Public School, Kochi, Kerala



THE TIMES OF INDIA

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1 IN THIS ISSUE: We all know about social distancing. But do you know where and when the idea originated? Read more here. **IF YOU LOVE CARS, TRY PAINTING A BENZ. HOW? KNOW IT, HERE**

2 HAVE YOU REGISTERED ON THE SITE? If not, do so now. Also read our story: <https://toistudent.timesofindia.indiatimes.com/news/top-news/iit-d-develops-low-cost-test-kit-for-covid-19/50085.html> by clicking ON THE LINK

3 YOUR CORNER: Have activities or paintings to share? Or do you want to write something on the lockdown situation? Be our Times NIE reporter; send matter to timesnie175@gmail.com

STUDENT EDITION
MONDAY, APRIL 27, 2020



PM's manki baat



- Key Highlights
- 1 People of our country are fighting this war with the administration... We are also fighting poverty... I am proud that all of us are part of it... All of us are soldiers in this fight.
 - 2 When people talk about this period they will talk about our people driven initiatives. Our 'taali, thaali & diya' initiatives have kept spirits high.
 - 3 Our farmers are working day and night in their fields to ensure that no one goes hungry...there are people who are giving up rents and there are people who are giving up their pension. I bow and respect the 130Cr people of this country for what they are doing during this time.
 - 4 Every sector has been innovating during this period... whether it be people from aviation or railways, they are all working to make our lives easier... they are working hard to deliver medicines and other essentials to all parts of the country.
 - 5 People around the world are falling back to Ayurveda and Yoga to fight COVID-19. We need to be more confident about our old teachings.
 - 6 We need to wear masks... it has become a part of our daily lives... it has not happened before but this is the new reality. Our perception about masks will change very soon.
 - 7 The month of Ramzan has begun. Last time, during Ramzan, we never imagined that something like this will happen. We have to be more resilient and reserved during this Ramzan so that we can celebrate Eid when it comes.
 - 8 We should not be over confident. We should not presume that COVID-19 will not enter our homes, offices and colonies...we have to stay vigilant. We should ensure that we are never negligent...I appeal to you again, 'Do Gajj Door!...Bahut hai Zaroori!'

STIGMA ATTACHED TO COVID CAN CAUSE MORE DEATHS: AIIMS HEAD

Stigmatising of COVID-19 patients and their families is resulting in cases turning up late at hospitals, with heightened breathlessness, and this could mean increased morbidity and mortality, says Dr Randeep Guleria, director of AIIMS. 80% of patients need only supportive care, while 20% would require enhanced attention, and of these, only 5% need ventilators, he adds.



HEALTH

PM MODI HIGHLIGHTS STEPS TAKEN TO HELP MOST VULNERABLE SECTIONS

PM Modi recently shared a finance ministry tweet to highlight steps taken by his government to help the "most vulnerable" sections of society during the coronavirus-induced lockdown. The ministry said more than 33 crore poor people received financial assistance of ₹31,235 crore till April 22 under the Pradhan Mantri Garib Kalyan Package.

NEWS

PLAYING BEHIND CLOSED DOORS WOULD BE UNIQUE EXPERIENCE: TENDULKAR

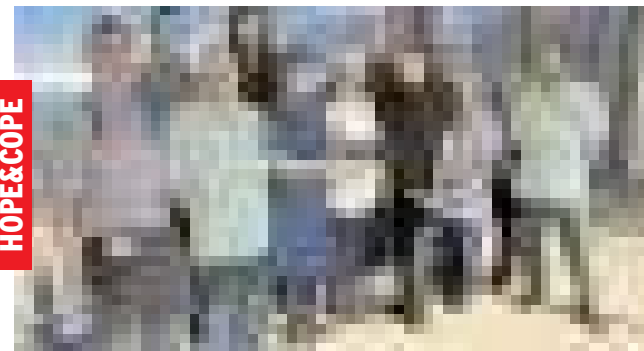
Playing behind closed doors would not be upsetting, it would be a different experience, that is something most of the players would not have ever experienced. To not have anyone in the stadium would be a different challenge when you hit a boundary or six or get a wicket, you need to hear the response from the crowd to get some energy," says Sachin Tendulkar.

SPORTS

NEWS IN BRIEF

CLICK HERE FOR MORE

STEPHEN HAWKING'S FAMILY DONATES HIS VENTILATOR TO UK HOSPITAL FOR CORONAVIRUS PATIENTS



The family of late Stephen Hawking, one of the world's best-known theoretical physicists, has donated his ventilator to a National Health Service (NHS) hospital in Cambridge to add to the additional supplies required during the coronavirus pandemic to treat infected patients. The 76-year-old physicist, who had motor neurone disease, used the ventilator constantly from 2013 until his death in 2018. The hospital says the ventilator has now been added to its fleet after an inspection by the hospital's clinical engineering team.

HOPE&SCOPE

SERENA WILLIAMS' COACH AND TSITSIPAS LEND HELPING HAND

Serena Williams' coach, Patrick Mouratoglou, and 2019 Australian Open semi-finalist Stefanos Tsitsipas are starting an auction to raise money for tennis players ranked outside the top 100 and in need of financial help during the coronavirus pandemic. Mouratoglou and Tsitsipas tweeted about 'Beyond 100 Support' - they say the funds will go to professionals in both men's and women's tennis.



KNOW MORE

Most tennis players only make money when they are able to enter tournaments. But all tennis events are suspended at least until mid-July



INTERSTELLAR COMET IS AN UNUSUAL VISITOR FROM OUTER SPACE

Astronomers say that interstellar visitor 2I/Borisov is in some ways very different from comets that come from our own solar system. Close study of the comet, which is now zooming through our solar system, is also revealing insights into how other star systems might have formed, according to new scientific studies published recently. "This is the first time we've ever looked inside a comet from outside our solar system," says astrochemist and study lead author Martin Cordiner from NASA's Goddard Space Flight Center, in a statement. "and it is dramatically different from most other comets we've seen before," he adds.

SPACE

INSECT NUMBERS DOWN 25% SINCE 1990, GLOBAL STUDY FINDS

The biggest assessment of global insect abundances to date shows a worrying drop of almost 25% in the last 30 years, with accelerating declines in Europe. The analysis combined 166 long-term surveys from almost 1,700 sites and found that some species were bucking the overall downward trend. In particular, freshwater insects have been increasing by 11% each decade following action to clean up polluted rivers and lakes.

ENVIRONMENT

STAY ALERT

What not to do when lockdown ends



Most of you would be waiting to meet your extended family members and friends after the lockdown is over. However, remember that even if COVID-19 cases reduce in India, the virus won't disappear overnight. So, it will be more important than ever to safeguard your health post lockdown (whenever that happens).

HANDS: One good habit which the spread of COVID-19 has inculcated in people is hand hygiene. Don't stop this good habit of regularly washing your hands as it will keep you healthy, even when coronavirus is gone.

DON'T PUT AWAY FACE MASKS: As the saying goes 'Precaution is better than cure', it is the best option to still use your face masks while in public. Ditto for social distancing.

DON'T PLAN A VACATION: It was mainly the movement of people from one country to another which led to such a worldwide spread of the disease. Even if the lockdown rules are relaxed, don't plan a family vacation for few months.

NOT TAKING CARE OF RESPIRATORY HYGIENE: It's a bad habit to cough or sneeze openly in public. Cover your mouth with a tissue or cough and sneeze in your folded arm. This etiquette saves people from many viruses.

DON'T STOP WASHING



WILL IT WORK

Theoretically, yes - measles, which is extremely contagious, with one person able to infect 18 others, needs at least 95% of the population to become immune in order to develop herd immunity. It was declared eliminated in 2000. COVID-19, which is far less contagious in that one person can infect 2-3 new people, requires 60% of the population to be immune, in order for herd immunity to kick in

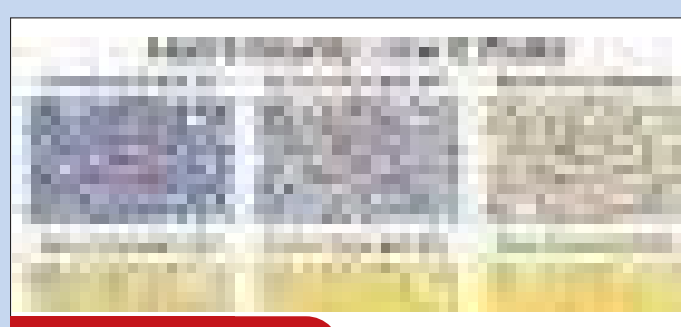
X PLAINED

KNOW MORE: HERD IMMUNITY

What: A study by Princeton University (PU) and the Centre for Disease Dynamics, Economics and Policy (CDDEP) - a health advocacy group - has said that countries like India may be better off depending on herd immunity to tackle COVID-19 rather than a lockdown.

Why: Herd immunity refers to a scenario in which a large section of the population becomes immune to a disease through vaccination or prior illness.

How: Since there's no vaccine, developing herd immunity involves deliberately introducing

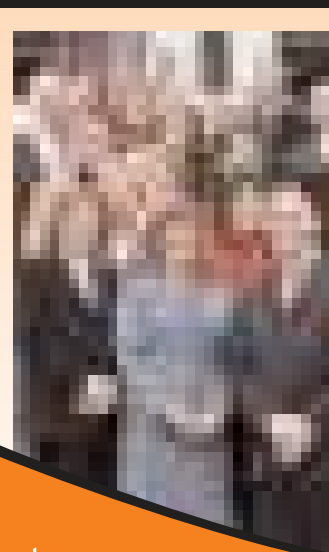


Big Q: Do you think is the only way to defeat the coronavirus? Tell us in about 60 words. Mail at timesnie175@gmail.com or log on to the website

the virus among the populace. A study advocates releasing the pathogen in a controlled manner by lifting the lockdown and allowing the workforce to resume their jobs, predicting that 60% of the Indian population will develop herd immunity by November.

How social distancing started

Fourteen years ago, two federal government doctors, Richard Hatchett and Carter Mecher, met with a colleague in Washington for a final review of a proposal: telling Americans to stay home from work and school the next time the country was hit by a deadly pandemic. When they presented



their plan, it was met with skepticism and a degree of ridicule by senior officials. Hatchett and Mecher were proposing that Americans in some places might have to turn back to an approach, self-isolation, first widely employed in the Middle Ages.

It required the key proponents - Mecher, a Department of Veterans Affairs physician, and Hatchett, an oncologist turned White House adviser - to overcome intense initial opposition. **Read the entire story here. Know about how the Bush government contributed to this concept.**

HOW A 14-YEAR-OLD HELPED WITH THE CONCEPT

> Laura Glass, then 14, had done a class project in which she built a model of social networks at her Albuquerque High School, and when her father, Robert Glass (a senior scientist at Sandia in New Mexico) looked at it, he was intrigued. Students are so closely tied together - in social networks, on school

buses and in classrooms - that they were a near-perfect vehicle for a contagious disease to spread. Glass piggy-backed on his daughter's work to explore with her what effect breaking up these networks would have on knocking down the disease.

> The outcome of their research was startling. By closing the schools in a hypothetical town of 10,000 people, only 500 people got sick. If they remained open, half of the population would be infected.

ACTIVITIES FOR THE WEEK

Wanna paint a Benz?

Love cars? Pencils ready? Paint your own Mercedes-Benz with colouring templates that have been tailor made to keep children busy and learn more about automobiles. Check out <http://mb4.me/Kidsartwork> and also #coloryourbenz. The best artworks will be featured in Benz FB album.

Be a creative geek!

A set of fun, constructive and creative activities for younger kids (4-8+) to do with built-in features of iPad and iPhone are here. 1. Use the Camera in Time-lapse mode to film building a pillow fort. 2. Create a name photo collage with found letters around the house. **Where to access:** activity guide in apple.co/creativityforkids.

FUN-ZONE

Rock the TEST

Want to boost your general knowledge? Take this exciting test. Rest assured, it will really test you!

SPACE

Theme: Solar system

Q1. Which way does Earth spin?

A: From west to east.
B: From east to west.

Q2. Which of these is a moon of Jupiter?

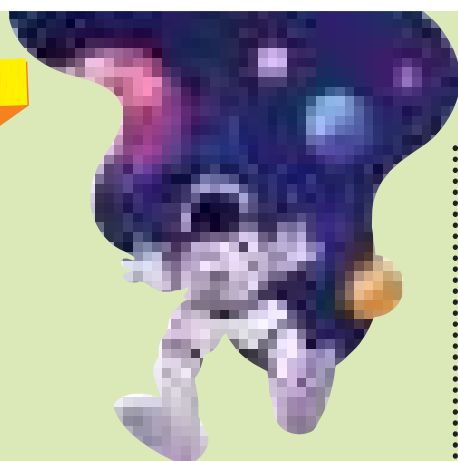
A: Enceladus B: Io

Q3. The asteroid belt is located between which two planets in the solar system. Which ones?

A: Earth and Mars
B: Mars and Jupiter
C: Jupiter and Saturn
D: Saturn and Uranus

Q4. In which year was the first exo-planet discovered?

A: 199 B: 1992



Q5. How long does it take for light from the Sun to reach Earth?

A: 1 minute, 20 seconds
B: 8 minutes, 20 seconds
C: Instantaneous D: 24 hours

Q6. Which of these can be formed in a supernova?

A: White dwarf
B: Neutron star

Q7. Which year did the Spirit and Opportunity rovers land on Mars?

A: 1999 B: 2004

Q8. How old is the solar system?

A: 5,000 years B: 5 million years
C: 5 billion years D: 500 billion years

Q9. How many planets are there in our solar system?

A: Eight B: Nine C: Ten D: Eleven

Q10. Which planet looks reddish in the night sky?

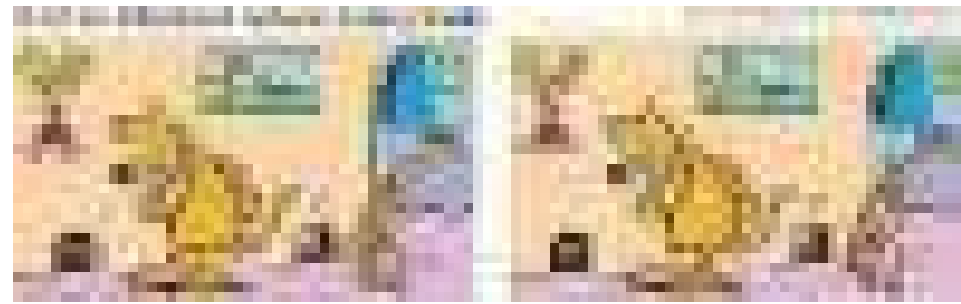
A: Jupiter B: Saturn
C: Mars D: Mercury

Q11. Which planet has the solar system's highest mountain Olympus Mons?

A: Jupiter B: Uranus C: Venus D: Mars

ANSWERS TOPIC: SPACE Theme: Solar System 1. A 2. B 3. B 4. A 5. B 6. B 7. B 8. C 9. A 10. C 11. D

S.F. AND COMIC KIDS



CURRICULUM EXERCISES

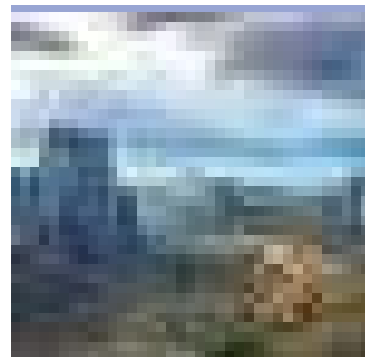
Q1. What percentage of earth surface is covered by India?

Q2. Fill in the blanks:
A. The present forest area of India, according to satellite data, is ____.

B. India's highest annual rainfall is reported from ____.

Answer: (1) 2.4 per cent (2) A decreasing B) Mawsynram, Meghalaya (3) Meteora, Greece

Q3. Identify the following:



Word Wise

Radiance: radiant brightness or light, warm, cheerful brightness, etc.

Synonymous words: brilliance, effulgence, gleam, glitter, glow, light, incandescence, luminosity, lustre, resplendence,

shine, etc.

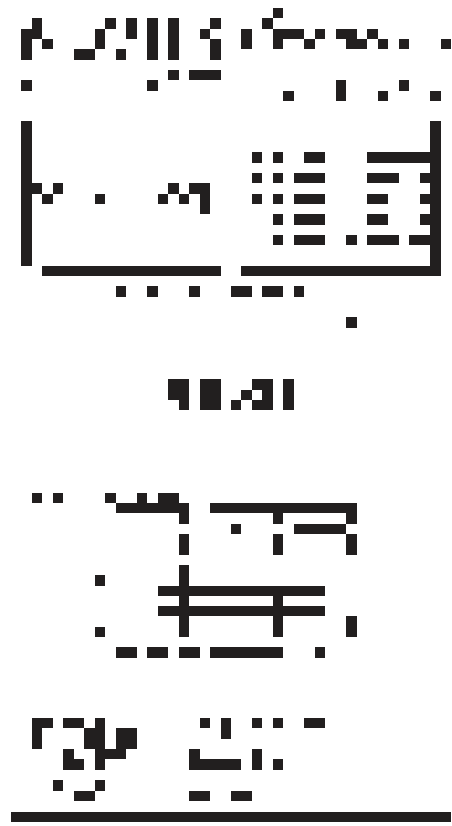
Examples:

■ He found in their lives a radiance which he succeeded in capturing on his canvas.

■ She was blinded by the shine of the diamonds in the three-stringed necklace.

■ Nothing can match the lustre of Basra pearls.

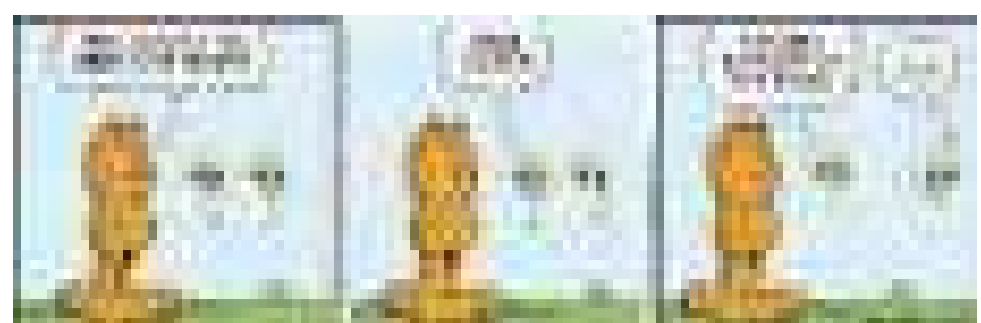
WUZZLES



FAMILY CIRCUS



GARFIELD



Making a paper lantern

Things Required

- Coloured paper
- Crafty glue
- Pencil
- Scissors
- Ruler
- Mirror, sequins

Step 1:

◆ Take any bright coloured paper and draw vertical lines of 3 inches apart from each other as shown.



Step 2:

◆ Fold along the dotted lines and cut it.



Step 3:

◆ Open the paper strip and glue ends together. Paste red colour paper at the top and bottom of the lantern.



Step 4:

◆ Now decorate the lantern with mirrors and sparkles. Your lantern is ready. Put a diya inside and it'll look beautiful.



Arhaan Mathur, class V, Shiv Nadar School, Noida

e-learning in time of corona !

The corona pandemic brought an abrupt end to classes in March 2020. This left schools with new challenges, especially class X and XII students quarantined at home.

Most schools have initiated an action plan, to continue the classes through e-learning, which could trend, even after we tide over the present crisis.

Online classes would be a different experience for both teachers and students. We could organise a bit before setting out.

■ Contents of the lesson plan could be packaged in a lucid and visually appealing manner with quick pointers to online resources, for students who are curious.

■ Standardisation of contents will bring in a similar experience to different groups of students.

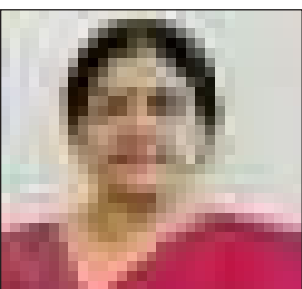
■ e-learning contents can also be tailored to cater to the strengths and weaknesses of individual student requirements.

■ e-learning provides flexibility in time and continuity in learning and are available any time to access or re-visit.

■ Students can plan their day, for any other activity, they are passionate about and want to be part of.

■ Digital learning platforms provided by the Ministry of Human Resources Development, with curriculum linked, curated content are available for reference.

Radha Vishwakumar, principal, Bharatiya Vidya Bhavan Sr Secondary School, Manvila, Thiruvananthapuram

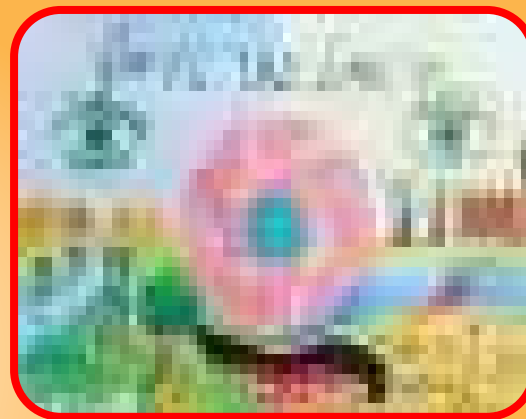


FROM THE PRINCIPALS DESK

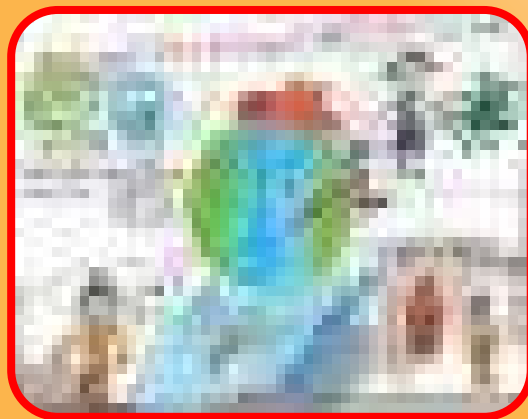
Painters' Gallery



ADITI S DEVAGIRI, Class III, Euro School, North Campus, Bangalore



SANVI KHURANA, Class IX, Greenway Modern School, Dilshad Garden, Delhi



AYUSHEE CHANDRA, Class VI, Hillwoods Academy,



ADITI RATH, Class VII, Mother's Public School, Bhubaneswar



BHAAVYA GARG, Class VI, Delhi Public School, Hyderabad