



## **DELHI PUBLIC SCHOOL, GANDHINAGAR**

**Academic session 2020- 21**

### **Event Report**

<b>Title: Healthy Week</b>	<b>Date:31/8/21 to 4/9/21</b>
<b>Venue: OVC</b>	<b>Class: LKG</b>

It is truly said that health is wealth. Teaching healthy habits to kids is important to ensure physical, mental and emotional wellbeing. Healthy week was celebrated for LKG students from 31 August to 4 September to raise awareness about nutrition and healthy eating habits.

During the week, children enjoyed making banana delight, healthy breakfast and lemonade. They depicted their creativity while decorating fruits and vegetables in the shape of garden, peacock, sun, coconut tree and many more.

The healthy week activities made children understand the importance of nutritional and adaptive eating habits to maintain a healthy lifestyle.

