



DELHI PUBLIC SCHOOL, GANDHINAGAR
Academic session 2020-21

Title: International Yoga Day and Father's Day	Date: 21/06/20
Venue: Zoom Platform	Time- 9:30am to 10.45 am

About the Event

Delhi Public School Gandhinagar organized a virtual session for the students of pre-primary on the occasion of International Yoga Day & Father's Day

Objective of the Event

The main objective was to inculcate values and train children about the importance of staying fit.

The Event

International Yoga Day and Father's Day, what a perfect combination to honour fatherhood as well as inculcate the importance of good health.

On 21st June 2020 the students of Pre-primary Wing celebrated Yoga Day with their dads on a virtual meet conducted by the teachers. The session began with a song dedicated to all the fathers out there. Teachers explained the importance of Yoga and how staying fit is very much necessary. Teachers guided the children by showing yoga poses which the children enjoyed doing with their dad. An interactive session was also conducted where students talked about the favourite things of their father. Children were given a home based activity in which they were asked to make a Gratitude Card for their Dad. The children expressed their love by making beautiful Gratitude cards. They also played fun games with their Dad. The day ended by creating great memories forever. The fun and enjoyment they had can be seen in the photos attached below

